

# *Area Agency on Aging*

## **2026 - 2028**



## **Resource Directory**

**for our**

### *Older Consumers and Caregivers*

**Eastern Oklahoma Development District**  
*Serving cities and towns in Adair, Cherokee, McIntosh,  
Muskogee, Okmulgee, Sequoyah, and Wagoner counties.*

**Eastern Oklahoma  
Development District**

The EODD Area Agency on Aging  
wants you to know about services for the 60+ population in your area.

**CALL YOUR  
AREA AGENCY ON AGING  
FOR**

**INFORMATION & ASSISTANCE**

Information on available services in the local communities for seniors.  
Referrals are made to all appropriate agencies and service providers as needed.  
Assistance is provided to locate and enroll in programs as applicable.

**CAREGIVER PROGRAM**

If you provide in-home care for a family member or loved one age 60 or older,  
or are a senior age 55 or older who is raising a relative child under the age of 18,  
you may be eligible for assistance through the caregiver program.

**OUTREACH PROGRAM**

In-home assessments are conducted for referral of services such as home-delivered meals,  
caregiver, homemaker, transportation, nutrition counseling, health promotion and legal aid.  
Our goal is to connect seniors 60 years and older in the EODD AAA service area  
with services to meet their needs, now and in the future.

**LONG TERM CARE OMBUDSMAN PROGRAM**

The purpose of the long-term care Ombudsman program is to help improve  
the quality of life and the quality of care available to residents  
living in long-term care nursing homes, assisted living and residential care homes.  
A long-term care Ombudsman advocates for the rights of residents in all facilities  
and attempts to resolve those complaints or issues of concern.

**CALL  
(918) 682-7891**

**or**

**CARING ASSISTANCE LINE: 1-800-211-2116**

**[www.eoddok.org](http://www.eoddok.org)**

# **INTRODUCTION**

## **Eastern Oklahoma Development District**

### **AREA AGENCY ON AGING**

### **RESOURCE DIRECTORY**

**2026 - 2028**

This resource directory has been collected and published for the 60+ population of the EODD AAA service area: Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah, and Wagoner counties.

EODD AAA published this directory as authorized by Title III of the Federal Older Americans Act and Aging Services Division of the Oklahoma Department of Human Services. In compliance with the 1964 Civil Rights Act, no person shall be excluded from participation, denied benefits or subjected to discrimination on the basis of race, color, sex, age, national origin or handicap. EODD is an equal opportunity employer, and all meeting places are ADA accessible.

The information assembled here has been gathered from a variety of sources and may contain errors or omissions. EODD AAA apologizes in advance for these mishaps. If you find any mistakes or omissions, please contact EODD AAA at (918) 682-7891 or (800) 211-2116 and we will correct or add other resources for our next publication or immediately in the digital edition. EODD AAA would like to take this time to thank everyone who contributed to the creation of this resource directory.

This directory is provided as a communication tool to benefit those 60+ in EODD AAA's service area and in some way help them to maintain an independent lifestyle as long as possible. We hope this resource directory will help to improve the quality of life for all older adults. Digital copies are available upon request.

***NOTE: Ads and listings in this resource directory  
do not constitute an endorsement by EODD.***

2026 - 2028 EODD AREA AGENCY  
ON AGING RESOURCE DIRECTORY  
SURVEY



We need your help—Please scan each QR Code and do each of the *quick* surveys for us! We collect information to help us improve, update, and provide needed services for seniors age 60+.

**Eastern Oklahoma  
Development District**

*Area Agency on Aging*

(918) 682-7891

info@eoddok.org

www.eoddok.org

EODD SFY2026 Needs Assessment  
for Senior Citizens' Services



# **Thank You to our 2026-2028 Sponsoring Advertisers!!!**

**Once again, we are sincerely grateful  
for our sponsoring advertisers who made this directory possible.  
Through their donations for ads, they have helped us  
to place this directory in the hands of our older population and their  
caregivers throughout Eastern Oklahoma.**

Oklahoma Insurance Department/Medicare Assistance Program

EODD Area Agency on Aging Caregiver Program

EODD Area Agency on Aging Outreach Services

Neighborhoods Building Neighborhoods

Oklahoma Mobility Management

Countryside Assisted Living

Oklahoma Healthy Aging Initiative—OHAI

KATS—KiBois Area Transit System

Muskogee County Transit—MCT

Masonic Charity Foundation of Oklahoma

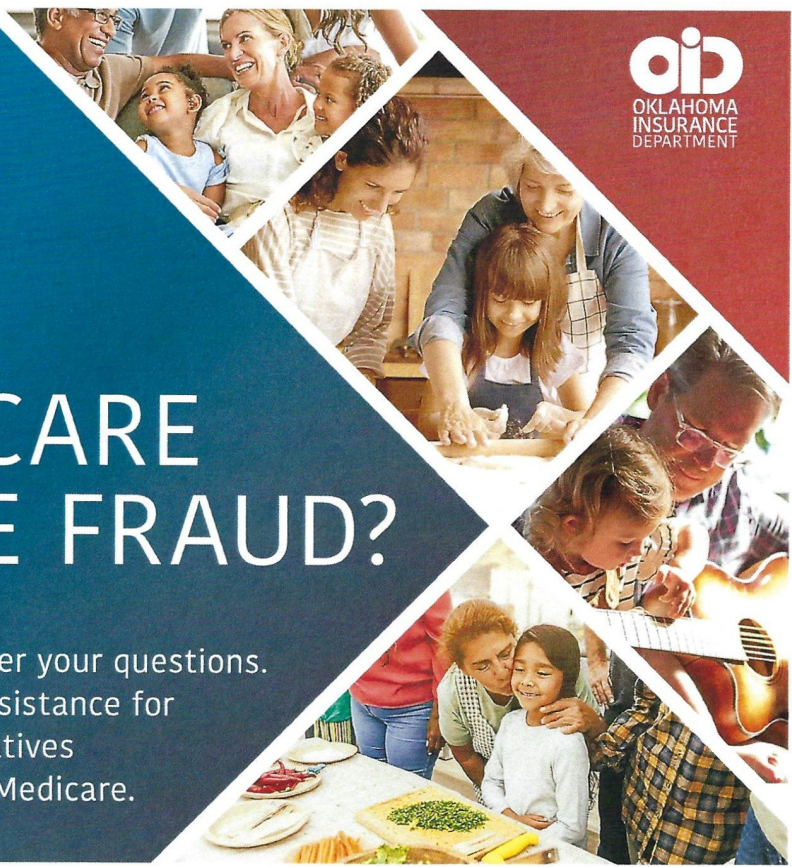
Oklahoma Gas & Electric—OG&E

**Like  
us on  
Facebook**



# QUESTIONS ABOUT MEDICARE OR MEDICARE FRAUD?

The Oklahoma Insurance Department's Medicare Assistance Program can answer your questions. We provide unbiased counseling and assistance for Medicare beneficiaries, their representatives or people who will soon be eligible for Medicare.



## We can give you the latest information about:

- Medicare Parts A and B
- Medicare Advantage Plans
- Part D Prescription Drug Benefits
- Medicare Supplemental Insurance
- Medicare Fraud Prevention and Detection
- Low Income Assistance for Prescriptions and Medicare Premiums

## Protect Yourself Against Medicare Fraud

Detecting and preventing Medicare waste, fraud, and abuse is as easy as 1, 2, 3, and it starts with **YOU!**



### Protect

Protect your personal information, including your Medicare card



### Detect

Read your Medicare Summary Notices and Explanation of Benefits



### Report

Report incorrect billing or suspicious activity

To report fraud, contact the Oklahoma Medicare Assistance Program

**MAP.OID.OK.GOV | 800.763.2828**

**facebook.com/map.oid**

## Caregiver Support Program

Are you caring for:

- An individual aged 60 or older?
- A relative child under the age of 18?

The Eastern Oklahoma Development District (EODD) Area Agency on Aging offers a comprehensive Caregiver Support Program designed to assist caregivers and older relatives raising children. Our services aim to provide relief, guidance, and resources to support you in your caregiving role.

### Available Services Include:

1. **Respite Vouchers**: Temporary relief for caregivers and older relatives raising children, allowing time to rest and recharge.
2. **Support Groups**: Peer-led groups that offer emotional support, shared experiences, and practical advice for navigating caregiving challenges.
3. **Caregiver Training**: Educational sessions to help caregivers and older relative caregivers gain new skills and knowledge to enhance their caregiving abilities.
4. **Supplemental Services: (Incontinent Supplies or School Clothes)** Limited assistance designed to complement and support the care you provide.
5. **Information & Assistance**: Personalized guidance to help caregivers access local services, programs, and resources available in their communities.
6. **Public Information Services**: Community-wide outreach providing general information about available caregiving resources and support services.

- *There are no income guidelines*
- *Participants must live in the 7 counties that we serve*

### EODD Area Agency on Aging Caregiver Program

1012 N. 38<sup>th</sup> St./ P.O. Box 1367

Muskogee, OK 74402

(918) 682-7891

**Caring Assistance Line 1-800-211-2116**

Serving Adair, Cherokee, McIntosh, Muskogee, Okmulgee,  
Sequoyah, and Wagoner Counties

[www.eoddok.org](http://www.eoddok.org)

AREA AGENCY ON AGING  
1012 N. 38th St. | PO Box 1367 | Muskogee, OK 74402

## OUTREACH SERVICES

### REFERRAL SERVICES FOR:

- ◆ Nutrition Services including Home-Delivered Meals
- ◆ Homemaker Services
- ◆ Caregiver Services
- ◆ Transportation
- ◆ Legal Aid Assistance for Seniors
- ◆ Health Promotion Classes
- ◆ Education & Training

Caring Assistance Line  
(800) 211-2116

Phone: (918) 682-7891  
www.eoddok.org

*Our goal is to connect seniors  
60+ with services to meet their  
needs, now & in the future.*

**Serving Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah & Wagoner Counties**

Eastern Oklahoma Development District AREA AGENCY ON AGING is an equal opportunity employer and does not discriminate on basis of age, sex, race, nationality, gender, religion. Funding is provided by OAA, OKDHS, and EODD funds.



## Protect Your Loved Ones—Secure Your Medications Today

Keep your family safe with free resources from Neighbors Building Neighborhoods. We provide prescription lock bags, deactivation pouches, and Naloxone to prevent misuse and overdose. Reminder: Sharing medications—even with good intentions—can be dangerous. Safe storage and disposal save lives.

Request free items at [www.muskogeeaan.org](http://www.muskogeeaan.org) or call (918) 683-4600. For more resources, visit [www.nbn-nrc.org](http://www.nbn-nrc.org) or scan the QR code.

***Be proactive. Be safe. Your medicine. Your responsibility.***



EMAIL OR MAIL THIS PORTION IF YOU WOULD LIKE TO BE CONTACTED ABOUT ADVERTISING IN THE 2029-2031

NAME OF BUSINESS or AGENCY \_\_\_\_\_

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

Email [info@eoddok.org](mailto:info@eoddok.org) or mail to EODD AAA, Resource Directory / P.O. Box 1367 Muskogee, OK 74402

# OKLAHOMA MOBILITY MANAGEMENT

[www.okmm.multiscreensite.com](http://www.okmm.multiscreensite.com)



## WHAT IS MOBILITY MANAGEMENT?

Mobility management is a **transportation strategy** that focuses on meeting community through the coordinated use of a variety of public transit, private operators, cycling and walking, volunteer drivers, and others.

## HOW CAN A MOBILITY MANAGER HELP?

### • Transportation

Mobility managers help people find transportation options that fit their various needs, from medical, social, or economical.

Mobility managers also identify gaps in transit systems and develop solutions.

### • Community Resources

Mobility Managers build relationships with community providers to work on mobility-related projects & for the purpose of referring individuals to their services like: **Healthcare, Workforce, Housing, Counseling, Advocacy, etc.**

### • Travel Training

Mobility managers can meet with individuals to help **plan** each part of their trip.

We can also ride with individuals on local trips until they become comfortable scheduling their ride, transferring buses and riding the bus independently.

## HOW CAN YOU HELP?

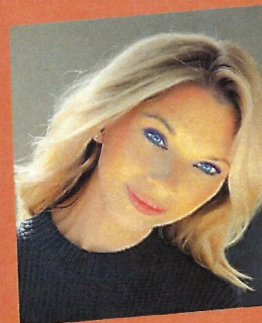
- Invite your local mobility manager to your coordination meetings so they can be the voice of transportation within the community.
- Refer a mobility manager to individuals who are struggling with transportation.
- Stay in contact with a mobility manager, you never know when a mutual partnership can develop!

## AT A GLANCE

**Mobility managers are like social workers for people who use public transportation.**

We can help with:

- Transportation options.
- Solving transportation issues.
- improvements.
- Advocating for public transit
- Connecting people with other community resources.
- Travel training.



**Joey Bilyeu**

Mobility Management  
Navigator

(405) 640-8484

[jbilyeu@eoddok.org](mailto:jbilyeu@eoddok.org)

# Peace of Mind in a Peaceful Environment.

**Countryside Assisted Living** is a safe and caring environment where our team of highly trained experts provide professional and compassionate care to residents with a wide range of needs, from those requiring a little extra help with daily activities, to others living with greater memory impairment.

Schedule your visit of our newly designed interiors and campus.

Tara@CountrysideLTC.com

www.countrysideassistedliving.com



1380 N Heritage Ln Tahlequah, OK 74464  
918-456-7117



3211 Chandler Rd Muskogee, OK 74403  
918-683-8388



*The Healthiest Way to*  
**ENJOY  
YOUR AGE**

**Main: 405-271-2290**  
**Toll Free: 855-227-5928**  
**OHAI.org**

# KATS

**KI BOIS Area Transit System**



KI BOIS Area Transit System began operation in 1983. Today, KATS is one of the fastest growing rural public transit operators in Oklahoma, even the nation.

KATS serves the entire family and continues to address the barriers that face rural Oklahomans.

Age 60 and over? Get certified for free transportation through EODD. Call 800-211-2116. Transportation for employment, recreation, shopping and healthcare, if funding and KATS vehicles are available.

**Stilwell 918-696-4787**

**Tahlequah 918-453-1155**

**Checotah 918-473-2388**

**Eufaula 918-689-1020**

**Okmulgee 918-752-0070**

**Henryetta 918-652-3329**

**Sallisaw 918-775-7433**

**Wagoner 918-485-0059**

**Coweta 918-486-1783**

**Toll Free 800-289-7228**

**OPEN TO THE PUBLIC**



Wheelchair Accessible Buses & Vans  
If you have a special need, let KATS help you.



[www.kibois.org](http://www.kibois.org)



# #wedrivemuskogee

Need a ride? We are here for you!

## OUR SERVICES:

Fixed Routes in town & in Muskogee County

Curb to Curb Services

Medical Rides

Veterans Ride Connect

## Connect with us::

Website: [muskogeecountytransit.org](http://muskogeecountytransit.org)

Social Media: Muskogee County Transit

Phone: 918-682-1721



[More Information](http://muskogeecountytransit.org)

[muskogeecountytransit.org](http://muskogeecountytransit.org)

# Masonic Charity Foundation of Oklahoma

EODD Area Agency on Aging is pleased to offer Masonic Grant Applications for Seniors age 55 and older.

Seniors can apply for assistance for minor home repair, ADA ramp or bathroom modification, minor plumbing or electrical repair, glasses, assistance with dentures, utility assistance, etc.

Applications are usually available mid-January and made available at EODD AAA office (1012 N. 38th St. in Muskogee), through the Eastern Oklahoma Library System and Senior Nutrition Sites in Adair, McIntosh, Muskogee, Okmulgee, Sequoyah, and Wagoner Counties. Applications are taken throughout the year and end when funding is fully obligated.

**APPLY EARLY.**

Please contact EODD AAA for information or questions about this program—(918) 682-7891.



Scan for a fillable application or visit

<https://eoddok.org>



## **\$85 Senior Discount** on SmartHours®

Oklahoma seniors aged 65+ who enroll in any SmartHours plan qualify for a \$10 monthly credit, June through October, and a \$5 monthly credit for all other months of the year.

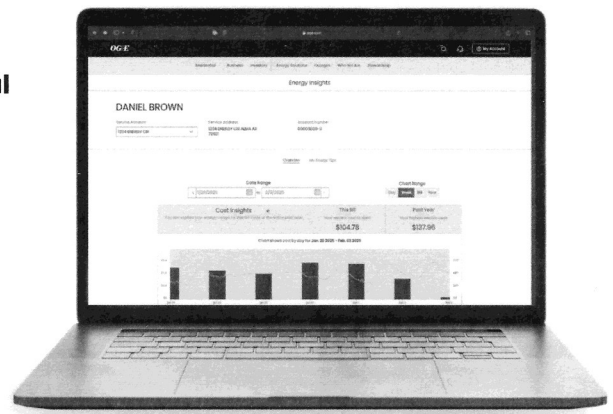
**Enroll in SmartHours to start saving.**

### **Up to \$3,000 in home energy upgrades\***

Increase your comfort and savings **at no additional cost to you** with our Energy Efficiency Program. See if you qualify: 877-898-1759

### **Go online!**

Visit **OGE.com/CreateAccount** to easily manage your account. Get alerts with **myOGEalerts**®, track your energy usage with **Energy Insights**, report outages and more.



**Scan here to learn more about Silver Energy or visit OGE.com/SilverEnergy**

# **OGE**

**We Energize Life**

\*The value of the energy efficiency upgrades may vary per household and depend on factors including square footage, gas or electric appliances, and the age of the home. An assessment by a Home Energy Advisor is required to determine the energy efficiency upgrades that may be installed in your home.

# EODD AAA RESOURCE DIRECTORY FOR OUR OLDER OKLAHOMANS AND CONSUMERS



Please help us keep our Resource Directory updated. It will be continually updated in digital format upon receipt of this form.

**Please complete and return this form to:** EODD Area Agency on Aging  
*www.eoddok.org*  
ATTN: I&A Specialist  
P.O. Box 1367  
Muskogee, OK 74402

**Email:** info@eoddok.org  
**Call:** (918) 682-7891  
**Fax:** (918) 682-5444

Name of agency or organization \_\_\_\_\_

Contact person \_\_\_\_\_

Days of operation \_\_\_\_\_ Hours \_\_\_\_\_

Street address \_\_\_\_\_

Mailing address \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

Email \_\_\_\_\_ Website \_\_\_\_\_

Description of service(s) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Area(s) served \_\_\_\_\_

\_\_\_\_\_

Additional information \_\_\_\_\_

# EMERGENCY NUMBERS



## ALL AREA CODES ARE 918

<u>CITY</u>	<u>FIRE</u>	<u>POLICE</u>	<u>AMBULANCE</u>	<u>911</u>
Beggs	267-4935	267-4935	267-3300	Yes
Boynton	472-7272	687-1275	683-0108	Yes
Braggs	487-5991	487-5952	683-0108	Yes
Checotah	473-5100	473-5150	473-6336	Yes
Council Hill	474-3444	687-1275	683-0108	Yes
Coweta	486-2222	486-2121	486-2121	Yes
Dewar	652-4302	652-4042	756-8559	Yes
Eufaula	689-2323	689-2172	689-2535	Yes
Fair Oaks	485-3124	485-3124	485-3124	Yes
Fort Gibson	478-2727	478-2610	683-0108	Yes
Gans	775-9155	775-9155	775-9155	Yes
Gore	489-5963	489-5963	683-0108	Yes
Grayson	758-1229	758-1229	758-1229	Yes
Hanna	657-2222	689-2526	689-2526	Yes
Haskell	482-5252	482-5244	482-3222	Yes
Henryetta	756-1313	756-3511	756-8559	Yes
Hitchita	466-3232	689-2526	689-2526	Yes
Hoffman	758-1229	758-1229	758-1229	Yes
Hulbert	772-2037	772-2020	456-2230	Yes
Marble City	775-9155	775-9155	775-9155	Yes
Moffett	775-9155	775-9155	775-9155	Yes
Morris	773-2220	733-2220	773-2220	Yes
Muldrow	427-4431	427-3296	775-2937	Yes

# EMERGENCY NUMBERS Cont.

## ALL AREA CODES ARE 918

<b>CITY</b>	<b>FIRE</b>	<b>POLICE</b>	<b>AMBULANCE</b>	<b>911</b>
Muskogee	682-1313	683-8000	683-0108	Yes
New Tulsa	485-3124	485-3124	485-3124	Yes
Okay	682-5512	687-6585	683-0108	Yes
Okmulgee	756-1313	756-3511	756-8559	Yes
Oktaha	689-5500	687-1275	683-0108	Yes
Paradise Hill	775-9155	775-9155	775-9155	Yes
Porter	483-2521	483-2821	683-0108	Yes
Porum	484-5700	484-5588	683-0108	Yes
Redbird	485-2521	485-3124	683-0108	Yes
Rentiesville	473-5100	473-4555	473-6336	Yes
Roland	427-3252	427-3252	775-2937	Yes
Sallisaw	775-4501	775-9155	775-2937	Yes
Stidham	689-3473	689-2526	689-2553	Yes
Stilwell	696-2311	696-2882	696-2692	Yes
Summit	687-1275	687-1275	683-0108	Yes
Taft	687-1275	687-1275	683-0108	Yes
Tahlequah	456-3131	456-8801	456-2230	Yes
Tulahassee	483-2307	485-3124	485-2100	Yes
Vian	773-5724	773-5724	773-5724	Yes
Wagoner	485-3000	485-5511	485-2100	Yes
Wainwright	474-3300	687-1275	683-0108	Yes
Warner	463-2727	463-5342	683-0108	Yes
Watts	422-5221		723-4360	Yes
Webbers Falls	464-7700	687-1275	683-0108	Yes
Westville	723-5832	723-5101	723-4737	Yes
Winchester	758-1229	758-1229	758-1229	Yes
Forest Fires	(800) 299-3473			

# CONTENTS

<b>A</b>	<b>Page</b>
ABUSE (Elder) .....	7
<i>See also Department of Human Services, Legal Services, and Nursing Homes</i>	
ADVANTAGE (Not Medicare Advantage Plans).....	9
ADVOCACY .....	10
<i>See also Consumer Help and Legal Services</i>	
AGING SERVICES .....	9
ALZHEIMER’S/DEMENTIA .....	9
<i>See also Caregivers, Consumer Help, Respite, and Support Groups</i>	
APARTMENTS — <i>See Assisted Living, Housing, Nursing Homes, and Residential Care Homes</i>	
AREA AGENCIES ON AGING — EODD Area Agency on Aging .....	10
ASSISTED LIVING .....	13
<i>See also Housing, Nursing Homes and Residential Care Homes</i>	
ASSISTIVE DEVICES .....	14
<i>See also Disabilities and Medical Equipment</i>	
<b>B</b>	
BEHAVIORAL HEALTH — <i>See Mental Health/Substance Abuse</i> .....	68
BURIAL INFORMATION — <i>See Death/Burial Information</i> .....	15
<b>C</b>	
CAREGIVERS .....	15
<i>See also Alzheimer’s/Dementia, Respite, Support Groups, and Older Relative Caregivers</i>	
COMMUNITY ACTION FOUNDATIONS .....	15
<i>See also Financial Guidance and Utilities/Weatherization</i>	
CONSUMER HELP .....	16
<i>See also Advocacy and Financial Guidance</i>	
Credit Counseling/Reports .....	16
Consumer Protection Agencies .....	17
Elder Abuse Prevention .....	18
Fraud/Identity Theft .....	19

<b>C</b>	<b>Page</b>
COUNSELING — <i>See Support Groups</i> .....	90
COUNTY COMMISSIONERS.....	109
<b>D</b>	
DAYCARE (ADULT) .....	19
DEATH/BURIAL INFORMATION .....	20
DENTAL SERVICES .....	20
DEPARTMENT OF HUMAN SERVICES .....	21
<b>Now Known As OKLAHOMA HUMAN SERVICES (OHS)</b>	
DISABILITIES .....	22
<i>See also Advocacy, Assistive Devices, and Medical Equipment</i>	
Disabled-Physically/Parking Decals .....	22
Employment .....	23
Hearing .....	24
Vision .....	24
Other .....	25
<b>E</b>	
EDUCATION .....	26
<i>See also Libraries</i>	
EMERGENCY/DISASTER .....	28
<i>See also Food Pantries, Homeless Shelters, Housing, and Utilities/Weatherization</i>	
EMPLOYMENT .....	31
<i>See also Disabilities (Employment)</i>	
<b>F</b>	
FARMERS MARKETS .....	32
FINANCIAL GUIDANCE .....	32
<i>See also Consumer Help</i>	
Reverse Mortgage Assistance .....	33
FITNESS .....	33
FOOD PANTRIES .....	35
<i>See also Emergency/Disaster and Nutrition Centers</i>	

<b>G</b>	<b>Page</b>
<b>H</b>	
HEALTH/MEDICAL .....	39
Fraud/Complaints .....	39
Hospitals/Clinics/Health Departments .....	40
Health Promotion .....	43
Prescription Drug Services .....	84
Rehab Services .....	43
HEARING SERVICES .....	44
<i>See also Disabilities</i>	
HOME HEALTH .....	45
HOME REPAIRS .....	48
<i>See also Housing and Utilities/Weatherization</i>	
HOMELESS SHELTERS .....	49
<i>See also Emergency/Disaster and Housing</i>	
HOSPICE SERVICES .....	50
HOUSE CLEANING — <i>See In-Home Services</i> .....	51
HOUSING .....	52
<i>See also Assisted Living, Homeless Shelters, Nursing Homes, and Residential Care Homes</i>	
Apartments/Independent Living .....	52
Rental Assistance.....	52
Housing Assistance .....	58
Housing Authorities .....	59
<b>I</b>	
INFORMATION AND ASSISTANCE SERVICES .....	60
<i>See also Advocacy, Consumer Help, and Veterans Services</i>	
IN-HOME SERVICES (Non-Medical) .....	61
<i>See also Home Health</i>	
INTERPRETER SERVICES .....	61
<b>J</b>	
<b>K</b>	

<b>L</b>	<b>Page</b>
LEGAL SERVICES .....	62
<i>See also Advocacy and Consumer Help</i>	
LEGISLATORS (Complete list in the back of this directory) .....	105
LIBRARIES .....	63
LONG-TERM CARE .....	65
<i>See also Assisted Living, Nursing Homes ,and Residential Care Homes</i>	
<b>M</b>	
MEDICAL EMERGENCY/ALARMS .....	66
MEDICAL EQUIPMENT .....	66
<i>See also Assistive Devices and Disabilities</i>	
MEDICARE .....	67
<i>See also Social Security/SSI/Medicare</i>	
MENTAL HEALTH/SUBSTANCE ABUSE .....	68
Hotlines .....	68
Inpatient Treatment — Mental Health .....	68
Inpatient Treatment — Substance Abuse .....	69
Outpatient Counseling .....	69
Residential Group Homes — Mental Health .....	85
Regional Service Providers .....	71
<b>N</b>	
NURSING HOMES .....	72
<i>See also Assisted Living, Housing, and Residential Care Homes</i>	
Nursing Home Complaints .....	72
Nursing Home Facilities .....	72
NUTRITION COUNSELING/EDUCATION .....	76
<i>See also Education and Nutrition</i>	
NUTRITION/SENIOR CENTERS .....	76
<i>See also Senior Organizations</i>	

	<b>Page</b>
<b>O</b>	
OKLAHOMA LEGISLATORS.....	105
OLDER RELATIVE CAREGIVERS.....	83
<i>See also Caregivers</i>	
OMBUDSMAN SERVICES .....	84
OUTREACH SERVICES .....	84
<b>P</b>	
PARKING DECAL — <i>See Disabilities</i> .....	22
<b>Q</b>	
<b>R</b>	
RENTAL ASSISTANCE .....	52
RESIDENTIAL CARE HOMES .....	85
<i>See also Assisted Living, Housing, and Nursing Homes</i>	
RESPITE .....	85
REVERSE MORTGAGE .....	86
<i>See also Financial Guidance</i>	
<b>S</b>	
SENIOR CENTERS — <i>See Nutrition/Senior Centers</i> .....	86
SENIOR ORGANIZATIONS .....	86
<i>See also Nutrition/Senior Centers</i>	
SENIORS RAISING GRANDCHILDREN.....	87
<i>See Older Relative Caregivers.....</i>	83
SOCIAL SECURITY/SSI/MEDICARE .....	87
Medicare .....	87
Social Security/SSI .....	88
SUPPORT GROUPS .....	88
<b>T</b>	
TAXES .....	95
<i>See also Financial Guidance</i>	
TRANSPORTATION .....	95
TRIBAL ASSISTANCE.....	97

**U**

UTILITIES/WEATHERIZATION .....99  
*See also Emergency/Disaster*

**V**

VETERANS SERVICES ..... 102

VISUAL SERVICES — *See Disabilities* ..... 26

VOLUNTEERS ..... 104

**W**

WHEELCHAIR RAMPS ..... 104

**X**  
**Y**  
**Z**



*This publication is made possible by donations from agencies for advertisement and in part from funds from the Older Americans Act through the Oklahoma DHS Aging Services Division and EODD Area Agency on Aging.*

# ABUSE (ELDER)

See also Department of Human Services, Legal Services, and Nursing Homes

ADULT ABUSE/APS HOTLINE .....	(800) 522-3511
ADULT PROTECTIVE SERVICES (county offices) .....	(800) 522-3511
To file a complaint online, visit <i>OKHotline.org</i> For information <i>okdhs.org</i>	
CHEROKEE NATION ELDER PROTECTIVE SERVICES .....	(918) 453-5422
Cherokee Nation Complex	(800) 256-0671
17675 S. Muskogee Ave., Tahlequah, OK 74465	<i>human_abuse@cherokee.org</i>
DEPARTMENT OF HUMAN SERVICES STATE OFFICE .....	(405) 521-2281
Community Living, Aging, and Protective Services (CAP)	
2400 N. Lincoln Blvd., Oklahoma City, OK 73125-0352	
DEPARTMENT OF HUMAN SERVICES .....	(405) 426-8200
Nursing Home Complaints	(800) 747-8419
Oklahoma City, OK 73117	
ELDER CARE LOCATOR .....eldercare.gov .....	(800) 677-1116
EODD AAA LONG-TERM CARE OMBUDSMAN PROGRAM .....	(918) 682-7891
Nursing home complaints in Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah, and Wagoner counties.	
LONG-TERM CARE INVESTIGATIONS .....	(405) 426-8200
(Nursing home abuse)	
OKLAHOMA ELDER ABUSE PREVENTION ALLIANCE .....	(918) 231-8376
<i>abuseisnotok.org</i>	(800) 522-3511
OKLAHOMA STATE OMBUDSMAN PROGRAM .....	(405) 521-6771
OKLAHOMA STATE DEPARTMENT OF HEALTH .....	(405) 426-8000
Nursing home complaints/ License and Certification division	
Oklahoma City, OK	
WISH (WOMEN IN SAFE HOME INC.) .....	(918) 682-7879
514 Martin Luther King/P.O. Box 487, Muskogee, OK 74402	(918) 682-7878
107 McKinney, Suite 12, Eufaula, OK 74432	(918) 869-6767

# ADVOCACY

*See also Consumer Help and Legal Services*

AARP .....	(866) 295-7277
AGING SERVICES DIVISION (OKDHS) .....	(405) 521-2281
Advance Directive and Healthcare Proxy / Protect your rights at end of life.	
AMERICAN FOUNDATION FOR THE BLIND (Advocacy Group) .....	(212) 502-7600
11 Penn Plaza, Suite 300, New York, NY 10001	
AMERICANS WITH DISABILITIES .....	(800) 514-0301
Department of Justice	
CARING ASSISTANCE LINE .....	(800) 211-2116
CENTENARIANS OF OKLAHOMA ...(Celebrating Age 100+).....	(918) 510-0150
LEGAL AID SERVICE OF OKLAHOMA INC. (LASO).....	Application Line (888) 534-5243
SPLASH LINE FOR 60+ .....	(855) 488-6814
NATIONAL CONSUMER LEAGUE (Advocacy Group) .....	(202) 835-3323
<i>nclnet.org</i>	
NURSING HOME ADVOCACY	
Long-Term Care Ombudsman Supervisor .....	(918) 682-7891
EODD Area Agency on Aging, Muskogee, OK 74401	
OFFICE OF DISABILITY CONCERNS .....	(405) 521-3756
Oklahoma City, OK 73107 .....	(800) 522-8224
OKLAHOMA DISABILITY LAW CENTER (Tulsa) .....	(800) 880-7755
.....	(405) 525-7755
OKLAHOMA FAMILY NETWORK .....	(877) 871-5072
<i>Connects special health care needs with services and support.</i>	
OKLAHOMA FOUNDATION FOR THE DISABLED .....	(405) 842-6636
Oklahoma City, OK 73114	
OKLAHOMA SILVER HAIR LEGISLATURE .....	(405) 521-2281
PERVASIVE PARENTING CENTER (AUTISM) .....	(918) 647-1255
1507 S. McKenna, Poteau, OK 74953 <i>Serves Adair, Cherokee, and Sequoyah counties</i>	
TARC (Advocate for seniors with developmental disabilities) .....	(918) 582-8272

## AGING SERVICES

**ADVANTAGE PROGRAM** ..... (800) 435-4711  
(918) 933-4900

DEPARTMENT OF HUMAN SERVICES ADVANTAGE SERVICES .....(918) 933-4900

*The Advantage Program of the home and community-based services provides Medicaid services to help people stay at home instead of going to a nursing home.*

CARING ASSISTANCE LINE .....(800) 211-2116

MEDICARE ASSISTANCE PROGRAM (MAP).....(918) 682-7891

NATIONAL INDIAN COUNCIL ON AGING.....(405) 254-3642

NATIONAL NETWORK OF AGING SERVICES ..... (800) 677-1116

*Eldercare Locator*

OKLAHOMA ALLIANCE ON AGING, INC. ....(405)943-1895

OKLAHOMA STATE AGENCY ON AGING - HUMAN SERVICES

2400 N. Lincoln Blvd., Oklahoma City, OK 73125-0352

Aging Services Special Unit on Aging ..... (405) 521-2281

P.O. Box 25352, Oklahoma City, OK 73125 *okdhs.org*

SENIOR MEDICARE PATROL.....(918) 682-7891

STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP).....(918) 682-7891

## ALZHEIMER'S/DEMENTIA

*See also Caregivers, Consumer Help, Respite and Support Groups*

ADEAR (ALZHEIMER'S DISEASE EDUCATION AND RELATED DEMENTIAS) .....(800) 438-4380

ALZHEIMER'S ASSOCIATION—OKLAHOMA CHAPTER ..... (405) 319-0780

ALZHEIMER'S DISEASE INFORMATION AND REFERRAL ..... (800) 272-3900

6660 S. Sheridan Rd., Suite 202, Tulsa, OK 74133 (918) 392-5000

ALZHEIMER'S FOUNDATION OF AMERICA (*alzfdn.org*) ..... (866) 232-8484

ALZHEIMER'S INFORMATION AND REFERRAL CENTER ..... (800) 211-2116

ALZHEIMER'S NATIONAL HELP LINE.....(800) 272-3900

DEMENTIA FRIENDS USA ..... *dementiafriendsusa.org*

OKLAHOMA HEALTHY BRAIN INITIATIVE .....(405) 426-8947

OKLAHOMA ALZHEIMER'S ASSOCIATION CHAPTER ..... (405) 319-0780

6601 Broadway Extension, Suite 120, Oklahoma City OK 73116.....*alz.org/alzokar*

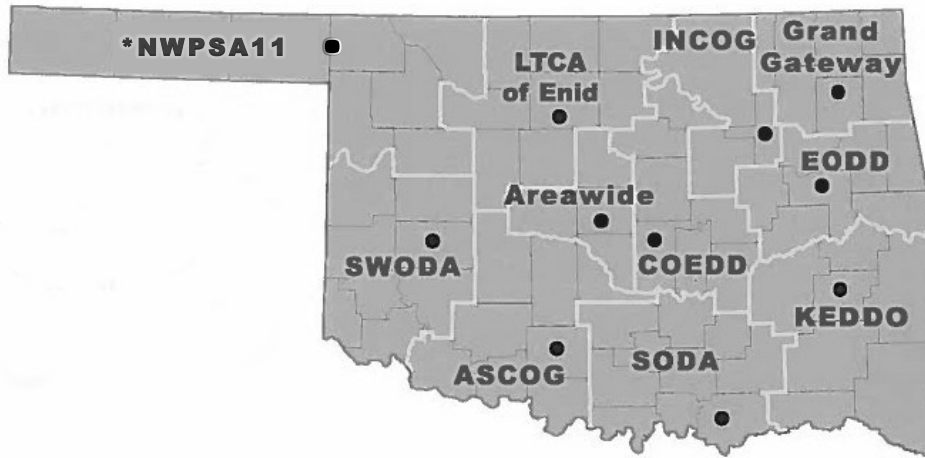
ST. FRANCIS HOSPITAL (In-patient site for Alzheimer's diagnose)..... (918) 684-3557

300 Rockefeller Drive, Muskogee, OK 74401 .....(918) 681-6835

# APARTMENTS

See Assisted Living and Housing

## AREA AGENCIES ON AGING (OK)



AREAWIDE AGING AGENCY ..... (405) 942-8500

4101 Perimeter Center Drive, Suite 310

Oklahoma City, OK 73112-5910

*Serving Canadian, Cleveland, Logan, and Oklahoma counties*

ASCOG AREA AGENCY ON AGING ..... (580) 736-7979

802 Main St./P.O. Box 1647

(800) 658-1466

Duncan, OK 73534-1647

*Serving Caddo, Comanche, Cotton, Grady, Jefferson, McClain, Stephens, and Tillman counties*

COEDD AREA AGENCY ON AGING ..... (405) 273-6410

400 N. Bell/P.O. Box 3398

(800) 375-8255

Shawnee, OK 74802-3398

*Serving Hughes, Lincoln, Okfuskee, Pawnee, Payne, Pottawatomie, and Seminole Counties.*

**EODD AREA AGENCY ON AGING\* .....(918) 682-7891**

**1012 N. 38th St./P.O. Box 1367**

**Muskogee, OK 74402**

***eoddok.org***

*Serving Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah, and Wagoner counties*

# AREA AGENCIES ON AGING Continued

- GRAND GATEWAY AREA AGENCY ON AGING ..... (918) 783-5793  
 333 S. Oak St./P.O. Box Drawer B (800) 482-4594  
 Big Cabin, OK 74332-0502  
*Serving Craig, Delaware, Mayes, Nowata, Ottawa, Rogers, and Washington Counties.*
- INCOG AREA AGENCY ON AGING ..... (918) 584-7526  
 2 W. Second St., Suite 800  
 Tulsa, OK 74103-3116  
*Serving Creek, Osage, and Tulsa Counties.*
- KEDDO AREA AGENCY ON AGING ..... (918) 465-2367  
 Vo-Tech Administration Addition (800) 722-8180  
 1002 Highway 2 North  
 Wilburton, OK 74578  
*Serving Choctaw, Haskell, Latimer, LeFlore, McCurtain, Pittsburg, and Pushmataha Counties.*
- LTCA-ENID AREA AGENCY ON AGING .....(580) 234-7475  
 202 W. Broadway Ave., Suite A  
 Enid, OK 73701-4048  
*Serving Alfalfa, Blaine, Garfield, Grant, Kay, Kingfisher, Major and Noble counties*
- NWPSA11—**EODD\*** INTERIM ADMINISTRATIVE ORGANIZATION..... (918) 682-7891  
 1012 N. 38th St./P.O. Box 1367  
 Muskogee, OK 74401  
*eoddok.org*  
*Serving Beaver, Cimarron, Dewey, Ellis, Harper, Texas, Woods, and Woodward Counties.*
- SODA AREA AGENCY ON AGING ..... (580) 920-1388  
 2704 N. First Ave.  
 Durant, OK 74701  
*Serving Atoka, Bryan, Carter, Coal, Garvin, Johnston, Love, Marshall, Murray, and Pontotoc Counties.*
- SWODA AREA AGENCY ON AGING ..... (580) 562-4882  
 Building 420, Sooner Drive/P.O. Box 569 (800) 627-4882  
 Burns Flat, OK 73624  
*swoda.org*  
*Serving Beckham, Custer, Greer, Harman, Jackson, Kiowa, Roger Mills, and Washita Counties.*

# AREA AGENCY ON AGING—EODD

The following services are funded under Title III of the federal Older Americans Act through EODD Area Agency on Aging. The services are listed by provider.

- LEGAL AID SERVICES OF OKLAHOMA ..... (918) 708-1150  
 60+ Splash Line .....(855) 488-6814  
*Serving all seven counties in EODD AAA district .*
- C.A.R.D. NUTRITION SERVICES ..... (918) 341-5000  
 707 W. Lowry Rd., Claremore, OK (Contractor subject to change)  
 Serving McIntosh, Muskogee, Okmulgee, and Wagoner Counties. Providing congregate and home-delivered meals.
- D.O.C. NUTRITION SERVICES .....(918) 257-4825  
 57501 E. 230 Rd., Afton, OK (Contractor subject to change)  
 Serving Adair, Cherokee, and Sequoyah Counties. Providing congregate and home-delivered meals.
- MMOG (Muskogee Meals on the Go) .....(918) 537-2145

**CARING ASSISTANCE LINE**  
**1-800-211-2116**  
 Aging and Disability Resources for All Ages

**Statewide Caring Assistance Line for Aging and Disability Resources & Supports:**

- Respite locator & support groups
- Family Caregiver resources
- Legal assistance
- Food assistance
- Medicare/Medicaid information
- Prescription drug assistance
- Grandparents & other relatives raising children
- In-home assistance
- Medical equipment & supplies
- Transportation resources
- Employment resources
- Long-term care resources

OKLAHOMA Human Services

O4A  
OKLAHOMA ASSOCIATION OF AREA AGENCIES ON AGING

OKCares

SOONER SUCCESS  
Serving, Supporting, Building Inclusive Communities

Contact Info:  
[OKCares.org](http://OKCares.org)  
[info@okcares.org](mailto:info@okcares.org)

"Only I can change my life. No one can do it for me."  
 - Carol Burnett

# ASSISTED LIVING

*See also Housing, Nursing Homes, and Residential Care Homes*

LEGEND AT MINGO ROAD..... (918) 236-0122

7902 S. Mingo Rd. E., Tulsa, OK 74133

## **CHEROKEE COUNTY**

COUNTRYSIDE ASSISTED LIVING..... (918) 456-7117

1380 Heritage Lane, Tahlequah, OK 74464

*Private pay, VA*

GO YE VILLAGE CONTINUUM OF CARE ..... (918) 456-4542

1201 W. Fourth St., Tahlequah, OK 74464

*Private pay, VA*

## **MUSKOGEE COUNTY**

COUNTRYSIDE SENIOR LIVING..... (918) 686-8100

3211 Chandler Road, Muskogee, OK 74403

*Alzheimer's unit; private pay; transportation -Tuesdays/Medical, Fridays/Misc.*

COUNTRY GARDENS ASSISTED LIVING COMMUNITY.....(918) 683-8388

611 S. Country Club Road, Muskogee, OK 74403

*Private pay; VA; transportation—Medical any day of the week; Schedules Activities by Activity Director*

DOGWOOD CREEK RETIREMENT CENTER ..... (918) 683-5100

3230 E. Shawnee, Muskogee, OK 74403

*Private pay; VA; Transportation—Tuesdays/Medical, Wednesdays/Walmart(staff go to Walmart and take them other places as needed)*

## **OKMULGEE COUNTY**

NEIGHBORHOODS AT BAPTIST VILLAGE ..... (918) 756-5377

1500 W. Sixth St., Okmulgee, OK 74447

*Private pay, VA*

## **WAGONER COUNTY**

CANOE BROOK ASSISTED LIVING AND MEMORY CARE ..... (918) 739-4700

20102 E. Admiral Place, Catoosa, OK 74015

***“One person caring for another represents  
life’s most significant value.” - Jim Rohn***

## ASSISTIVE DEVICES

*See also Disabilities and Medical Equipment*

- AARP .....[aarp.org/livable](http://aarp.org/livable)
- ABLE-TECH ..... (800) 257-1705  
1514 W. Hall of Fame, Stillwater, OK 74078-2026 (405) 744-9748  
[okabletech.org](http://okabletech.org)
- ABLE-TECH INFO LINE ..... (800) 257-1705  
*Free information and referral*
- AFFORDABLE CONNECTIVITY .....[fcc.gov](http://fcc.gov).....(877) 384-2575
- ALERT RESPONSE MEDICAL ALERT .....[alertresponse.com](http://alertresponse.com) ..... (888) 871-2879
- AMERICAN RED CROSS (Bed/Smoke Alarms) .....(918) 682-1366
- AMRAMP ....[amramp.com](http://amramp.com) ..... (888) 715-7597
- CAPTIONCALL ..... (833) 691-1600
- CLEAR CAPTIONS/AMPLIFIED CAPTIONED PHONE ..... (918) 210-2586
- FINANCING FOR ASSISTIVE DEVICES
- BANC First Stillwater ..... (405) 742-6210
- LS&S (Catalog of adaptive products for the blind and deaf) ..... (800) 468-4789
- PREMIER MEDICAL RENTAL ..... (580) 208-2020  
2110 SE Washington St., Suite A, Idabel, OK 74745
- RERUN MEDICAL EQUIPMENT [rerunmed.org](http://rerunmed.org) ..... (918) 376-0007  
Greg Pickett, Tulsa, OK
- SPARE PARTS ..... (918) 869-2189  
1507 Denver Ave., Muskogee [cmcadoo4762@yahoo.com](mailto:cmcadoo4762@yahoo.com)  
*Used walkers, wheelchairs, shower seats, and other medical devices.*

## BEHAVIORAL HEALTH

*See Mental Health/Substance Abuse*

## BURIAL INFORMATION

*See Death/Burial Information*

For a comprehensive list of available funeral homes and services in your area, please see local listings in your area or visit [legacy.com/funeral-homes](http://legacy.com/funeral-homes).

# CAREGIVERS

*See also Alzheimer's/Dementia, Respite, Support Groups, and Older Relative Caregivers.*

AGING SERVICES ..... (405) 271-2710

*Will provide respite vouchers if a person has a positive COVID test.*

EODD AAA CAREGIVER PROGRAM ..... (918) 682-7891

1012 N. 38th St./P. O. Box 1367, Muskogee, OK 74402

NATIONAL CAREGIVER SUPPORT LINE (through the VA) ..... (855) 260-3274

NATIONAL INSTITUTE ON AGING CAREGIVER SUPPORT

*nia.nih.gov/health/alzheimers/caregiving*

PARKINSON FOUNDATION CAREGIVER SUPPORT ..... (830) 253-0011

*Serving all of Oklahoma.*

# COMMUNITY ACTION FOUNDATIONS

*See also Financial Guidance and Utilities/Weatherization.*

## ADAIR AND CHEROKEE COUNTIES

NORTHEAST OKLAHOMA COMMUNITY ACTION AGENCY ..... (918) 253-4683

(NEOCAA)

P.O. BOX 603, Jay, OK 74346

*Assistance available for weatherization uses only.*

## McINTOSH AND OKMULGEE COUNTIES

DEEP FORK COMMUNITY ACTION ..... (918) 756-2826

223 W. Sixth St./P.O. Box 670

Okmulgee, OK 74447

## MUSKOGEE COUNTY

KI BOIS COMMUNITY ACTION FOUNDATION ..... (918) 684-7258

315 N 5th, Muskogee, OK 74401

FAX (918) 684-4324

**Director's office** ..... (918) 967-3325

200 SE A St., Stigler, OK

*Utility assistance requires receipt of cut-off notice. TTY (800) 711-0353*

**Veterans Services** ..... (918) 681-7525

421 W. Broadway St., Muskogee, OK 74401 *(Serves 24 Counties)*

# COMMUNITY ACTION FOUNDATIONS

*See also Financial Guidance and Utilities/Weatherization.*

**MUSKOGEE COUNTY COMMUNITY ACTION FOUNDATION** .....(918) 686-8004

(MCCAF) 2400 Hilldale Springs Dr., Muskogee, OK 74403

## SEQUOYAH COUNTY

KI BOIS COMMUNITY ACTION FOUNDATION ..... (918) 776-0848

1206 W. Redwood Ave. (800) 299-4479

Sallisaw, OK 74955 FAX (918) 776-0806

## WAGONER COUNTY

COMMUNITY ACTION RESOURCE AND DEVELOPMENT (CARD) ..... (918) 486-2471

217 S. Broadway

Coweta, OK 74429

NORTHEAST OK COMMUNITY ACTION AGENCY, INC. ....(918) 253-4683

# CONSUMER HELP

*See also Advocacy and Financial Guidance*

**211** Connect with important community services .....211

ATTORNEY GENERAL'S MEDICAID FRAUD CONTROL UNIT ..... (405) 521-4274

BETTER BUSINESS BUREAU (BBB) ([bbb.org/tulsa](http://bbb.org/tulsa) / [info@tulsabbb.org](mailto:info@tulsabbb.org))... (405) 492-1266

CARRIAGE CROSSING..... Volunteers of America .....(918) 486-4460

OKLAHOMA DEPARTMENT OF CONSUMER CREDIT HOTLINE ..... (800) 448-4904

Consumer Assistance Division (800) 522-0071

## CREDIT COUNSELING/REPORTS

CREDIT COUNSELING CENTERS OF OKLAHOMA ..... (918) 744-5611

7633 E. 63rd Pl., Suite 300, Tulsa, OK 74133 (866) 550-8004

Tulsa, OK 74135 [moneymanagement.org](http://moneymanagement.org)

OKLAHOMA DEBT REDUCTION SERVICES ..... (918) 660-0200

4111 S. Darlington Ave., No. 610 (877) 688-3328

Tulsa, OK 74135

[debtreductions-service.org](http://debtreductions-service.org)

## CREDIT COUNSELING/REPORTS

- OSU HEALTH ACCESS ..... (918) 561-8579
- CONSUMER MONEY MANAGEMENT International..... (918) 744-5611  
7633 E. 63rd Pl., Suite 300 (866) 550-8004  
Tulsa, OK 74133  
*moneymanagement.org*
- OSU HEALTH ACCESS ..... (918) 561-8579

## CREDIT REPORTING AGENCIES

- Experian (www.experian.com) ..... (888) 397-3742
- Equifax (www.equifax.com) ..... (800) 685-1111
- Transunion (www.transunion.com) ..... (800) 916-8800

*"With the new day comes new strength and new thoughts"*  
*-Anna Eleanor Roosevelt*

## CONSUMER PROTECTION AGENCIES

- BETTER BUSINESS BUREAU (*bbb.org/tulsa / info@tulsa.bbb.org*)..... (918) 492-1266
- CONSUMER PROTECTION OFFICE *oag.ok.gov* ..... (405) 521-4274
- CONSUMER PROTECTION SERVICES (Oklahoma Department of Health) .. (405) 271-5243  
*ok.gov/health*
- DIRECT MARKETING ASSOCIATION ..... (212) 768-7277  
1333 Broadway #301  
New York, NY 10018  
*Contact to have name removed from mailing lists*
- FEDERAL TRADE COMMISSION *ftc.gov* ..... (866) 653-4261  
(FTC) (*ftcomplaintassistant.gov*) (202) 326-2222
- INTERNAL REVENUE SERVICE *irs.gov*..... (800) 829-1040
- NATIONAL INSURANCE CONSUMER HELPLINE ..... (800) 942-4242
- OKLAHOMA ATTORNEY GENERAL'S OFFICE *oag.state.ok.us* ..... (405) 581-2885  
*Public Protection Unit*

# CONSUMER HELP Cont.

## CONSUMER PROTECTION AGENCIES Cont.

- OKLAHOMA CORPORATION COMMISSION ..... (405) 521-2211  
P.O. Box 52000  
Oklahoma City, OK 73152
- OKLAHOMA DEPARTMENT OF CONSUMER CREDIT ..... (405) 521-3653  
*For complaints on credit purchases*
- OKLAHOMA INSURANCE COMMISSION ..... (800) 522-0071
- OKLAHOMA STATE BANKING DEPARTMENT ..... (918) 622-7447  
Tulsa, OK 74135  
*state.ok.us*
- OKLAHOMA STATE INSURANCE COMMISSIONER ..... (800) 522-0071
- OKLAHOMA TAX COMMISSION ..... (800) 581-2761  
440 S. Houston  
Tulsa, OK 74127  
*oktax.state.ok.us*
- SENIOR HEALTH AND INSURANCE COUNSELING PROGRAM (SHIP) ..... (405) 521-6628  
P.O. Box 53408, Oklahoma City, OK 73152                      *ok.gov*  
*Information on Medicare and health insurance for seniors* ..... (800) 763-2828  
*Locally, you can contact EODD Area Agency on Aging* ..... (918) 682-7891

## ELDER ABUSE PREVENTION

*See also Abuse on page 7*

- OKLAHOMA ELDER ABUSE PREVENTION ALLIANCE (OEAPA)..... (918) 231-8376

“Consumer accountability  
drives quality and efficiency”.

Pete Hoekstra



# DEATH/BURIAL INFORMATION

*See also Support Groups for Bereavement support groups*

**To obtain death/birth certificates, contact local county health department for a form to fill out and send in to the state. Cherokee Nation will reprint birth certificates free with roll card.**

FEMA (Death due to COVID-19).....(844) 684-6333  
TTY (800)462-7585

MUSKOGEE COUNTY COMMISSIONERS (Referral Services) ..... (918) 682-9601

OKLAHOMA DEPARTMENT OF VETERANS AFFAIRS ..... (800) 827-1000

Muskogee, OK 74401, *For veterans' widows/widowers and burial benefits.*

SOCIAL SECURITY ADMINISTRATION/SSI ..... (918) 687-2338

Muskogee, OK 74401, *For widow/widower benefits.* (800) 772-1213

SOCIAL SECURITY ..... (855) 287-4791

Okmulgee, OK 74447

OKLAHOMA STATE HEALTH DEPARTMENT (Vital records) .....FAX.. (405) 271-4040

ok.gov

## TRIBAL ASSISTANCE

*See Tribal Assistance on page 97*

Out-of-state vital records *cdc.gov* "Where to Write"..... (800) 232-4636

# DENTAL SERVICES

DENTAL CARE SENIOR ADVANTAGE ..... (888) 540-9488

AFFORDABLE DENTURES of Checotah..... (918) 473-3700

D-DENT ..... (800) 522-9510

6430 N. Western Ave., Suite 200, Oklahoma City, OK 73116

DELTA DENTAL OF OKLAHOMA ..... (405) 607-4747

Toll-free number (800) 522-0188, ext. 771

EASTERN OKLAHOMA DONATED DENTAL SERVICES (EODDS) ..... (918) 742-5544

9810 E. 42nd St., Suite 210, Tulsa, OK 74146 *eodds.org*

*Applications accepted through mail only.*

GOSPEL RESCUE MISSION (Muskogee) ..... (918) 682-3489

## DENTAL SERVICES Cont.

HEALTH & WELLNESS CENTER .....	(918) 967-3368, ext. 2134
Mobile Dental Unit <i>healthwellnessok.com/dental</i> .....	(800) 640-9741, ext. 1191
<i>Serving McIntosh, Muskogee, and Sequoyah Counties</i>	
MORTON COMPREHENSIVE HEALTH SERVICES .....	(918) 295-6185
NEIGHBOR FOR NEIGHBOR DENTAL CLINIC.....	(918) 425-5578
Tulsa, OK 74106-1812 <i>neighborforneighbor.org</i>	
SPRING DENTAL	
2909 Azalea Park, Muskogee, OK 74401	(918) 682-0544
1819 S Wood Dr., Okmulgee, OK 74401	(918) 756-6500
202 S. 6th St., Henryetta, OK 74437	(918) 652-4404

*Don't Rush The Brush!*

## DEPARTMENT OF HUMAN SERVICES (DHS)

*Now Known As OKLAHOMA HUMAN SERVICES (OHS)*

*Visit [okdhs.org](http://okdhs.org) for information on services provided.*

*MAIN CONTACT NUMBER.....(405) 522-5050*

ADAIR COUNTY .....	(918) 797-2900
<i>(No physical location)</i>	(800) 225-0049
CHEROKEE COUNTY .....	(918) 207-4500
<i>(No physical location)</i>	(800) 225-9868
McINTOSH COUNTY .....	(918) 689-1200
	(800) 219-3238
MUSKOGEE COUNTY .....	(918) 684-5300
311 Court St. ....Benefit Assistance.....	(800) 815-7573
531 W. Broadway.....Child Services	<i>8 a.m. to 5 p.m. Mon-Fri</i>
OKMULGEE COUNTY .....	(918) 752-2000
315 W. 6th St.	(800) 884-1582
Okmulgee, OK 74447	
7:30 a.m. to 5 p.m. Monday-Friday	

# DEPARTMENT OF HUMAN SERVICES Cont.

Now Known As OKLAHOMA HUMAN SERVICES (OHS)

SEQUOYAH COUNTY .....	(918) 776-8000
1611 S. Kerr Blvd./HC68, Box 20	(800) 270-0805
Sallisaw, OK 74955	8 a.m. to 5 p.m. Monday-Friday
WAGONER COUNTY .....	(918) 614-5000
102 N.E. Seventh St.	(800) 734-7518
Wagoner, OK 74467	8 a.m. to 5 p.m. Monday-Friday

## DISABILITIES

*See also Advocacy, Assistive Devices and Medical Equipment.*

AMERICANS WITH DISABILITIES ACT NATIONAL NETWORK .....	(713) 520-0232
	(800) 949-4232
DEVELOPMENTAL DISABILITIES SERVICES DIVISION (DDSD) .....	(918) 560-4848
1427 E. Eighth St., Tulsa, OK 74120	(800) 522-1075
NATIONAL DISABILITY RIGHTS NETWORK (NDRN) .....	(202) 408-9514
OKLAHOMA DEPARTMENT OF REHABILITATION SERVICES .....	(800) 845-8476

## DISABLED-PHYSICALLY/PARKING DECALS

AMERICANS WITH DISABILITIES .....	(800) 514-0301
	TTY (800) 514-0383
CENTER FOR THE PHYSICALLY LIMITED (of any age) .....	(918) 584-8607
815 S. Utica, Tulsa, OK 74101	
DISABLED PARKING PLACECARDS/PERMITS .....	<i>dps.state.ok.us</i>
HANDICAP PARKING PERMITS .....	(918) 683-3256
Oklahoma Highway Patrol headquarters	
1806 N. York St., Muskogee, OK 74403	

**You can be fined up to \$500 for illegally parking in a handicapped parking space without a permit!**

# DISABILITIES Cont.

## EMPLOYMENT

- AARP SENIOR EMPLOYMENT PROGRAM .....(918) 621-4480
- INCOR/SWAP (For adults with developmental disabilities) ..... (918) 683-8162  
920 N. 43rd St. E./P.O. Box 622, Muskogee, OK 74402
- GOODWILL CAREER CENTER.....(918) 910-9206
- JOB ACCOMMODATION NETWORK (Disabled Employees) ..... (800) 526-7234  
*www.dol.gov* TTY (877) 781-9403
- OKLAHOMA DEPARTMENT OF REHABILITATION SERVICES ..... (800) 487-4042  
*drs.gov (Employer opportunities—businessservices@okdrs.gov)*
- INCOR/SWAP (For adults with developmental disabilities) .....(918) 683-8162  
210 E. Okmulgee/P.O. Box 622, Muskogee, OK 74402
- JOB ACCOMMODATION NETWORK (Disabled employees) ..... (800) 526-7234  
*dol.gov* TTY (877) 781-9403
- PROGRESSIVE INDEPENDENCE ..... (800) 801-3203
- WORK READY WORK READY OKLAHOMA
  - Eufaula.....(918) 201-2705
  - Muskogee.....(405) 212-8474
  - Okmulgee.....(539) 286-6136
  - Tahlequah.....(918) 931-3022



## MY EMPLOYMENT OPPORTUNITIES:

---



---



---



---



---



---



---



---



---



---

# DISABILITIES Cont.

## HEARING

- ABLETECH UWHAP .....*okabletech.org/resources/at-funding-guide/u-w-h-a-p*
- ADVANTAGE AUDIOLOGY AT TAHLEQUAH EAR NOSE AND THROAT ..... (918) 453-1234  
Tahlequah, OK 74464
- AMERICAN SPEED-LANGUAGE-HEARING ASSOCIATION (ASHA)..... (800) 638-8255
- CAPTIONCALL ..... (833) 691-1600
- CLEAR CAPTIONS .....*clearcaptions.com* .....(866) 246-7850
- EODD AREA AGENCY ON AGING (referrals) ..... (800) 211-2116
- EASTERN OKLAHOMA EAR, NOSE, AND THROAT ..... (918) 492-3636  
Tulsa, OK 74136
- ICANCONNECT (Stephanie Butler) ..... (918) 551-4904  
Oklahoma Department of Rehabilitation Services (918) 521-1751  
907 S. Detroit Ave., Suite 500, Tulsa, OK 74120 *sbutler@okdrs.gov*
- MIRACLE EAR ..... (918) 683-1234
- OKLAHOMA CITY ASSOCIATION OF THE DEAF ..... (918) 894-5270
- OKLAHOMA SCHOOL FOR THE DEAF ..... (580) 622-4900  
1100 E. Oklahoma St., Sulphur, OK 73086  
Operator Services for the Deaf—Relay Oklahoma ..... (800) 722-0353
- SENIOR CITIZENS HEARING AID PROJECT ..... (866) 309-1717
- STARKEY CARES ..... (855) 686-2202  
*starkey.com/starkeycares*
- TULSA SPEECH AND HEARING ASSOCIATION ..... (918) 832-8742  
Sertoma Hearing Aid Recycling Program (SHARP), Tulsa, OK 74112
- UNITED WAY HEARING BANK ..... (405) 271-2866
- WALGREENS (hearing aid supplies, *walgreens.com/store/c/hearing-aides-and-assistance*.....(334) 744-2017

## MEDICAL EQUIPMENT

*See Assistive Devices or Medical Equipment*

## VISION

- APP FOR SMART PHONE USE ..... “BE MY EYES”  
*bemyeyes.com* (Assistance for daily living with vision impairment.)

# DISABILITIES Cont.

## VISION Cont.

- ABLE-TECH (Oklahoma) ..... (800) 257-1705
- AMERICAN COUNCIL FOR THE BLIND ..... (800) 424-8666
- BRAILLE-GRAMS (Telegrams in Braille sent across U.S. via Western Union) .. (800) 325-6000
- CHECOTAH LIONS CLUB (eyeglasses help) ..... (918) 843-0402
- EYE BUY DIRECT (eyeglasses help) ..... *eyebuydirect.com*
- EYECARE FOR SENIORS (eyeglasses) ..... (800) 222-3937
- EYES OF HOPE .....(VSP Program—income based) .....(800) 331-2020  
Email: *info@preventblindness.org* (200% federal poverty guidelines)
- FIGHTING BLINDNESS FOUNDATION *fightingblindness.org*..... (888) 394-3937
- ICANCONNECT (Stephanie Butler) .....(918) 551-4904
- Oklahoma Department of Rehabilitation Services ..... (918) 521-1751  
907 S. Detroit Ave., Suite 500, Tulsa, OK 74120 *sbutler@okdrs.gov*
- MUSKOGEE NOON LIONS CLUB (Eyeglasses help) ..... (918) 687-7539
- NEW EYES FOR THE NEEDY (Glasses) *new-eyes.org* ..... (973) 376-4903
- NEW VIEW OKLAHOMA .....(855) 811-9699  
*Vision help okdrs.gov info@newviewoklahoma.org*  
Tulsa Low Vision Center, 5986 S. Yale Ave., Tulsa, OK 74135  
Oklahoma City Low Vision Clinic, 710 W. Wilshire Blvd., Suite 102, OKC, OK 73116
- NORTHEAST OKLAHOMA COMMUNITY ACTION FOUNDATION ..... (918) 253-4683  
P.O. Box 603, Jay, OK 74346 Adair and Cherokee Counties only.
- OKLAHOMA LIBRARY FOR BLIND AND HANDICAPPED ..... (800) 523-0288
- OKMULGEE LIONS CLUB (Eyeglasses help) ..... (918) 756-1235
- OPERATION SIGHT .....*ascrs.org*  
American Society of Cataract and Refractive Surgery  
email ..... *info@ascrsfoundation.org*
- VSP PREMIER EDGE .....(Eyeglasses Help).....(800) 331-2020  
email ..... *info@preventblindness.org*
- WAGONER LIONS CLUB (Linda Webb– glasses) ..... (918) 485-4367
- ZENNI OPTICAL (eyeglasses help) .....*zennioptical.com*.....(800-211-2105)

## OTHER

- NATIONAL CENTER FOR STUTTERING HOTLINE ..... (800) 221-2483

# EDUCATION

## *See also Libraries*

- 55 MATURE DRIVING SAFETY COURSE (AARP) ..... (888) 227-7669
- GOODWILL CAREER CENTERS.....*goodwill.org*
- OHAI — OKLAHOMA HEALTHY AGING INITIATIVE ..... (888) 616-8161  
Tulsa, OK — *Serving all of Northeast Oklahoma* ..... (918) 779-7367
- OKLAHOMA HEALTHY BRAIN INSTITUTION (OHBI) .....(918) 660-3170
- OKLAHOMA LIBRARY FOR THE BLIND AND HANDICAP .....(800) 523-0288
- OLLI @ OSU (Osher Lifelong Learning Institute).....(405) 744-5868  
*Learning Never Retires*
- OSU HEALTH ACCESS ..... (918) 561-8579
- SENIOR PLANET (online learning for seniors) .....*seniorplanet.org/*

## **ADAIR COUNTY**

- ADAIR COUNTY COMMUNITY HEALTH COALITION.....(918) 316-7990
- OKLAHOMA STATE UNIVERSITY EXTENSION OFFICE .....(918) 696-2253  
220 W. Division/Courthouse Basement, Stilwell, OK 74960

## **CHEROKEE COUNTY**

- CHEROKEE COUNTY LITERACY COUNCIL ..... (918) 456-2581
- OKLAHOMA STATE UNIVERSITY EXTENSION OFFICE .....(918) 456-6163  
908 S. College, Tahlequah, OK 74464
- TAHLEQUAH PUBLIC SCHOOLS (GED Testing Site) .....(918) 458-4192  
613 N. Jones, Tahlequah, OK 74464

## **McINTOSH COUNTY**

- McINTOSH COUNTY LITERACY COUNCIL ..... (918) 473-6715
- OKLAHOMA STATE UNIVERSITY EXTENSION OFFICE ..... (918) 689-7772  
P.O. Box 191/First National Center, Eufaula, OK 74432

## **MUSKOGEE COUNTY**

- ADULT EDUCATION (GED Testing Site) ..... (918) 684-3700  
202 W. Broadway, Muskogee, OK 74401
- CONNORS STATE COLLEGE (Muskogee) ..... (918) 687-6747  
Muskogee, OK 74401

# EDUCATION Cont.

## MUSKOGEE COUNTY Continued

- CONNORS STATE COLLEGE (Warner-Main Campus) ..... (918) 463-2931  
Warner, OK 74469
- GOODWILL CAREER CENTER.....(918) 910-9206
- INDIAN CAPITAL VO-TECH SCHOOL ..... (918) 687-6383  
Muskogee, OK 74403
- MUSKOGEE COUNTY LITERACY COUNCIL ..... (918) 682-6657
- NORTHEASTERN STATE UNIVERSITY (Muskogee) ..... (918) 683-0040  
Muskogee, OK 74401
- OKLAHOMA STATE UNIVERSITY EXTENSION OFFICE ..... (918) 686-7200  
1440 S. Cherokee/Fairgrounds, Muskogee, OK 74401

## OKMULGEE COUNTY

- COMMUNITY NUTRITION EDUCATION PROGRAM ..... (918) 758-4140  
1901 N. Oklahoma, Okmulgee, OK 74447
- OKLAHOMA STATE UNIVERSITY EXTENSION OFFICE ..... (918) 756-1958  
1901 N. Oklahoma/Fairgrounds, Okmulgee, OK 74447

## SEQUOYAH COUNTY

- ADULT LEARNING RESOURCE CENTER (GED Testing Site) ..... (918) 775-5544  
701 J.T. Stites Blvd., Sallisaw, OK 74955
- OKLAHOMA STATE UNIVERSITY EXTENSION OFFICE ..... (918) 775-4838  
120 E. Chickasaw, Suite 107, Sallisaw, OK 74955

## WAGONER COUNTY

- LIFE SENIOR SERVICES .....(918) 664-9000
- OKLAHOMA STATE UNIVERSITY EXTENSION OFFICE .....(918) 486-4589

**“Anyone who stops learning is old, whether at twenty or eighty. Anyone who keeps learning stays young.”**

**Henry Ford**

# EMERGENCY/DISASTER

See also Food Pantries, Homeless Shelters, Housing and Utilities

<b>EMERGENCY NUMBERS AT A GLANCE:</b>	
<b>FIRE:</b> _____	
<b>POLICE:</b> _____	
<b>GAS COMPANY:</b> _____	
<b>ELECTRIC COMPANY:</b> _____	
<b>WATER:</b> _____	
<b>Be prepared for any emergency.</b>	
<b>911</b>	<b>988</b>
EMERGENCY	CRISIS/SUICIDE
<b>www.ok.gov/OEM/ for details.</b>	

- 211 CARING ASSISTANCE LINE (Get connected, get answers) ..... 211
- AG LINK (Hotline for rural farmers who are experiencing a crisis) ..... (405) 521-2384
- DISASTER ASSISTANCE ..... *disasterassistance.gov*
- OKLAHOMA LEGAL AID DISASTER RESOURCE CENTER ..... *ladrc.org*
- SERVPRO (Serving Cherokee, McIntosh, and Muskogee counties) ..... (918) 616-1566
- AMERICAN RED CROSS ..... (918) 682-1366

## ADAIR COUNTY

- ADAIR COUNTY COMMUNITY MINISTRIES INC. .... (918) 696-2484  
P.O. Box 206, Stilwell, OK 74960
- NE OK COMMUNITY ACTION AGENCY..... (918) 253-4683  
856 E. Melton Dr./P.O. Box 603, Jay, OK 74346  
*Emergency food and shelter and homeless services.*

## CHEROKEE COUNTY

- HELP IN CRISIS ..... (918) 456-0673  
205 N. College Ave., Tahlequah, OK 74464
- HOTLINE (800) 300-5321

# EMERGENCY/DISASTER Cont.

## CHEROKEE COUNTY Cont.

NE OK COMMUNITY ACTION AGENCY.....(918) 253-4683  
856 E. Melton Dr./P.O. Box 603, Jay, OK 74346  
*Emergency food and shelter and homeless services.*

## MUSKOGEE COUNTY

ADVENTIST COMMUNITY SERVICES ..... (918) 910-5033  
Samaritan Center thrift store, 617 S. Main, Muskogee, OK 74401  
*Clothing and thrift store/10 a.m. - 4 p.m. Tuesday, Wednesday, Thursday*

AMERICAN RED CROSS ..... (918) 682-1366  
566 N. Sixth St., Muskogee, OK 74401

ARK OF FAITH FOUNDATION INC. .... (918) 682-8411  
401 E. Broadway, Muskogee, OK 74403  
*10:00 a.m.—3:30 p.m. Tue., Wed., and Thur. / 8:00 p.m.—11:00 p.m. Fridays*

CATHOLIC CHARITIES ..... (918) 681-6115  
1220 W. Broadway, Muskogee, OK 74401

GOLDEN RULE INDUSTRIES ..... (918) 682-6500  
(Office) 627 Elgin St., Muskogee, OK 74401  
(Store) 2022 W Shawnee St., Muskogee, OK 74401 (918) 683-5505

GOSPEL RESCUE MISSION ..... (918) 682-3489  
323 Callahan St., Muskogee, OK 74401

LAKE AREA UNITED WAY ..... (918) 682-1364  
230 W. Broadway, Suite 200/P.O. Box 1612, Muskogee, OK 74402

MUSCOGEE CREEK NATION EMERGENCY MANAGEMENT.....(918) 732-7911

MUSKOGEE EMERGENCY MANAGEMENT .....(918) 682-2551

SALVATION ARMY (Clothing and household items) ..... (918) 682-3384  
2328 E. Shawnee Rd. (Curt's Mall)/P.O. Box AA, Muskogee, OK 74402

## OKMULGEE COUNTY

MUSCOGEE CREEK NATION HUMAN SERVICES..... (918) 756-8700  
P.O. Box 580, Okmulgee, OK 74447

# EMERGENCY/DISASTER Continued

## SEQUOYAH COUNTY

- CATHOLIC CHARITIES ..... (918) 775-6111  
409 N. Adam St./P.O. Box 1321, Sallisaw, OK 74955  
*Open 10 a.m. to 2 p.m. Tuesdays, Wednesdays, and Thursdays.*
- NE OK COMMUNITY ACTION AGENCY ...(NEOCAA)..... (918) 253-4683  
P.O. Box 603, Jay, OK 74346
- UNITED WAY FORT SMITH AREA ..... (479) 782-1311  
120 N. 13th St., Fort Smith, AR 72901  
*Sequoyah County is included in their coverage area.*
- VIAN PEACE CENTER ..... (918) 773-6374  
208 W. Schley St. / P.O. Box 258, Vian, OK 74962  
*Distribute food from Noon –4:30 PM Tuesdays & 1-5 PM Thursdays*

## WAGONER COUNTY

- ARMS AROUND BROKEN ARROW ..... (918) 258-7714  
840 S Elm Pl., Broken Arrow, OK 74012  
*Bring photo ID and a current bill for proof of residency*
- FIRST BAPTIST CHURCH Wagoner.....(918) 485-2428
- COMMUNITY ACTION RESOURCE AND DEVELOPMENT (CARD) ..... (918) 341-5000  
107 S. Broadway, Coweta, OK 74429
- WAGONER AREA NEIGHBORS ..... (918) 485-2309  
*Evictions and cut-off notices*  
100 N.W. Eighth St., Wagoner, OK 74467
- WAGONER COUNTY HELP IN CRISIS CENTER ..... (918) 485-7003  
901 S.E. 10th St., Wagoner, OK 74467



Download the free Emergency app today. Available in English and Spanish. Search “American Red Cross” in your app store or text “GETEMERGENCY” to 90999. Available in the [APP Store](#) or [Google Play](#).



# EMPLOYMENT

*See also Disabilities (Employment)*

AARP SENIOR EMPLOYMENT PROGRAM .....	(918) 621-4480
4823 S. Sheridan Road, Suite 304, Tulsa, OK 74145	
BRIDGES OUT OF POVERTY..... elwclw@outlook.com .....	(918) 616-6613
EXPERIENCE WORKS (Now with AARP — Joy McGill) .....	(918) 352-5641
GOODWILL CAREER CENTER.....	(918) 910-9206
GOLDEN RULE INDUSTRIES (Thrift Store).....	(918) 682-6500
2022 W. Shawnee, Muskogee, OK 74401	(918) 683-5505
GREEN COUNTRY WORKFORCE .....	(918) 772-0362
INCOR/SWAP (For adults with developmental disabilities) .....	(918) 683-8162
920 N. 43rd St. E./P.O. Box 622, Muskogee, OK 74402	
JOB ACCOMMODATION NETWORK (Disabled employees) .....	(800) 526-7234
US Department of Labor/Office of Disabilities	TTY (877) 781-9403
MUSCOGEE CREEK NATION SOCIAL SERVICES .....	(918) 549-2880
Senior Community Service Employment Program (SCSEP)	
NATIONAL INDIAN COUNCIL ON AGING .....	(405) 254-3642
3000 United Founders Blvd., Oklahoma City, OK 73112	
Tonya Harjo <i>tharjo@nicoa.org</i>	
<i>Do not need to be tribal citizen.</i>	
<i>Program open to anyone age 55 or older who are within 125 %</i>	
<i>of the poverty guidelines, a resident of Oklahoma, and unemployed.</i>	
OKLAHOMA WORKS! <i>okjobmatch.com</i>	
219 W. Oak, Stilwell, OK 74960 .....	(918) 696-6608
1295 Skill Center Road, Tahlequah, OK 74464 .....	(918) 456-8846
717 S. 32nd St., Muskogee, OK 74401 .....	(918) 682-3364
1801 E. Fourth St., Okmulgee, OK 74447 .....	(918) 756-5791
401 W. Houser, Sallisaw, OK 74955 .....	(918) 775-5541
PROGRESSIVE INDEPENDENCE .....	(800) 801-3203
PUBLIC STRATEGIES .....	(918) 685-0039
Eufaula, OK <i>Haskell, McIntosh, Muskogee, Okmulgee, and Pittsburgh Counties.</i>	

## EMPLOYMENT Cont.

### SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP)

Oklahoma City.....(405) 879-3899  
McAlister.....(918) 302-1068

### WORK READY OKLAHOMA

Eufaula.....(918) 201-2705  
Muskogee.....(405) 212-8474  
Okmulgee.....(539) 286-6136  
Tahlequah.....(918) 931-3022



## FARMERS MARKETS

*Please see local listings for current dates and locations or visit  
[www.farmersmarketonline.com/fm/Oklahoma.htm](http://www.farmersmarketonline.com/fm/Oklahoma.htm)*

MUSKOGEE COUNTY HEALTH DEPARTMENT .....(918) 683-0321  
*oklac.org/signup or okgrown.com*

## FINANCIAL GUIDANCE

*See also Consumer Help and Taxes.*

*Community Actions may provide financial planning and tax assistance based on income.*

### ADAIR AND CHEROKEE COUNTIES

NORTHEAST OKLAHOMA COMMUNITY ACTION AGENCY..... (918) 253-4683  
P.O. Box 603, Jay, OK 74346

### McINTOSH AND OKMULGEE COUNTIES

DEEP FORK COMMUNITY ACTION ..... (918) 756-2826  
223 W. Sixth St./P.O. Box 670, Okmulgee, OK 74447

OSU IT Budgeting Classes.....(918) 293-4678

### MUSKOGEE COUNTY

KI BOIS COMMUNITY ACTION FOUNDATION ..... (918) 684-7258  
315 N. 15th, Muskogee, OK 74401 FAX (918) 684-4324

MUSKOGEE BRIDGES OUT OF POVERTY ..... (918) 683-4600  
1503 W. Broadway, Muskogee, OK 74401 (918) 840-5331

# FINANCIAL GUIDANCE Cont.

## MUSKOGEE COUNTY Continued

MUSKOGEE PUBLIC LIBRARY (Tax prep assistance through AARP) . (918) 682-6657  
801 W. Okmulgee Ave., Muskogee, OK 74401  
*Call for scheduled times.*

VOLUNTEERS OF AMERICA, OKLAHOMA ..... (918) 683-1590  
3536 Chandler Road, Muskogee, OK 74403  
JoAnn Huff

## SEQUOYAH COUNTY

KI BOIS COMMUNITY ACTION FOUNDATION ..... (918) 776-0848  
1206 W. Roland, Sallisaw, OK 74955 (800) 299-4479

## WAGONER COUNTY

CARRIAGE CROSSING....Volunteers of America.....(918) 486-4460  
Household billing assistance  
COMMUNITY ACTION RESOURCE AND DEVELOPMENT (CARD) ..... (918) 486-2471  
217 S. Broadway, Coweta, OK 74429

**Contact (800) 829-1040 from February through April 15th to find the nearest Tax Counseling for the Elderly program.**

## REVERSE MORTGAGE ASSISTANCE

*AARP OR YOUR PERSONAL FINANCIAL ADVISOR CAN ADVISE YOU ON THE ADVANTAGES AND DISADVANTAGES OF REVERSE MORTGAGES.....Also see Consumer Help*

## FITNESS

OKLAHOMA HEALTHY AGING INITIATIVE *ohai.org* ..... (918) 779-7367

## ADAIR COUNTY

WALTON LIFETIME HEALTH COMPLEX "SILVER SNEAKERS" ..... (479) 524-7311  
2000 W. University St., Siloam Springs, AR 72761

# FITNESS Cont.

## CHEROKEE COUNTY

- AREOFIT HEALTH CLUB “SILVER SNEAKERS” ..... (918) 431-9900  
1426 Basin Ave., Tahlequah, OK 74464
- OKIE FLOW FITNESS “LONGEVITY COURSE” .....(918) 401-0187  
2091 W. Choctaw St., Tahlequah, OK 74464
- TAHLEQUAH FITNESS “SILVER SNEAKERS”..... (918) 772-5007  
10 Plaza South St., Tahlequah, OK 74464

## MCINTOSH COUNTY

- LAKE COUNTRY FITNESS “SILVER SNEAKERS”..... (918) 689-9789  
640 Alexander Dr. Suite 105, Eufaula, OK 74432  
Online Classes—[tools.silversneakers.com/search/onlineclasses](https://tools.silversneakers.com/search/onlineclasses)

## MUSKOGEE COUNTY

- CHAMPION FITNESS “SILVER SNEAKERS” ..... (918) 686-7539  
2250 E. Shawnee Bypass, Muskogee, OK 74403
- FIT HAPPENS 55+ SENIOR DISCOUNT..... (918) 912-2211  
3300 Chandler Rd. #104, Muskogee, OK 74403
- CHAMPION FITNESS “SILVER SNEAKERS” ..... (918) 686-7539  
2250 E. Shawnee Bypass, Muskogee, OK 74403
- LEGENDARY FITNESS “55 + SENIOR DISCOUNT”.....(918) 203-3788  
1121 E Poplar St., Ft Gibson, OK 74434
- MUSKOGEE SWIM AND FITNESS CENTER ..... (918) 684-6304  
“SILVER SNEAKER” & “MUSKOGEE SENIOR GAMES”  
566 N. Sixth St., Muskogee, OK 74401
- PLANET FITNESS “55+ SENIOR DISCOUNT” .....(918) 238-2950  
2412 E Shawnee Rd., Muskogee, OK 74403
- STRICTLY FITNESS “SENIOR DISCOUNT”.....(918) 683-2639  
316 Eastside Blvd., Muskogee, OK 74403

## OKMULGEE COUNTY

- OKMULGEE COUNTY YMCA “SILVER SNEAKERS” ..... (918) 756-6677  
106 W. 13th St., Okmulgee, OK 74447

## FITNESS Cont.

### SEQUOYAH COUNTY

HEALTH AND WELLNESS CENTER ..... (918) 790-2653  
1630 S. Kerr Blvd., Sallisaw, OK 74955

### WAGONER COUNTY

ACCESS FITNESS ..... (918) 485-0637  
307 Blake Drive, Wagoner, OK 74467  
WAGONER FITNESS CENTER 65+ Discount .....(918) 485-0634  
1310 SW. 3RD ST., Wagoner, OK 74467

***Silver Sneakers™**: Health plans around the country offer this award-winning program to people who are eligible for Medicare or to group retirees. The program provides a fitness center membership to any participating location across the country.*

### **Advantages of an Active Lifestyle**

\*feel better      \*sleep better      \*reduce stress      \*more energy  
\*lose weight      \*control blood sugars      \*improve concentration  
\*lower cholesterol      \*strengthen bones, heart and other muscles

## FOOD PANTRIES/RESOURCES

*See also Emergency/Disaster and Nutrition Centers*

OKLAHOMA GROCERY NETWORK - visit [facebook.com/groups/275252230127716/?ref=share](https://www.facebook.com/groups/275252230127716/?ref=share)  
FOOD BANK OF EASTERN OKLAHOMA .....(918) 585-2800

### ADAIR COUNTY

CHEROKEE NATION FOOD DISTRIBUTION CENTER ..... (918) 696-5171  
470512 E. 868 Rd., Stilwell, OK 74960 (800) 865-4462  
*Monday—Friday 8:00 a.m. to 4:00 p.m.*  
*cherokeenation.org for an online calendar*  
HOPE CENTER FOOD PANTRY ..... (918) 723-4673  
829 W. Elm St./ P.O. Box 308 Westville, OK 74965  
*9 a.m. to 2 p.m. Tuesdays*

# FOOD PANTRIES Cont.

## ADAIR COUNTY Cont.

STILWELL FOOD PANTRY/ADAIR COUNTY RESOURCE CENTER .... (918) 696-4470

110 S. Second St., Stilwell, OK 74960

*8:30 a.m.-11:30 a.m. first and third Thursdays      Serving Stilwell and Bunch*

## CHEROKEE COUNTY

CARE FOOD PANTRY ..... (918) 458-5338

220 N. Muskogee, Tahlequah, OK 74464

CHEROKEE NATION FOOD DISTRIBUTION CENTER .....(800) 865-4462

17675 S. Muskogee Ave., Tahlequah, OK 74464                      (918) 207-3920

*Times vary; call for time and location.*

FEED MY SHEEP ..... (918) 456-6141

First United Methodist Church activities building,

301 W. Delaware St., Tahlequah, OK 74464

*Meals provided from 5-6 p.m. Thursdays. Guests use south entrance.*

ZOE INSTITUTE ..... (918) 453-9778

1009 S. Muskogee Ave., Tahlequah, OK 74464

## McINTOSH COUNTY

FRIENDSHIP KITCHEN ..... (918) 689-2109

Eufaula; *weekly soup kitchen for the community.*

FIRST UNITED METHODIST CHURCH.....(918) 473-5714

419 W Gentry Ave., Checotah, OK 74426

*(Tuesday, Wednesday, and Thursday 10:30—Noon)*

GOD'S HELPING HANDS ..... (918) 689-1800

*Clothes closet, food pantry, and emergency prescriptions.*

UNDER ONE ROOF.....(918) 689-7505

*Small pantry and clothing items .*

## MUSKOGEE COUNTY

ADVENTIST COMMUNITY SERVICES ..... (918) 577-6288

Joseph's Storehouse, 615 S. Main, Muskogee, OK 74401

*Mondays 10 a.m. to 1 p.m.*

# FOOD RESOURCES Cont.

## MUSKOGEE COUNTY Continued

- EASTERN HEIGHTS BAPTIST CHURCH ..... (918) 682-5556  
2401 Haskell Blvd., Muskogee, OK — *food and clothing*  
*11 a.m. to 2 p.m. Saturdays or by appointment weekdays*
- FIRST ASSEMBLY OF GOD ..... (918) 682-9000  
3100 Gulick St., Muskogee, OK  
*9:00 a.m. to 12:00 p.m. Mon, Tues, Thurs; 1-4 p.m. Wednesdays and Fridays.*  
*limit once every two weeks*
- FIRST BAPTIST CHURCH ..... (918) 351-8771  
Community First Center, corner of Eighth and Boston, Muskogee, OK  
*Tuesdays 10:00 a.m. to 12:00 p.m. and Summer 6:00 p.m. to 8 p.m.*
- FAITH LOVE BAPTIST CHURCH ..... (918) 616-3568  
1208 Tamaroa, Muskogee, OK  
*4:00 p.m. to 5:30 p.m. Wednesdays; noon-1 p.m. Sundays;*  
*limit one visit every other month (DHS referral required)*
- FIRST FREE WILL BAPTIST CHURCH ..... (918) 478-4767  
1487 E. Poplar, Fort Gibson, OK 74434  
*Food pantry available by appointment*
- FIRST UNITED METHODIST CHURCH ..... (918) 478-3811  
302 Beauregard St., Fort Gibson, OK 74434  
*Outdoor food pantry*
- GOSPEL RESCUE MISSION .....(918) 682-3489  
Sack lunch available daily 12:00 to 12:30 p.m. 322 Callahan St., Muskogee, OK
- LITTLE FREE PANTRY ON PEAK ...112 Peak Blvd., Muskogee... contact on Facebook
- MUSKOGEE CATHOLIC CHARITIES ..... (918) 681-6115  
1220 W. Broadway, Muskogee, OK 74401  
*9 a.m. to 12:00 p.m. Mondays and Fridays Limit one visit per month.*

# FOOD RESOURCES Cont.

## MUSKOGEE COUNTY Cont....

- MUSKOGEE COMMUNITY FOOD PANTRY ..... (918) 233-3368  
601 E. Broadway, Muskogee, OK (918) 869-2189  
*1-3 p.m. Mon, Tues, Wed ;1-3 p.m. & 4-6 p.m. Thursdays except federal holidays*  
*Limit one visit every other month, up to six times per year*
- PORUM LANDING FIRE STATION ..... (918) 484-5286  
P.O. Box 24, Porum, OK 74455
- PRESBYTERIAN CHURCH ..... (918) 682-8683  
2000 Haskell Blvd., Muskogee, OK 74403 (*Blessing Box is located on west side of the church*)
- SALVATION ARMY ..... (918) 682-3384  
700 Independence Ave., Muskogee, OK 74403  
*10 a.m. to 4 p.m. Mon, Tues, Thurs, Closed 12 to 1 p.m. lunch (limit one visit per month.)*
- WARNER COMMUNITY FOOD PANTRY .....(918) 680-1466

## OKMULGEE COUNTY

- JUBILEE CHRISTIAN CENTER, OKMULGEE.....(918) 756-5338  
*open 11:00 a.m. to 1:00 p.m. every Wednesday*
- MUSCOGEE-CREEK NATION FOOD DISTRIBUTION ..... (918) 549-2401  
3001 N. Wood Drive/P.O. Box 580, Okmulgee, OK 74447 (800) 482-1979

## SEQUOYAH COUNTY

- CHEROKEE NATION FOOD DISTRIBUTION ..... (918) 775-1220  
3400 W. Cherokee St., Sallisaw, OK 74955 *Call for times and locations.*
- CATHOLIC CHARITIES ..... (918) 775-6111  
409 N. Adams St., Sallisaw, OK 74955
- MARBLE CITY COMMUNITY PANTRY .....(918) 487-5255
- THE SHED .....(405) 313-5092
- UNITED FAITH CHURCH.....(918) 774-0670
- UNITED WAY FORT SMITH AREA ..... (479) 782-1311  
120 N. 13th St., Fort Smith, AR 72901
- VIAN PEACE CENTER ..... (918) 773-6374  
208 W. Schley St. / P.O. Box 258, Vian, OK 74962  
*Distribute food from 1-5 p.m. Fridays or by appointment other times.*

# FOOD RESOURCES Cont.

## WAGONER COUNTY

- ABUNDANT RAIN CHURCH ..... (918) 210-5320  
12425 S. 273rd St., Coweta, OK 74429  
*9 a.m. to 12:00 p.m. Tuesdays and second Saturday each month.*
- ARMS AROUND BROKEN ARROW ..... (918) 258-7714  
700 W. Fort Worth St., Broken Arrow, OK 74012 (take photo ID and current bill)
- CHURCH OF ST. BENEDICT ..... (918) 455-4451  
2200 W. Ithica St., Broken Arrow, OK 74012
- FIRST BAPTIST OF OKAY.....(918) 683-3889
- KINGDOM LIFE CHURCH.....(918) 483-3111  
130 N Main St., Porter, OK
- ST. ANNE CATHOLIC CHURCH ..... (918) 251-4000  
301 S. Ninth St., Broken Arrow, OK 74012
- WAGONER AREA NEIGHBORS ..... (918) 485-2309  
100 N.W. Eighth St., Wagoner, OK 74467
- WAGONER COMMUNITY OUTREACH ..... (918) 485-6830  
700 S.W. 13th St., Wagoner, OK 74467

# HEALTH / MEDICAL

## FRAUD/COMPLAINTS

- AMERICAN HEALTH ASSISTANCE FOUNDATION ..... (800) 437-2423
- CENTRAL STATES RESEARCH .....(918) 645-5400
- CONSUMER FINANCIAL PROTECTION BUREAU(CFPB).....(855) 411-2372
- HEALTH CARE FRAUD REPORTING ..... (800) 447-8477
- INSURANCE DEPARTMENT INFORMATION FOR OKLAHOMA ..... (800) 522-0071
- MEDICARE HOSPITAL COMPLAINTS ..... (800) 522-3414
- MEDICARE QUALITY OF CARE CONCERNS ..... (800) 725-8315
- MEDICARE/MEDICAID FRAUD AND ABUSE ..... (888) 967-9100
- SMP (Senior Medicare Patrol) .....(800) 211-2116  
*EODD Area Agency on Aging (918) 682-7891*
- OKLAHOMA STATE DEPARTMENT OF HEALTH COMPLAINTS ..... (405) 926-8470

# HEALTH/MEDICAL

## HOSPITALS/CLINICS/HEALTH DEPARTMENTS Cont.

### ADAIR COUNTY

ADAIR COUNTY HEALTH DEPARTMENT ..... (918) 696-7292  
600 W. Hickory St., Stilwell, OK 74960

### CHEROKEE NATION

NEOHEALTH WESTVILLE FAMILY MEDICAL CENTER ..... (918) 723-3997  
1779 Buffington Rd, Westville, OK 74965  
*Fees based on a sliding scale*

WILMA MANKILLER INDIAN CLINIC ..... (918) 696-8800  
471688 Oklahoma 51, Stilwell, OK 74960

### CHEROKEE COUNTY

CHEROKEE COUNTY HEALTH DEPARTMENT ..... (918) 456-8826  
912 S. College Ave., Tahlequah, OK 74464

CHEROKEE ELDER CARE/PACE PROGRAM ..... (918) 453-5554  
*Individuals do not have to be Native American to qualify.*

1387 W. Fourth St., Tahlequah, OK 74464

HULBERT HEALTH CLINIC .....(918) 772-2879  
124 E. Main, Hulbert, OK 74441 *Fees based on a sliding scale.*

TAHLEQUAH CITY HOSPITAL ..... (918) 456-0641  
1400 E. Downing, Tahlequah, OK 74464

TAHLEQUAH HEALTH CENTER ..... (918) 431-0202  
1500 E. Downing, Suite 214, Tahlequah, OK 74464

W.W. HASTINGS INDIAN HOSPITAL ..... (918) 458-3100  
100 S. Bliss, Tahlequah, OK 74464

### McINTOSH COUNTY

EPIC MEDICAL CENTER ..... (918) 689-2535  
1 Hospital Drive (off Highway 69)/P.O. Box 629, Eufaula, OK 74432

EUFAULA INDIAN HEALTH CENTER ..... (918) 689-2547  
800 Forest, Eufaula, OK 74432

201 N. 32nd St., Muskogee, OK 74401 ..... (918) 912-2333

# HEALTH/MEDICAL Cont.

## HOSPITALS/CLINICS/HEALTH DEPARTMENTS Cont.

### MCINTOSH COUNTY, Cont.

HEALTH & WELLNESS CENTER ..... (800) 640-9741

*Serving sites in McIntosh, Muskogee, and Sequoyah counties*

McINTOSH COUNTY HEALTH DEPARTMENT ..... (918) 689-7774

29 Hospital Road/P.O. Box 71, Eufaula, OK 74432

### MUSKOGEE COUNTY

ARKANSAS VERDIGRIS VALLEY HEALTH CENTER ..... (877) 480-0111

619 N. Main St., Building D, Muskogee, OK 74401 ..... (918) 682-0222

GOOD SHEPHERD HEALTH CLINIC .....(918) 683-8080

2130 W. Okmulgee, Muskogee, OK 74401

*Free clinic; call 1-4 p.m. Thursdays for appointments from 6-9 p.m.*

CORNERSTONE SPECIALTY HOSPITAL OF MUSKOGEE .....(918) 682-6161

351 S. 40th St., Muskogee, OK 74401

HEALTH & WELLNESS CENTER ..... (800) 640-9741

*Serving sites in McIntosh, Muskogee, and Sequoyah counties*

MUSKOGEE HEALTH CENTER ..... (918) 682-0222

619 N. Main St., Building D, Muskogee, OK 74401

*Sliding scale fees; Se habla Espanol; hours*

*7 a.m. to 4 p.m. Mondays, Wednesdays, and Thursdays*

*8 a.m. to 5 p.m. Fridays*

ST. FRANCIS HOSPITAL MUSKOGEE ..... (918) 682-5501

300 Rockefeller Drive, Muskogee, OK 74401

ST. FRANCIS HOSPITAL MUSKOGEE EAST ..... (918) 687-7777

2900 N. Main, Muskogee, OK 74401

THREE RIVERS HEALTH CENTER (CHEROKEE NATION) ..... (918) 781-6500

1001 S. 41st St., Muskogee, OK 74403

VA MEDICAL CENTER-JACK C. MONTGOMERY ..... (918) 577-3000

1011 Honor Heights Drive, Muskogee, OK 74401

### OKMULGEE COUNTY

MUSKOGEE CREEK NATION PHYSICAL REHAB CENTER..... (918) 756-4233

1401 Morris Drive/P.O. Box 610, Okmulgee, OK 74447

# HEALTH/MEDICAL Cont.

## HOSPITALS/CLINICS/HEALTH DEPARTMENTS Cont.

### OKMULGEE COUNTY Cont.

- EAST CENTRAL OKLAHOMA FAMILY HEALTH CENTER .....(405) 452-5400  
109 S Main, Wetumka, OK 74883
- HENRYETTA MEDICAL CENTER ..... (918) 652-4463  
121 South 5th St. / P.O. Box 1269, Henryetta, OK 74437
- HOPE INPATIENT CRISIS BEHAVIORAL HEALTH .....(918) 758-5515
- MEDRITE HEALTH LLC..... (918) 697-3798  
109 W. Sixth St., Okmulgee, OK 74447 (918) 756-3114  
*Free health clinic; third Wednesdays 1-4 p.m.*
- MUSCOGEE CREEK NATION COMMUNITY HOSPITAL..... (918) 623-1424  
309 N. 14th St., Okemah, OK 74859 (800) 219-9458
- OKMULGEE COUNTY HEALTH DEPARTMENT ..... (918) 756-1883  
1304 R. D. Miller Road, Okmulgee, OK 74447
- OKMULGEE INDIAN HEALTH CENTER ..... (918) 758-1926  
1313 E. 20th St., Okmulgee, OK 74447

### SEQUOYAH COUNTY

- HEALTH & WELLNESS CENTER ..... (800) 640-9741  
*Serving sites in McIntosh, Muskogee, and Sequoyah counties.*
- REDBIRD SMITH MEDICAL CENTER (CHEROKEE NATION) ..... (918) 775-9150  
301 S. J. T. Stites Blvd., Sallisaw, OK 74955
- SEQUOYAH COUNTY HEALTH DEPARTMENT ..... (918) 775-6201  
612 N. Oak, Sallisaw, OK 74955
- NORTHEASTERN HEALTH SYSTEM OF SEQUOYAH..... (918) 774-1100  
213 E. Redwood Ave., Sallisaw, OK 74955

### WAGONER COUNTY

- ARKANSAS VERDIGRIS VALLEY HEALTH CENTER ..... (877) 480-0111  
505 S. Main St., Porter, OK 74454 ..... (918) 483-0111  
607 S. Broadway, Coweta, OK 74429 ..... (918) 486-5564  
201 N. 32nd St., Muskogee, OK 74401.....(918) 912-2333

# HEALTH/MEDICAL Cont.

## HOSPITAL/CLINICS/HEALTH DEPT, cont.

### WAGONER COUNTY

- ARMS AROUND BROKEN ARROW ..... (918) 258-7714  
840 S Elm Pl., Broken Arrow, OK 74012
- KOWETA INDIAN HEALTH FACILITY (KIHF-CREEK NATION) ..... (918) 279-3200  
31870 E. Highway 51, Coweta, OK 74429
- WAGONER COMMUNITY HOSPITAL ..... (918) 485-5514  
1200 W. Cherokee St., Wagoner, OK 74467
- WAGONER COUNTY HEALTH DEPARTMENT ..... (918) 485-3022  
212 N. Pierce Ave., Wagoner, OK 74467

## HEALTH PROMOTION

- ADAIR COUNTY COMMUNITY HEALTH COALITION.....(918) 316-7990
- CENTERS FOR DISEASE CONTROL & PREVENTION.....*see Health Departments/Centers*
- OKLAHOMA HEALTHY AGING INITIATIVE (OHAI)..... (918) 779-7367  
Tulsa, OK *Serving all of Northeast Oklahoma* (888) 616-8161
- OKLAHOMA HEALTHY BRAIN INSTITUTE(OHBI).....(405) 426-8947
- AARP PHARMACY SERVICE (United Healthcare)..... (800) 777-7686  
Fort Worth, TX 76117  
*Mail order pharmacy for seniors for prescription drugs by mail.*
- ASSISTANCE FUND ..... (855) 845-3663  
4700 Millenia Blvd., Suite 410, Orlando, FL 32839  
*tafcares.org Helps with co-pays on medications nationwide.*

## PRESCRIPTION DRUG SERVICES

See under Prescription Drug Service



## REHAB SERVICES

- 40:31 Rehab & Wellness.....(918) 310-2212  
251 W. 70th St. S, Muskogee, OK 74401 (580) 982-8316
- HEALTH PRO HERITAGE..... (918) 684-9041  
1437 S. Boulder Ave., Tulsa, OK 74120
- MUSCOGEE CREEK NATION PHYSICAL REHABILITATION CENTER ..... (918) 756-9211  
900 E. Airport Road/P.O. Box 1118, Okmulgee, OK 74447
- QUAIL RIDGE REHAB AND LIVING CENTER ..... (918) 422-5138  
564 State Line Road, Colcord, OK 74338
- ST. FRANCIS HEALTH SYSTEM .....(918) 682-5501

## HEARING SERVICES

*See also Disabilities*

- HEARING AID HOTLINE ..... (800) 521-5247
- MIRACLE EAR ..... (918) 683-1234  
1601 W. Muskogee Ave., Muskogee, OK 74401

*See also Disabilities*

- NATIONAL ASSOCIATION FOR HEARING AND SPEECH ACTION ..... (800) 638-8255
- NATIONAL ASSOCIATION OF THE DEAF ..... (301) 587-1788  
TTY (301) 587-1789
- OKLAHOMA ASSOCIATION OF DEAF PERSONS ..... (918) 894-5270
- SENIOR CITIZENS HEARING AID PROGRAM ..... (866) 309-1717
- SERTOMA HEARING AID RECYCLING PROGRAM (SHARP) ..... (816) 333-8300  
Also (888) 311-3523 or (918) 832-8742
- TOTAL SOURCE FOR HEARING LOSS AND ACCESS ..... (918) 832-8742  
Tulsa, OK (Interpreter Services) (888) 311-3523
- VOCATIONAL REHABILITATION (STATE AGENCY) ..... (918) 836-5556  
Tulsa, OK (800) 845-8476
- WARD HEARING ..... (918) 426-4742  
231 E. Chickasaw, McAlester, OK 74501

Physical therapy and rehabilitation services

Ext. 2420

# MY HOME HEALTH CARE INFORMATION:

**Do you have a MEDICARE.GOV account? Sign up today where you can check your Medicare Summary Notices (MSNs), Explanations of Benefit (EOBs), look at claims to help fight Medicare Fraud, update your contact information, print a new Medicare card, etc. For the Medicare Assistance Program, contact EODD Area Agency on Aging at (918) 682-7891.**

Serving Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah, and Wagoner Counties



## HOME HEALTH

*Only home health agencies that are Medicare certified are listed in this section.*

- HOME HEALTH CARE COMPLAINTS ..... (800) 234-7258
- ALLIED HOME HEALTH INC. .... (918) 485-2084  
*alliedhh.com* ..... (800) 777-2084
- ALLCARE HEALTH SYSTEMS ..... (918) 662-5242  
*allcarehealthsystems.com*
- AMEDISYS HOME HEALTH SERVICES ..... (918) 294-3902  
*amedisys.com*      *Creek, Muskogee, and Okmulgee Counties.*  
*Skilled nursing, physical, occupational and speech therapy,*  
*home health aides, and medical social services.*
- ANGELS CARE HOME HEALTH ..... (918) 681-4303  
*Nursing care, physical therapy and occupational therapy, speech,*  
*medical, social services, and home health aides.*

# HOME HEALTH Cont.

- CARTER HEALTH CARE ([carterhealthcare.net](http://carterhealthcare.net))..... (918) 683-1855
- CHEROKEE ELDER CARE/PACE ..... (918) 453-5554  
*Physical, occupational and speech therapy; home health services;  
 Social services; medical equipment; primary medical and nursing care  
 For seniors age 55 and older; do not need to be tribal members  
 Services available free with Medicare Parts A and B and Medicaid.*
- CHEROKEE NATION HOME HEALTH ..... (918) 458-6102  
 1630 N. Cedar, Tahlequah, OK 74464 (888) 281-6910
- COHESIVE HEALTH CARE.....(918) 503-6299  
 311 E. Ray Fine Blvd., Suite 1, Roland, OK 74954
- COMMUNITY HOME HEALTH ..... (800) 449-2592  
*Skilled nursing, physical, occupational and speech therapy;  
 Home health aides and specialized wound and diabetic care*
- COMPASSION HOME CARE INC. .... (877) 418-2821  
 901 E. Main St., Unit D, Stigler, OK 74462  
 19409 U.S. 271, Spiro, OK 74959  
*Serving McIntosh, Muskogee, and Sequoyah counties and farther south.*
- COMPLETE HOSPICE CARE ..... (918) 681-4988  
 Muskogee, Broken Bow, Oklahoma City, and Tulsa.
- CORNERSTONE AT HOME CARE ([cornerstoneathomecare.com](http://cornerstoneathomecare.com)) ..... (918) 708-9408  
 1409 S. Muskogee Ave., Suite 2, Tahlequah, OK 74465 (877) 453-7329
- ENHABIT HOME HEALTH ..... (918) 682-6202
- ENTRUSTED HEARTS BY BAPTIST VILLAGE ..... (888) 272-5339  
*Nursing, therapy, respite, companionship, and assistance with daily living.*
- ELARA CARING..... (918) 775-1815
- EVERGREEN HOSPICE AND HOME HEALTH ..... (918) 250-5555
- HOMEHEALTH CARE OF OKLAHOMA ..... (800) 899-9172  
[homehealthcareofoklahoma.net](http://homehealthcareofoklahoma.net)
- HOUSECALLS HOME HEALTH SERVICES INC. .... (800) 475-5901  
[allcarehealthsystem.com](http://allcarehealthsystem.com)

# HOME HEALTH Cont.

MAYS HOME HEALTH .....	(918) 776-9400
MAYS HOME CARE. ....	(918) 437-1271
Okmulgee	(866) 560-7587 or (918) 752-0291
MED-CORP PLUS INC. ....	(918) 687-8033
<i>medcorphh.com</i>	(918) 686-6842
MUSCOGEE CREEK NATION HOME HEALTH .....	(918) 758-0086
1401 Morris Drive, Okmulgee, OK 74447	
<i>Do not need to be tribal members to qualify</i>	
OKLAHOMA HEALTHCARE SOLUTIONS .....	(866) 881-3800
<i>oklahomahealthcaresolutions.com</i>	
NE HEALTH SYSTEMS SEQUO.....	(918) 774-1152
PETERS AGENCY HOME HEALTH LLC .....	(866) 577-1842
<i>petersagency.com</i>	
QUAIL RIDGE REHAB AND LIVING SERVICES .....	(918) 422-5138
SOONER HOME HEALTH CARE .....	(877) 686-5242
SOUTHWEST HOME HEALTH CARE .....	(918) 775-7975
ST. FRANCIS HOME HEALTH SERVICES ( <i>saintfrancis.com</i> ).....	(918) 488-6888
TEAM SELECT HOME CARE .....	(918) 828-7700
TRADITIONS HOME CARE INC. ( <i>traditionshomecare.net</i> ).....	(866) 867-9893
TRADITIONS HOME CARE (Okmulgee County) .....	(918) 773-2062

**Be suspicious if a health-care provider tells you,  
“The more tests we run, the cheaper they are.”**

**Questions to ask your doctor on your next visit:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

# HOME REPAIRS

*See Housing and Utilities/Weatherization*

ADAIR COUNTY RURAL FIREFIGHTERS ASSOCIATION ..... (918) 797-0421

Contact Russell Yell; willing to help seniors in need when possible.

AMRAMP ( amramp.com) ..... (888) 715-7597

*wheelchair ramps, stair lifts, grab bars, safety railings ,and more.*

HOME MODS Eldercare Locator.....(800) 677-1116

MASONIC GRANT .....EODD AAA.....(918) 682-7891

MEN’S UNITED METHODIST CHURCH (Wagoner) ..... (918) 485-3059

OKLAHOMA ABLE-TECH (wheelchair ramps) ..... (405) 523-4807

Contact Melisa Cranfield at [mecranf@okstate.edu](mailto:mecranf@okstate.edu)

OSU HEALTH ACCESS ..... (918) 561-8579

PRESBYTERIAN CHURCH (Muskogee) ..... (918) 348-0147

*Will help with wheelchair ramps. Contact Jim Webb*

SERVPRO (Serving Cherokee, McIntosh, and Muskogee Counties). (918) 913-4490

STRENGTHEN OKLAHOMA HOMES PROGRAM

*oid.ok.gov/getready6\_2024/ House Bill 3089*

THE BOD CHURCH (Sequoyah) ..... (918) 774-2803

*Will help seniors with ramps or other home projects..*

Contact Chris Thomas

USDA RURAL HOUSING SERVICES ..... (918) 682-8831

*Low- or no-interest loans (Grants for 62+ low income)*

UNDER 1 ROOF (McIntosh) .....(918) 689-7505

VETERANS ADMINISTRATION ..... (918) 577-3057

*Must be actively receiving VA services for ramp assistance.*

Contact Necole Travis

ONLINE RESOURCES

[homemods.org](http://homemods.org)

[lifetimehome.org](http://lifetimehome.org)

[homemods.org/acl/hmin/](http://homemods.org/acl/hmin/)

[gero.usc.edu](http://gero.usc.edu)

## TIPS ON HOME IMPROVEMENTS

### ***BE CAUTIOUS IF CONTRACTORS:***

- **Sell door to door** • **Push you to borrow from their lender**
- **Accept only cash or want you to pay for the entire job up front**
- **Say they are doing work “up the street”** • **Talk fast to confuse you**
- **Claim to have leftover materials from another job**

## HOMELESS SHELTERS

*See also Emergency/Disaster and Housing*

ELDERCARE.ACL.GOV .....	(800) 677-1116
EMERGENCY HOUSING VOUCHERS .....	hud.gov/ehv
GOSPEL RESCUE MISSION .....	(918) 682-3489
323 Callahan St., Muskogee, OK 74401 (Work/ Stay Program)	
HOPE HOUSE OF MCALESTER INC. ....	(918)423-4673
OKLAHOMA HOMELESS RESOURCES ...	<a href="https://okhomeless.com/oklahoma-homeless-guide">https://okhomeless.com/oklahoma-homeless-guide</a>
OKMULGEE COUNTY HOMELESS SHELTER .....	(918) 819-2377
214 N. Morton, Okmulgee, OK 74447	
NORTHEAST OKLAHOMA CONTINUUM OF CARE.....	(918) 253-4683
Coalition of shelters, social service agencies, public officials, and citizens assisting the homeless.	
PROJECT OSIYO .....	(918) 453-2520
118 W. Keetoowah, Tahlequah, OK 74464	
<i>Men’s Shelter</i>	
REINCARNATION COTTAGES (Transitional Living).....	(888) 233-4280
Work/Stay Program	
VETERANS	
KIBOIS SSVF.....	(918) 681-7525
THE BARRACKS.....	(918) 687-5480

# HOSPICE SERVICES

ACCENTRA HOME HEALTH & HOSPICE.....	(918) 652-3919
114 s 4TH ST., Henryetta, OK 74437	
ALLCARE HEALTH SYSTEMS .....	(918) 683-5900
<i>allcarehealthsystems.com</i>	
ANGELIC HOSPICE ( <i>mybrotherskpr.com</i> ) .....	(918) 758-3001
CARTER HOSPICE ( <i>See Carter Health Care in Home Health</i> )	
CHEROKEE NATION HOME HEALTH HOSPICE OUTREACH .....	(918) 458-6102
1630 N. Cedar Ave., Tahlequah, OK 74464	(888) 281-6910
CLAREHOUSE .....	(918) 893-6150
7617 S. Mingo Road, Tulsa, OK 74133	
COMPASSUS ( <i>compassus.com</i> ) .....	(918) 683-1582
<i>Hospice, palliative, and in-home health care.</i>	
COMPLETE HOSPICE CARE .....	(918) 681-4988
CORNERSTONE HEALTH CARE RESOURCES .....	(918) 708-1030
1409 S. Muskogee Ave., Tahlequah, OK 74464	
ELARA CARING.....	(918) 683-9400
EMERALD FIRST CHOICE HOSPICE.....	(918) 485-0079
120 S Yorkshire Blvd., Wagoner, OK 74467	(888) 225-9876
ENHABIT HEALTH HOSPICE .....	(918) 893-1467
1913 W. Tacoma, Suite E, Broken Arrow, OK 74012	
<i>Covers Muskogee, Okmulgee, and Wagoner counties</i>	
EVERGREEN HOSPICE AND HOME HEALTH .....	(918) 250-5555
FAMILY CARE HOSPICE .....	(800) 901-2686
GOOD SHEPHERD HOSPICE .....	MUSKOGEE.....HENRYETTA
<i>goodshepherdhospices.com</i>	(918) 682-3800 (918) 268-5001
HOMETOWN HOSPICE ( <i>hometownhospice.com</i> ) .....	(918) 681-4440
2307 S. York St., Muskogee, OK 74403	
HOSPICE OF THE CHEROKEE .....	(918) 458-5080
1630 N. Cedar, Tahlequah, OK 74464	(877) 792-7372



# HOUSING

- METROPOLITAN FAIR HOUSING COUNCIL OF OKLA.....[metrofairhousing.org/your-rights/](http://metrofairhousing.org/your-rights/)
- MUSKOGEE COUNTY COMMUNITY ACTION FOUNDATION.....(918) 6868004
- MUSKOGEE HISTORIC REVITALIZATION SUBGRANT PROGRAM ..... (918) 683-3355
- OHFA (Oklahoma Homeowner Assistance Fund).....(833) 208-2535  
*rentalHAPGroup@ohfa.org* .....(405) 419-8289  
(405) 419-8100
- EMERGENCY RENT & UTILITY ASSISTANCE.....(918) 681-6115  
*Muskogee County*
- WAGONER AREA NEIGHBORS .....(918) 485-2309  
*Wagoner County*
- RENTAL GRANTS .....[lowincomerelief.com](http://lowincomerelief.com)  
*See also Assisted Living, Homeless Shelters, Nursing Homes, and Residential Care Homes*

## APARTMENTS/INDEPENDENT LIVING

### ADAIR COUNTY

- COVENANT LIVING ([covlivingbixby.org](http://covlivingbixby.org)) ..... (918) 970-4433  
7300 E. 121st Place South, Bixby, OK 74008  
*Seniors 65 and older only with a dining facility on-site*
- HICKORY VILLAGE INC. .... (918) 696-5900  
Stilwell, OK 74960  
*Seniors 62 and older or younger with disabilities/income based.*
- RURAL HOUSING OF WESTVILLE APTS..... (918) 723-4557  
Westville, OK 74965
- SAVANNAH Park Apartments ..... (918) 723-5320  
Westville, OK 74965 (918) 723-4557
- STILWELL HOUSING AUTHORITY ..... (918) 696-2494  
801 N. Fourth St., Stilwell, OK 74960
- STILWELL SENIOR HOUSING ..... (918) 696-3050  
400 N. Eighth St., Stilwell, OK 74960 *Seniors 60 and older only*

### CHEROKEE COUNTY

- AUTUMN HEIGHTS ..... (918) 456-5572  
1500 Hensley Drive, Tahlequah, OK 74464 *Seniors 62 and older.*

# HOUSING Cont.

## APARTMENTS/INDEPENDENT LIVING Cont.

### CHEROKEE COUNTY Cont.

- CHEROKEE NATION HOUSING ..... (918) 775-6208  
 11154 S. 262nd East Ave., Coweta, OK 74429 *Seniors 62 and older.*
- COOKSON HILLS HULBERT SENIOR LIVING ..... (918) 458-1700  
 405 1/2 E. Main St., Hulbert, OK 74441  
*Seniors 62 and older only*
- COOKSON HILLS TAHLEQUAH SENIOR HOUSING.....(918) 458-1700  
 1350 N. Jones Ave., Tahlequah, OK 74464
- COUNTRYSIDE ASSISTED LIVING .....(918) 456-7117  
 1380 N. Heritage Ln., Tahlequah, OK 74464
- DAVIS RETIREMENT ..... (918) 456-4000  
 Tahlequah, OK 74464  
*Seniors 55 and older with a dining facility on-site*
- GARDEN WALK APARTMENTS ..... (918) 456-0561  
 Tahlequah, OK 74464
- GO-YE VILLAGE (*goyevillage.org*) ..... (918) 456-4542  
 1201 W. Fourth St., Tahlequah, OK 74464  
*Seniors 55 and older with a dining facility on-site*
- PECAN CREEK ..... (918) 772-2726  
 613 E. McClure Ave., No. 101, Hulbert, OK 74441
- PROCTOR HEIGHTS ..... (918) 772-2177  
 900 Bassham Drive, Hulbert, OK 74441
- SEQUOYAH POINT..... (918) 456-2573  
 Tahlequah, OK 74464
- TAHLEQUAH ELDERLY HOUSING ..... (918) 458-5478
- TAHLEQUAH SENIOR HOUSING ..... (918) 456-5572
- WISDOM KEEPERS .....(918) 453-9900  
 1286 W. Fourth St., Tahlequah, OK 74464 *Seniors 60 and older only.*

# HOUSING Cont.

## APARTMENTS/INDEPENDENT LIVING Cont.

### McINTOSH COUNTY

- EUFAULA VILLAGE APARTMENTS ..... (918) 689-4604  
     Eufaula, OK 74432
- LAKEHURST SENIOR HOUSING ..... (918) 490-9020  
     Eufaula, OK 74432
- MUSCOGEE (CREEK) NATION HOUSING  
     Checotah, OK 74426 ..... (918) 473-5665  
     Eufaula, OK 74432 ..... (918) 689-3172
- RURAL HOUSING OF WESTVILLE APTS..... (918) 473-4121  
     Checotah, OK 74426

### MUSKOGEE COUNTY

- COUNTRYSIDE SENIOR LIVING ..... (918) 683-8388  
     3211 Chandler Rd., Muskogee, OK 74403  
         *Specializes in dementia and memory care/Transportation available*
- CHEROKEE NATION HOUSING ..... (918) 775-6208
- FAIRVIEW TERRACE APARTMENTS ..... (918) 684-6090  
     129 S. 44th St., Muskogee, OK *Transportation not available*
- FAIR HAVEN SENIOR APARTMENTS ..... (918) 682-4300  
     Muskogee, OK 74403     *Seniors and younger with disabilities*
- FORT GIBSON NURSING HOME AND APARTMENTS ..... (918) 478-2456  
     Fort Gibson, OK 74434
- GREENLEAF SENIOR APARTMENTS ..... (918) 687-3757  
     715 S. York St., Muskogee, OK 74403     *Must be 62 years old or older or disabled.*
- HONOR HEIGHTS TOWERS ..... (918) 687-6301  
     Muskogee, OK 74401
- KATE FRANK APARTMENTS ..... (918) 687-8002  
     Muskogee, OK 74401     *Seniors age 55 and older only*
- KEETOOWAH VILLAGE APARTMENTS ..... (918) 683-5672  
     2909 Keetoowah Trail, Muskogee, OK 74403

# HOUSING Cont.

## APARTMENTS/INDEPENDENT LIVING Cont.

### MUSKOGEE COUNTY Cont.

- SILVER LEAF APARTMENTS ..... (918) 482-5976  
 Haskell, OK 74436
- SUMMER RIDGE SENIOR HOUSING ..... (918) 681-1670  
 Muskogee, OK 74403    *Seniors 62 and older only*
- SUNGATE APARTMENTS ..... (918) 473-4053  
 Checotah, OK 74426
- SURETY APARTMENTS ..... (913) 406-9937  
 Muskogee, OK 74401    *Seniors 62 and older only*

### OKMULGEE COUNTY

- BAPTIST VILLAGE APARTMENTS ..... (918) 756-5377  
 Okmulgee, OK 74447    *Seniors 55 and older with a dining facility on-site*
- BEGGS ELDERLY AND DISABLED APARTMENTS ..... (918) 267-3211  
 Beggs, OK 74421    *Seniors 65 and older and younger with disabilities.*
- BRIARWOOD APARTMENTS ..... (918) 205-7459  
 Okmulgee, OK 74447
- CREEK FOREST APARTMENTS ..... (918) 756-8911  
 Okmulgee, OK 74447
- CREEK NATION APARTMENTS FOR ELDERLY ..... (918) 756-2920  
 2710 N. Miami Ave., Okmulgee, OK 74447
- CREEK VILLAGE APARTMENTS ..... (918) 756-4423  
 Okmulgee, OK 74447
- NEW LAKE APARTMENTS ..... (918) 652-9629  
 Henryetta, OK 74437
- PIONEER VILLAGE APARTMENTS ..... (918) 756-1298  
 Okmulgee, OK 74447    *Seniors 62 and older and younger with disabilities .*
- SUGAR BUSH APARTMENTS ..... (918) 733-4362  
 Morris, OK 74445

# HOUSING Cont.

## APARTMENTS/INDEPENDENT LIVING Cont.

### SEQUOYAH COUNTY

- CARRINGTON VILLAGE ..... (918) 775-7500  
 Sallisaw, OK 74955
- CHEROKEE NATION HOUSING ..... (918) 774-0922
- GARDEN WALK APARTMENTS
- Muldrow ..... (918) 427-7127
- Roland ..... (918) 427-4313
- Sallisaw ..... (918) 775-6717
- Vian ..... (918) 773-8093
- NORTHVIEW ESTATES (HOMES) ..... (918) 773-3038  
 Vian, OK 74962
- PARKVIEW APARTMENTS ..... (918) 489-2757  
 Gore, OK 74435
- PRETTY VILLAGE APARTMENTS ..... (918) 742-1276  
 Muldrow, OK 74948  
*Seniors 62 and older and younger with disabilities*
- SAVANNAH PARK ..... (918) 773-8537  
 Vian, OK 74962
- TSA-LA-GI APARTMENTS ..... (918) 775-6208  
 Sallisaw, OK 74955 *Cherokee Nation Housing Authority*  
*Seniors 62 and older and younger with disabilities; on-site dining facilities.*
- VILLAGE WEST APARTMENTS ..... (918) 775-9292  
 Sallisaw, OK 74955

### WAGONER COUNTY

- CARRIAGE CROSSING & PARK VILLAGE ..... (918) 486-4460  
 28530 E. 141st St., Coweta, OK 74429 *Seniors 62 and older with a dining facility on-site.*
- CHEROKEE NATION HOUSING ..... (918) 775-6208

# HOUSING Cont.

## APARTMENTS/INDEPENDENT LIVING Cont.

### WAGONER COUNTY Cont.

- COWETA TRAILS ..... (918) 887-8231  
 11954 S. 273rd East Avenue, Coweta, OK 74429  
*55+ senior housing units*
- GARDEN WALK APARTMENTS ..... (918) 486-6240  
 Coweta, OK 74429
- CROSS TIMBERS ..... (918) 485-3372  
 Wagoner, OK 74467
- INDIAN HILLS APARTMENTS ..... (918) 266-5756  
 Catoosa, OK 74108
- RIVER POINTE APARTMENTS ..... (918) 485-0689  
 Wagoner, OK 74467
- STEEPLE CHASE APARTMENTS ..... (918) 279-1147  
 Coweta, OK 74429
- VINEYARDS ..... (918) 485-3372  
 Wagoner, OK 74467
- WAGONER VILLAGE..... (918) 543-3400  
 Wagoner, OK 74467
- YORKSHIRE PLACE ..... (918) 485-3372  
 Wagoner, OK 74467
- YORKSHIRE VILLAS (Senior Duplexes) ..... (918) 485-3372  
 Wagoner, OK 74467
- YORKSHIRE RETIREMENT VILLAGE ..... (918) 485-8094  
 2200 W. Wellington, Wagoner, OK 74467

### OTHER

- MOCKINGBIRD ESTATES ..... (405) 372-1500  
 3020 E. Sixth Ave., Stillwater, OK 74074  
*Seniors 62 and older*

# HOUSING Cont.

## HOUSING ASSISTANCE

- COMMUNITY ACTION AGENCIES .....(405) 949-1495
- CHEROKEE NATION HOUSING ASSISTANCE PROGRAM .....(918) 453-5000  
Tahlequah, OK 74464  
*Low-income rental housing, rental and mortgage assistance and housing rehabilitation.*
- CITY OF MUSKOGEE NEIGHBORHOOD DEVELOPMENT PROGRAM...(918) 684-6232  
*Must reside within the city limits of Muskogee; funds limited.*
- COMMUNITY ACTION RESOURCE AND DEVELOPMENT (CARD) ..... (918) 341-5000  
Claremore, OK 74017  
*Homebuyers assistance and housing initiative for Wagoner County.*
- DECAF (Self help housing program) .....(918) 756-2444  
*McIntosh, Muskogee, Okmulgee, and Wagoner Counties*
- DEEP FORK COMMUNITY ACTION (Self-Help Housing Program)..... (918) 756-2826  
*McIntosh, Muskogee, Okmulgee, and Wagoner counties. (918) 756-2444*
- HABITAT FOR HUMANITY ..... (918) 687-1470  
Muskogee, OK 74402
- LIFE SENIOR SERVICES ..... (918) 664-9000  
5950 E. 31st St., Tulsa, OK 74135
- MUSKOGEE (CREEK) NATION HOUSING DIVISION ..... (918) 756-8504  
Okmulgee, OK 74447  
*Home ownership, construction services, mortgage assistance, and rentals.*
- MUSKOGEE COMMUNITY ACTION FOUNDATION ..... (918) 683-7637
- OSU HEALTH ACCESS ..... (918) 561-8579
- USDA RURAL HOUSING SERVICES ..... (918) 682-8831  
*Low-income housing repair program (grants and low-interest loans)*  
*Adair, Cherokee, Muskogee, Okmulgee, and Wagoner Counties.*
- USDA RURAL HOUSING SERVICES ..... (918) 423-4073  
*Low-income housing repair program (grants and low-interest loans).*  
*McIntosh and Sequoyah Counties.*

# HOUSING Cont.

## HOUSING AUTHORITIES

OKLAHOMA HOUSING FINANCE AUTHORITY (OHFA) ..... (800) 256-1489

### ADAIR COUNTY

CHEROKEE NATION HOUSING AUTHORITY ..... (918) 696-2055

STILWELL HOUSING AUTHORITY ..... (918) 696-2494

### CHEROKEE COUNTY

CHEROKEE NATION HOUSING AUTHORITY ..... (918) 456-5482

### MUSKOGEE COUNTY

FORT GIBSON HOUSING AUTHORITY ..... (918) 478-2051

MUSCOGEE (CREEK) NATION HOUSING DIVISION .....(918) 756-8504

MUSKOGEE HOUSING AUTHORITY ..... (918) 687-6301

### OKMULGEE COUNTY

BEGGS HOUSING AUTHORITY ..... (918) 267-3211

HENRYETTA HOUSING AUTHORITY ..... (918) 652-9651

MUSCOGEE (CREEK) NATION HOUSING DIVISION .....(918) 756-8504

**The OK Living Choice  
Program is designed to help  
Oklahomans who live with a physical disability,  
mental disability or long-term illness transition  
out of nursing homes and into the community.**

**email: [oklahoma.livingchoice@okhca.org](mailto:oklahoma.livingchoice@okhca.org)**

**<https://oklahoma.gov/ohca/livingchoice>**

**(888) 287-2443**

# INFORMATION & ASSISTANCE SERVICES

*See also Advocacy, Consumer Help and Veterans' Services*

EODD AREA AGENCY ON AGING ..... (918) 682-7891

1012 N. 38th St., P.O. Box 1367, Muskogee, OK 74402-1367

*Serves Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah, and Wagoner Counties.*

*The Area Agency on Aging plans, coordinates and advocates community-based service delivery systems to meet the needs of older Oklahomans. Services provided include Nutrition (including home delivered meals), Transportation, Outreach, Legal-Aid, Information and Assistance, Long-Term Care Ombudsman, and Caregiver support.*

211 (GET CONNECTED, GET ANSWERS) ..... 211

AIRSO (Alliance of Information & Referral Systems of Oklahoma) .... (918) 682-7891

P.O. Box 53373, Oklahoma City, OK 73152

BIA (BUREAU OF INDIAN AFFAIRS) ..... (918) 756-3950

CAPITAL STRAIGHT LINE ..... (800) 522-8556

CHEROKEE NATION TRIBAL OFFICE ..... (918) 456-0671

CREEK NATION TRIBAL OFFICE .....(918) 756-8700

DHS DIRECTORS HOTLINE.....(405) 521-2779

Emergencies only ..... (877) 751-2972

DISASTER DISTRESS HELPLINE/SAMHSA (*samhsa.gov*) ..... (800) 985-5990

ELDERCARE LOCATOR ..... (800) 677-1116

FRIENDSHIP LINE ..... (800) 971-0016

LIFE SENIOR SERVICES

5950 E. 31st St., Tulsa, OK 74135 .....(918) 664-9000

528 W. Cherokee., Wagoner, OK 74467 ..... (918) 485-8992

NATIONAL PROBLEM GAMBLING HOTLINE ..... (800) 522-4700

NEIGHBORS BUILDING NEIGHBORHOODS ..... (918) 683-4600

*ncpgambling.org*

SOONER SUCCESS (*soonersuccess.ouhsc.edu*) ..... (877) 441-0434

TOBACCO HELPLINE/QUIT-NOW (*okhelpline.com*) ..... (800) 784-8669

## IN-HOME SERVICES

*See also Home Health*

*(Non-medical in-home care)*

- 1 of a KIND IN HOME CARE.....(918) 655-5001  
*Sequoyah County Medicaid*
- ALL OUR HEART ..... (918) 804-1129  
402 N. Broadway, Coweta, OK 74429 *allourheart.com*  
*Serving Cherokee, Muskogee and Wagoner counties*
- COMPLETE HOME SERVICES ..... (918) 477-9080
- ENTRUSTED HEARTS BY BAPTIST VILLAGE ..... (888) 272-5339  
*Nursing, therapy, respite, companionship, and assistance with daily living.*
- HEALTH CARE INNOVATIONS ..... (866) 660-4424  
*Respite, laundry, light housekeeping, errands, and shopping.*
- HOME HELPERS HOME CARE ..... (918) 884-6022  
*homehelpershomecare.com/south-tulsa*
- SENIOR HELPERS .....(918) 574-2273  
8988 S. Sheridan Rd., Suite W., Tulsa, OK 74133 *Okmulgee County*
- SERVPRO (Serving Cherokee, McIntosh and Muskogee) ..... (918) 913-4490
- STAY HOME SERVICES ..... (918) 682-3688  
Muskogee, OK, *non-medical companion services*

## INTERPRETER SERVICES

### HEARING IMPAIRED

- OPERATOR OF DEAF SERVICES ..... (800) 332-1124
- TOTAL SOURCE FOR HEARING LOSS AND ACCESS ..... (918) 832-8742

### VISUALLY IMPAIRED

- VISUAL SERVICES ..... (918) 684-5331

# INTERPRETER SERVICES Cont.

## LANGUAGE

CHEROKEE — CHEROKEE NATION .....	(918) 453-5487
	(918) 457-0671
	(918) 316-2396
CREEK — CREEK NATION .....	(918) 756-8700
SPANISH /SIGN LANGUAGE/ Salvation Army .....	(918) 682-3384

## VISUALLY IMPAIRED

VISUAL SERVICES.....	(918) 684-5331
NEW VIEW OKLAHOMA .....	(855) 811-9699
5350 E. 31st St., #302, Tulsa, OK 74135	<a href="mailto:info@newviewoklahoma.org">info@newviewoklahoma.org</a>
TOTAL SOURCE FOR HEARING LOSS AND ACCESS.....	(918) 744-0553

# LEGAL SERVICES

*See also Advocacy and Consumer Help*

Legal Services of Oklahoma provides free or low-cost legal services to senior citizens age 60 and older. Some of the services include: public benefits' hearings and appeals for Social Security, Veterans Affairs and Department of Human Services; termination of joint tenancy; consumer complaints; simple wills; guardianships' and others.

AARP 50+ MEMBERS — FREE LEGAL CONSULTATION .....	(888) 687-2277
AGING SERVICES DIVISION (DHS).....	(405) 521-2281
<i>Advance Directives and Health Care Proxy assistance</i>	
CARING ASSISTANCE LINE .....	(800) 211-2116
COMMUNITY LIVING, AGING AND PROTECTIVE SERVICES (CAP) ...	(405) 521-2281
<i>Advance Directives and Healthcare Proxies/protecting your rights at end of life.</i>	
LEGAL AID SERVICES OF OKLAHOMA APPLICATION LINE .....	(888) 534-5243
LEGAL AID SERVICES OF OKLAHOMA — ALL COUNTIES.....	(918) 708-1150
224 S. Muskogee Ave., Tahlequah, OK 74464	(888) 993-2615
SPLASH LINE .....	(800) 725-5681
MUSKOGEE COUNTY LAW LIBRARY .....	(918) 682-0248
NEIGHBOR FOR NEIGHBOR (Legal Clinics).....	(918) 425-5578

# LEGAL SERVICES Cont.

- OKLAHOMA BAR ASSOCIATION ..... (405) 416-7000
- OKDHS AGING SERVICES DIVISION ..... (405) 521-2281
- Advance Healthcare Proxy and Rights at End of Life assistance*
- OKLAHOMA DISABILITY LAW CENTER .....(800) 880-7755
- OKLAHOMA INDIAN LEGAL SERVICES ..... (800) 658-1497
- SPLASH LINE ..... (855) 488-6814
- Sixty-Plus (60+) Legal Aid Services Helpline* Spanish (855) 488-9710

*In 2015, the highest priority need identified for seniors in our seven-county service area was the need for legal assistance. For example, writing wills, estate planning, powers of attorney, etc.*

# LEGISLATORS

Download your FREE Oklahoma Legislative Guide app today!

- Detailed profiles
- Interactive contact links
- Comprehensive lists and more!



Apple App Store



Google Play App Store



*See the back of this directory for a complete list of Oklahoma legislators and county commissioners.*

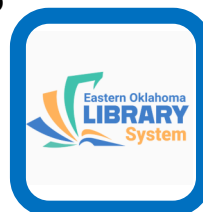
# LIBRARIES

## There's an App for that!

Did you know that the Eastern Oklahoma Library System has an app and other apps for iPhone and Android operating systems, like Hoopla for different kinds of media?

All you need is a library card.

Contact your local library today!



# LIBRARIES Cont.

## ADAIR COUNTY

JOHN F. HENDERSON LIBRARY .....	(918) 723-5002
116 N. Williams/P.O. Box 580, Westville, OK 74954	(888) 291-8147
STILWELL PUBLIC LIBRARY .....	(918) 696-7512
5 N. Sixth St., Stilwell, OK 74960	(888) 378-8947

## CHEROKEE COUNTY

HULBERT COMMUNITY LIBRARY .....	(918) 772-3383
210 N. Broadway/P.O. Box 148, Hulbert, OK 74441	(888) 291-8149
NORTHEASTERN STATE UNIVERSITY .....	(800) 722-9614
600 N. Grand Ave., Tahlequah, OK 74464	
TAHLEQUAH PUBLIC LIBRARY .....	(918) 456-2581
120 S. College, Tahlequah, OK 74464	(888) 291-8129

## McINTOSH COUNTY

JIM LUCAS LIBRARY .....	(918) 473-6715
626 W. Gentry Ave., Checotah, OK 74426	(877) 473-6715
EUFAULA MEMORIAL LIBRARY .....	(918) 689-2291
301 S. First St., Eufaula, OK 74432	(888) 291-8148

## MUSKOGEE COUNTY

Q.B. BOYDSTUN CITY LIBRARY .....	(918) 478-3587
201 E. South Ave./P.O. Box 700, Fort Gibson, OK 74434	(888) 291-8151
MUSKOGEE PUBLIC LIBRARY .....	(918) 682-6657
801 W. Okmulgee Ave., Muskogee, OK 74401	(888) 291-8152
RIEGER MEMORIAL LIBRARY .....	(918) 482-3614
116 N. Broadway Ave./P.O. Box 429, Haskell, OK 74436	(877) 482-3614
WARNER PUBLIC LIBRARY .....	(918) 463-2363
207 Eighth St., Warner, OK 74469	(888) 234-0606

# LIBRARIES Cont.

## OKMULGEE COUNTY

- HENRYETTA PUBLIC LIBRARY ..... (918) 652-7377  
518 W. Main St., Henryetta, OK 74437
- MORRIS LIONS CLUB LIBRARY ..... (918) 733-2222  
323 S. Hughes Ave., Morris, OK 74445
- OKMULGEE PUBLIC LIBRARY ..... (918) 756-1448  
218 S. Okmulgee Ave., Okmulgee, OK 74447

## SEQUOYAH COUNTY

- MULDROW PUBLIC LIBRARY ..... (918) 427-6703  
711 W. Shawntel Smith Blvd., Muldrow, OK 74948 (888) 291-8153
- STANLEY TUBS MEMORIAL LIBRARY ..... (918) 775-4481  
101 E. Cherokee, Sallisaw, OK 74955

## WAGONER COUNTY

- JOHN F. RAPER MEMORIAL LIBRARY ..... (918) 486-6532  
120 E. Sycamore/P.O. Box 850, Coweta, OK 74429
- WAGONER PUBLIC LIBRARY ..... (918) 485-2126  
302 N. Main, Wagoner, OK 74467

---

***“If you have a garden and a library,  
you have everything you need.”***

***— Cicero***

---

# LONG-TERM CARE

*See Assisted Living, Nursing Homes, and Residential Care Homes.*

***Keep records of your health-care appointments. Call (918) 682-7891 for your FREE Health-Care Journal or they are available at EODD Area Agency on Aging 1012 N. 38th St., Muskogee, OK 74401***

## MEDICAL EMERGENCY/ALARMS

ADT COMPANION SERVICES .....	(800) 568-1216
ADT SECURITY SERVICES .....	(800) 806-0238
ALERT RESPONSE .....	(888) 871-2879
AMERICAN MEDICAL ALERT .....	(516) 394-2752
AMERICAN RED CROSS .....	(918) 682-1366

### *Bed Alarms and Smoke Alarms.*

DIRECT LINK/HELP AT THE TOUCH OF A BUTTON .....	(918) 416-0972
ELECTRONIC CAREGIVER PREMIER .....	(918) 605-1710
FAMILY CARE/MEDICAL ALARMS .....	(877) 893-2140
LIFE ALARM .....	(800) 780-5433
LIFEFONE .....	(800) 882-2280
LINK TO LIFE CENTRAL .....	(800) 338-4176
MERCYSECURE .....	(888) 218-5100

Fort Smith, AR 72903

MOUNTAIN HOME MEDICAL ALARM .....	(540) 421-6436
PHILLIPS LIFELINE/MEDICAL ALERT SOLUTIONS .....	(855) 655-4400
RESPONSE LINK OF OKLAHOMA .....	(800) 249-9943

## MEDICAL EQUIPMENT

*See also Assistive Devices and Disabilities.*

ACTION SEATING AND MOBILITY .....	(918) 203-0003
ALPINE MEDICAL Muskogee, OK ( <i>Serving Northeast Oklahoma</i> ).....	(918) 682-7773
ALL SAINTS MEDICAL ...2900 N. York St., Muskogee, OK.....	(918) 624-4400
AMRAMP ( <i>amramp.com</i> ) .....	(888) 715-7597
ENTRUSTED HEARTS MEDICAL EQUIPMENT .....	(918) 274-4310

Owasso, OK 7405

MEDICAL EQUIPMENT AFFILIATES .....	(918) 456-4797
Tahlequah, OK 74464	(866) 456-4797

OK AGRABILITY (Farm Equipment for 60+ with Disabilities) .....	(202) 720-2791
OKLAHOMA ABLE TECH .....	(800) 257-1705

Donated medical equipment [okabletech.org](http://okabletech.org)

## MEDICAL EQUIPMENT Cont.

*See also Assistive Devices and Disabilities*

RERUN MEDICAL EQUIPMENT (*rerunmed.org*) ..... (918) 376-0007  
SPARE PARTS ..... (918) 869-2189

1507 Denver Ave., Muskogee

cmcadoo4762@yahoo.com

*Used walkers, wheelchairs, shower seats and other medical devices.*

## MEDICARE

*See also Social Security/SSI/Medicare*

MEDICARE HOTLINES (*medicare.gov*) ..... (800) 633-4227  
TTY/TDD (877) 486-2048

MEDICARE ASSISTANCE PROGRAM (MAP-statewide) ..... (800) 763-2828

400 N.E. 50th St., Oklahoma City, OK 73105

EODD Area Agency on Aging.....(800) 211-2116

1012 N 38th St./PO Box 1367, Muskogee, OK 74402 (918) 682-

7891

SENIOR HEALTH INSURANCE COUNSELING PROGRAM (SHIP)

*At Life Senior Services (northeast Oklahoma)* ..... (866) 664-9009

EODD Area Agency on Aging.....(800) 211-2116

1012 SN.38th St./PO Box 1367, Muskogee, OK 74402 (918) 682-

7891

SENIOR LIFE SERVICES ..... (918) 664-9000

UNITED HEALTHCARE ..... (918) 619-5919

TTY 711

EODD AREA AGENCY ON AGING ..... (918) 682-7891

*Serving Adair, Cherokee, McIntosh, Muskogee, Okmulgee,*

*Sequoyah and Wagoner counties*

**Caring Assistance Line 1-800-211-2116**

# MENTAL HEALTH/SUBSTANCE ABUSE

## HOTLINES

- FRIENDSHIP LINE AT THE INSTITUTE ON AGING ..... (800) 971-0016  
NCWR HOPE NETWORK.....*hopenetwork@okstate.edu*.....(918) 561-1890  
OKLAHOMA DEPARTMENT OF MENTAL HEALTH ..... (405) 522-3908  
*okdmhsas.org*  
SUICIDE / CRISIS HOTLINE ..... (800) 273-TALK or **988**

## INPATIENT TREATMENT — MENTAL HEALTH

- BRIDGES AT STILWELL MEMORIAL HOSPITAL.....(918) 696-3101  
1401 W. Locust St., Stilwell, OK 74960  
GREEN COUNTRY BEHAVIORAL HEALTH SERVICES.....(918) 682-8407  
619 N. Main St., Muskogee, OK 74401 *Individual placement and support*  
HENRYETTA PSYCHIATRIC UNIT, HENRYETTA HOSPITAL ..... (800) 219-5298  
Henryetta, OK 74437  
H.O.P.E. PROGRAM Psychiatric evaluation ..... (877) 821-0082  
H.O.P.E. Crisis Behavioral Health.....(918) 758-5515  
1401 Morris Dr., Okmulgee, OK 74447  
INTEGRITY PATHWAYS .....(918) 682-9292  
814 W. Okmulgee, Muskogee, OK 74401  
PARKSIDE PSYCHIATRIC HOSPITAL AND CLINIC ..... (918) 588-8888  
1620 E. 12th St., Tulsa, OK 74120  
SOLUTIONS, TAHLEQUAH CITY HOSPITAL Geriatric psych unit ..... (918) 453-2300  
Tahlequah, OK 74464 *tch-ok.org*  
WAGONER COMMUNITY HOSPITAL—Psych Unit ..... (918) 485-8404  
Wagoner, OK 74467

***“We are living in a world today where lemonade is made from artificial flavors and furniture polish is made from real lemons.”***

— Alfred E. Newman



# **MENTAL HEALTH/SUBSTANCE ABUSE Cont.**

## **OUTPATIENT COUNSELING Cont.**

### **CHEROKEE COUNTY Continued**

PEOPLE INC. .... (918) 453-1217  
Tahlequah, OK 74464

### **McINTOSH COUNTY**

GREEN COUNTRY BEHAVIORAL HEALTH SERVICES ..... (918) 689-3357  
Eufaula, OK 74432

MUSCOGEE (CREEK) NATION BEHAVIORAL HEALTH ..... (918) 618-2168  
Eufaula, OK 74434

PEOPLE INC. .... (918) 689-9064  
Eufaula, OK 74432

THE OAKS BEHAVIORAL HEALTH ..... (918) 689-3359  
*Substance abuse prevention and treatment*

### **MUSKOGEE COUNTY**

ADVENTIST COMMUNITY SERVICES ..... (918) 910-5033  
Celebrate Life Recovery, 617 S. Main, Muskogee, OK 74401  
*Meets 6 p.m. Mondays*

BLUE SKY BEHAVIORAL HEALTH ..... (918) 681-1113  
502 E. Cincinnati Ave., Muskogee, OK 74403

COUNSELING WORKS ..... (918) 681-4944  
1601 W. Okmulgee, Suite M, Muskogee, OK 74960

GREEN COUNTRY BEHAVIORAL HEALTH SERVICES ..... (918) 682-8407  
649 N Main St., Muskogee, OK 74401

### **OKMULGEE COUNTY**

CREOKS BEHAVIORAL HEALTH ..... (918) 756-9411  
Okmulgee, OK 74447 (918) 756-9250

MUSCOGEE (CREEK) NATION BEHAVIORAL HEALTH ..... (918) 758-5515  
Hope Unit, *Okmulgee & Creek Counties*, Okmulgee, OK 74447 (918) 758-3311

SENIOR FOCUS FOR BEHAVIORAL HEALTH ..... (918) 652-2597  
Henryetta, OK 74437

# **MENTAL HEALTH/SUBSTANCE ABUSE Cont.**

## **OUTPATIENT COUNSELING Cont.**

### **SEQUOYAH COUNTY**

- CREEKS COMMUNITY MENTAL HEALTH SERVICES ..... (918) 775-5513  
Sallisaw, OK 74955
- OKLAHOMA TREATMENT SERVICES (substance abuse) ..... (918) 427-3344  
Roland, OK 74954
- PEOPLE INC. .... (918) 775-7787  
Sallisaw, OK 74955

### **WAGONER COUNTY**

- COUNSELING WORKS .....(918) 681-4944  
1102 W. Cherokee St., Suite A, Wagoner, OK 74467
- CREEKS COMMUNITY MENTAL HEALTH ..... (918) 485-8404  
109 S .Harrill Ave., Wagoner, OK 74467 (918) 485-0242
- EAGLE RIDGE INSTITUTE ALCOHOL AND DRUG PROGRAM ..... (918) 485-3554  
109 S. Harrill, Wagoner, OK 74467
- GRAND LAKE MENTAL HEALTH CENTER ..... (918) 924-8423  
2109 S. Highway 69, Wagoner, OK 74467
- MUSCOGEE (CREEK) NATION BEHAVIORAL HEALTH ABUSE ..... (918) 279-3471  
31870 E. Highway 51, Coweta, OK 74429
- SENIOR OUTPATIENT GERIATRIC SERVICES ..... (918) 485-1397  
Wagoner Hospital, 1200 W. Cherokee, Suite G, Wagoner, OK 74467

## **RESIDENTIAL GROUP HOMES – MENTAL HEALTH**

*See Residential Care Home*

## **REGIONAL SERVICE PROVIDERS**

- WASHINGTON REGIONAL MEDICAL CENTER ..... (479) 587-2686  
1125 N. College Ave., Fayetteville, AR 72703

### **Oklahoma Department of Mental Health and Substance Abuse services by county:**

- ADAIR:** Sallisaw, OK ..... (918) 696-5536
- CHEROKEE:** Tahlequah, OK ..... (918) 207-3032

## REGIONAL SERVICE PROVIDERS, Cont.

Oklahoma Department of Mental Health and Substance Abuse services by county Cont.

<b>McINTOSH:</b> Eufaula, OK .....	(918) 682-8407
<b>MUSKOGEE:</b> Muskogee, OK .....	(918) 682-5407
<b>OKMULGEE:</b> Okmulgee, OK .....	(918) 698-5203
<b>SEQUOYAH:</b> Sallisaw, OK .....	(918) 775-7787, ext. 2332
<b>WAGONER:</b> Okmulgee, OK .....	(918) 698-5202

## NURSING HOMES

*See also Assisted Living, Housing, and Residential Care Homes.*

## NURSING HOME COMPLAINTS

*See Abuse (Elder)*

*If you or someone you know is experiencing problems with a nursing home and would like to file a complaint, please contact an Ombudsman Supervisor at EODD AAA at (918) 682-7891 or (800) 211-2116 for information and assistance.*

## NURSING HOME FACILITIES

### ADAIR COUNTY

STILWELL NURSING HOME .....	(918) 696-7715
422 W. Locust St., Stilwell, OK 74960, <i>Medicaid and Medicare</i>	

### CHEROKEE COUNTY

CHEROKEE COUNTY NURSING HOME .....	(918) 456-3456
1504 N. Cedar Ave., Tahlequah, OK 74464 <i>Medicaid and Medicare</i>	
GO YE VILLAGE CONTINUUM OF CARE .....	(918) 456-4542
1201 N. Fourth St., Tahlequah, OK 74464 <i>Private pay</i>	
SEQUOYAH POINT SKILLED NURSING & THERAPY .....	(918) 456-2573
614 Cherry St., Tahlequah, OK 74464 <i>Medicaid and Medicare</i>	
UNIVERSITY PARK SKILLED NURSING & THERAPY .....	(918) 456-6181
1201 N. Vinita Ave., Tahlequah, OK 74464	
<i>Alzheimer's Unit; Memory Care; Medicaid, Medicare, and VA</i>	

# NURSING HOMES Cont.

## NURSING HOME FACILITIES Cont.

### McINTOSH COUNTY

- CHECOTAH MANOR INC. .... (918) 473-2251  
321 S.E. Second St., Checotah, OK 74426 *Medicaid and Medicare*
- EUFAULA MANOR ..... (918) 689-3211  
1033 Hospital Road, Eufaula, OK 74432 *Medicaid and Medicare*
- LAKEVIEW NURSING AND REHAB ..... (918) 689-2508  
607 Woodland Ave., Eufaula, OK 74432

### MUSKOGEE COUNTY

- BRENTWOOD EXTENDED CARE NURSING HOME ..... (918) 683-8070  
841 N. 38th St., Muskogee, OK 74401 *Medicaid and Medicare*
- BROADWAY MANOR ..... (918) 683-2851  
1622 E. Broadway, Muskogee, OK 74403 *Medicaid, Medicare, and VA*
- COUNTRYSIDE ESTATES ..... (918) 463-5143  
750 Hwy 64 East, Warner, OK 74469 *Medicaid and Medicare: Vent Unit*
- EASTGATE VILLAGE RETIREMENT CENTER ..... (918) 682-3191  
3500 Haskell Road, Muskogee, OK 74403 *Medicaid, Medicare, and VA,*
- FORT GIBSON NURSING HOME ..... (918) 478-2456  
205 E. Poplar, Fort Gibson, OK 74434 *Medicaid and Medicare*
- HASKELL MANOR ..... (918) 482-3310  
405 N. Choctaw, Haskell, OK 74436 *Medicaid and Medicare*
- MUSKOGEE NURSING CENTER ..... (918) 682-9232  
602 N. M St., Muskogee, OK 74403 *Medicaid and Medicare*
- PLEASANT VALLEY HEALTH CARE ..... (918) 682-5391  
1120 Illinois, Muskogee, OK 74403 *Medicaid, Medicare, and VA*
- THE SPRINGS SKILLED NURSING AND THERAPY ..... (918) 683-2914  
5800 W. Okmulgee, Muskogee, OK 74401 *Medicaid, Medicare, and VA*
- YORK MANOR ..... (918) 682-6724  
500 S. York St., Muskogee, OK 74403 *Medicaid, Medicare*

# NURSING HOMES Cont.

## NURSING HOME FACILITIES Cont.

### OKMULGEE COUNTY

- COUNTRY LANE ..... (918) 267-3362  
 306 E. Seventh St., Beggs, OK 74421 *Medicaid; Intermediate care facility for people with intellectual disabilities.*
- CROSS PLACE ..... (918) 650-9393  
 405 W. 17th St., Okmulgee, OK 74447 *Medicaid; Intermediate care facility for people with intellectual disabilities.*
- FOUNTAIN VIEW MANOR ..... (918) 652-7021  
 107 E. Barclay, Henryetta, OK 74437 *Alzheimer's Unit; Medicaid and Medicare*
- HENRYETTA COMMUNITY SKILLED HEALTHCARE AND REHAB ... (918) 652-8797  
 212 N. Antes, Henryetta, OK 74437
- HIGHLAND PARK ..... (918) 756-5611  
 1307 R.D. Miller Drive, Okmulgee, OK 74447 *Medicaid, Medicare, and VA*
- LAKE DRIVE HOME ..... (918) 652-8101  
 600 Lake Road, Henryetta, OK 74437 *Medicaid; Intermediate care facility for people with intellectual disabilities.*
- LEXINGTON PLACE ..... (918) 759-2152  
 14055 N. 246th St., Okmulgee, OK 74447 *Medicaid; Intermediate care facility for people with intellectual disabilities.*
- LIBERTY PLACE ..... (918) 759-2152  
 14140 N. 246th St., Okmulgee, OK 74447 *Medicaid; Intermediate care facility for people with intellectual disabilities*
- McCURDY PLACE ..... (918) 759-2152  
 405 W. 18th St., Okmulgee, OK 74447 *Medicaid; Intermediate care facility for people with intellectual disabilities.*
- OKMULGEE TERRACE NURSING HOME ..... (918) 756-3556  
 720 N. Miami, Okmulgee, OK 74447 *Medicaid and Medicare; Intermediate care facility for people with intellectual disabilities.*

# NURSING HOMES Cont.

## NURSING HOME FACILITIES Cont.

### OKMULGEE COUNTY Continued

- WOODLANDS SKILLED NURSING AND Therapy .....(918) 756-1967  
1701 E. Sixth St., Okmulgee, OK 74447 Medicaid and Medicare
- TAFT PLACE ..... (918) 759-2152  
404 S. Taft, Okmulgee, OK 74447 *Medicaid; Intermediate care facility for people with intellectual disabilities.*
- UNIVERSITY PLACE ..... (918) 652-5114  
1636 E. Second St., Okmulgee, OK 74447 *Medicaid; Intermediate care facility for people with intellectual disabilities.*
- WOODLANDS SKILLED NURSING & THERAPY ..... (918) 756-1967  
1701 E. Sixth St., Okmulgee, OK 74447 *Medicaid and Medicare*

### SEQUOYAH COUNTY

- COMMUNITY CARE OF GORE ..... (918) 489-2299  
503 S. Main St., Gore, OK 74435 *Medicaid, Medicare, and VA*
- KIBOIS GROUP HOME .....*Long-Term and Hospice Care* .....(918) 967-9336
- SEQUOYAH EAST NURSING HOME ..... (918) 427-7401  
Roland, OK 74954 *Alzheimer’s Unit; Medicaid and Medicare*
- SEQUOYAH MANOR ..... (918) 775-7881  
615 E. Redwood, Sallisaw, OK 74955 *Medicaid, Medicare, and VA*
- VIAN NURSING HOME ..... (918) 773-5258  
305 N. Thornton, Vian, OK 74962 *Medicaid, Medicare, and VA*

### WAGONER COUNTY

- COWETA MANOR ..... (918) 486-2166  
30049 E. 151st St. South, Coweta, OK 74429 *Medicaid, Medicare*
- WAGONER CARE CENTER ..... (918) 485-2203  
205 N. Lincoln Ave., Wagoner, OK 74467 *Medicaid and Medicare*

***“People who don’t cherish their elderly have forgotten whence they came and whither they go.”***

# NUTRITION COUNSELING/EDUCATION

*See also Education and Nutrition*

- OHAI HEALTHIER CHOICES, HEALTHIER YOU CLASSES ..... (888) 616-8161
- OSU EXTENSION OFFICES ..... (800) 211-2116

## NUTRITION

*See also Senior Organizations*

- C.A.R.D. NUTRITION SERVICES .....(918) 341-5000  
707 W. Lowry Rd., Claremore, OK (Contractor subject to change)  
Serving McIntosh, Muskogee, Okmulgee, and Wagoner Counties. Providing congregate and home-delivered meals.
- D.O.C. NUTRITION SERVICES .....(918) 257-4825  
57501 E. 230 Rd., Afton, OK (Contractor subject to change)  
Serving Adair, Cherokee, and Sequoyah Counties. Providing congregate and home-delivered meals.
- MEAL’S ON WHEELS METRO TULSA.....(918) 627-4105  
mealsonwheelstulsa.org
- MMOG (Mom’s Meals on the Go) ..... (918) 537-2145  
momsmeals.com
- MOM’S MEALS NOURISH CARE ..... (866) 971-6667

## NUTRITION CENTERS

*Sites serving congregate noon meals Mondays-Fridays unless otherwise noted*

### ADAIR COUNTY

- DRYCREEK COMMUNITY CENTER (Cherokee Nation) ..... (918) 207-3899  
30402 S. 584 Road, Bunch, OK 74931  
*11:30 a.m. to 12:30 p.m. Tuesdays, Thursdays and Fridays*
- GREASY COMMUNITY FELLOWSHIP (Cherokee Nation) ..... (918) 696-4365  
Bunch, OK 74931
- STILWELL NUTRITION CENTER ..... (918) 575-8390  
320 N. Sixth St., Stilwell, OK 74960
- WESTVILLE NUTRITION CENTER ..... (918) 575-4861  
113 Buffington Road/P.O. Box 918, Westville, OK 74965

# NUTRITION CENTERS Cont.

## ADAIR COUNTY Cont.

STILWELL NUTRITION CENTER (Cherokee Nation).....(918) 316-3249

## CHEROKEE COUNTY

COOKSON HILLS CENTER (CENA Site)..... (918) 457-5181

32037 Highway 82 South/P.O. Box 130, Cookson, OK 74427

*10 a.m. to 1 p.m. Mondays and Wednesdays*

(HAPS) HULBERT SENIORS (CENA site) ..... (918) 772-2077

401 E. Main St. /P.O. Box 242, Hulbert, OK 74441

OAKS SENIOR CENTER (Cherokee Nation) ..... (918) 868-3292

324 E. Cherokee Blvd., Oaks, OK 74359

*11:30 a.m. to 12:30 p.m. Mondays, Tuesdays and Thursdays*

PEGGS COMMUNITY CENTER ..... (918) 598-3999

11050 E. Hickory/P.O. Box 54, Peggs, OK 74452

*10 a.m. to 2 p.m. Mondays-Thursdays*

TAHLEQUAH NUTRITION CENTER ..... (918) 456-0792

230 E. First St., Tahlequah, OK 74464

TAILHOLT COMMUNITY ORGANIZATION (Cherokee Nation) ..... (918) 431-0065

(CANEY) 26229 E. 813 Road/P.O. Box 88, Welling, OK 74471

*11:30 a.m. to 12:30 p.m. Mondays, Wednesdays and Fridays*

TRI-WEB COMMUNITY (CENA Site) ..... (918) 931-9372

17914 S. 580 Road, Tahlequah, OK 74464

*8 a.m. to 2 p.m. Mondays, Wednesdays, and Fridays and first Saturday each month*

WISDOM KEEPERS ..... (918) 207-3899

1286 W. Fourth St., Tahlequah, OK 74464



## NUTRITION CENTERS Cont.

### McINTOSH COUNTY

- CHECOTAH COMMUNITY CENTER ..... (918) 237-1118  
611 N. Broadway, Checotah, OK 74426
- CREEK NATION ELDERLY NUTRITION-EUFAULA ..... (918) 689-7622  
800 1/2 Birkes Road, Eufaula, OK 74432
- EUFAULA SENIOR CENTER (CENA site) ..... (918) 781-3877  
121 High St., Eufaula, OK 74432  
*Monday through Friday—times posted*
- GRAYSON SENIOR CITIZENS CENTER (CENA Site) ..... (918) 319-1360  
24160 Martin Luther King/P.O. Box 237, Morris, OK 74445  
*Fridays*
- HANNA SENIOR AND NUTRITION PROGRAM (CENA Site) ..... (918) 232-6898  
107 N. Broadway/P.O. Box 245, Hanna, OK 74845  
*Monday, Wednesday, and Friday/8:00 a.m. to 1:00 p.m.—Lunch 11:30 a.m.*
- OAK GROVE COMMUNITY CENTER (CENA Site) ..... (918) 617-0152  
120637 S. 4090 Rd./P.O. Box 270, Eufaula, OK 74432  
*9 a.m. to 1 p.m. Mondays, Tuesdays and Thursdays*
- POTTER'S HOUSE ..... (918) 473-7773  
101 W. North Ave./P.O. Box 528, Checotah, OK 74426  
*Times vary; call for information.*
- PORUM LANDING SENIORS (CENA Site) .....(918) 689-9799  
430048 Texanna Rd./P.O. Box 24, Porum, OK 74455 (918) 689-6222  
*10:00 a.m. to 12:30 p.m. the second and fourth Tuesday of each month*
- RENTIESVILLE SENIOR CENTER (CENA Site) ..... (918) 913-2491  
101 N. McIntosh/P.O. Box 4, Rentiesville, OK 74459  
*8:30 a.m. to 1 p.m. Mondays, Wednesdays, and Fridays*
- STIDHAM COMMUNITY CENTER (CENA Site) ..... (918) 618-3223  
Stidham Community Building, 113524 S. Douglas St., Stidham, OK 74461  
*10:30 a.m. to 1:30 p.m. Wednesdays*

# NUTRITION CENTERS Cont.

## MUSKOGEE COUNTY

- ADVANTAGE WAIVER PROGRAM ..... (918) 684-5300
- BRAGGS COMMUNITY CENTER (CENA site) ..... (405) 747-6494  
 5681 95th St. East / P.O. Box 149, Braggs, OK 74423  
*9 a.m. to 1 p.m. every other Tuesday*
- CHEROKEE NATION NUTRITION ..... (918) 484-2181  
 Porum Community Center, Porum, OK 74455
- COMMUNITY GARDENS ..... (918) 684-6302
- COUNCIL HILL COMMUNITY CENTER (CENA site) ..... (918) 869-2547  
 105 S. Broadway / P.O. Box 101, Council Hill, OK 74428  
*11 a.m. to 12:30 p.m. Wednesdays*
- CREEK NATION ELDERLY NUTRITION CENTER ..... (918) 637-6491  
 111 S. Virginia, Muskogee, OK 74401
- FIFE INDIAN UNITED METHODIST CHURCH.....(918) 781-3396  
 1100 Eufaula Ave., Muskogee, OK 74403 *(serves at random times, call first)*
- FIRST UNITED METHODIST CHURCH ..... (918) 682-3368  
 600 E. Okmulgee, Muskogee, OK 74403  
*Noon to 1:30 p.m. on the third Thursday each month*
- FORT GIBSON NUTRITION CENTER ..... (918) 230-6683  
 790 S. Lee/ P.O. Box 271, Fort Gibson, OK 74434
- GOSPEL RESCUE MISSION ..... (918) 682-3489  
 323 Callahan St., Muskogee, OK
- GRACE EPISCOPAL CHURCH ..... (918) 687-5416
- HONOR HEIGHTS TOWERS NUTRITION CENTER ..... (918) 687-5232  
 300 N. 40th St. / P.O. Box 453, Muskogee, OK 74401
- MUSKOGEE NATION ..... (918) 348-4554
- MUSKOGEE MEALS ON THE GO ..... (918) 537-2145
- MUSKOGEE NUTRITION ..... (918) 231-5297  
 St Paul United Methodist Church, 2130 W Broadway , Muskogee, OK 74401
- NEW LIFE MINISTRIES (CENA site) ..... (918) 686-7873  
 202 S. Main / P.O. Box 332, Taft, OK 74463 (918) 348-1195  
*10:00 a.m. to 2:00 p.m. Tuesdays and Thursdays*

# NUTRITION CENTERS Cont.

## MUSKOGEE COUNTY

- NEW LIFE MINISTRIES (CENA site) ..... (918) 686-7873  
 202 S. Main / P.O. Box 332, Taft, OK 74463 (918) 348-1195  
*10:00 a.m. to 2:00 p.m. Tuesdays and Thursdays.*
- PORUM SENIOR CENTER ...(Cherokee Nation).....(918) 484-2181  
 Wheeler Estates, Quapaw St., Porum, OK
- PRESBYTERIAN CHURCH OF MUSKOGEE ..... (918) 683-2666
- PT CRUISER’S FELLOWSHIP DINNER ..... (918) 682-9000  
 3100 Gulick, Muskogee, OK 74401  
*6:30 p.m. the first Monday each month.*
- SENIOR STATION (Registration Required)..... (918) 684-6302  
 2001 W. Okmulgee / 837 E. Okmulgee, Muskogee, OK 74403  
*Variety of weekday senior programs (call or go to muskogeeparks.org).*
- SENIOR MOMENTS (CENA site) ..... (918) 482-3489  
 217879 W. Skelly Road, Haskell, OK 74436 (918) 462-3206  
*11:30 a.m. to 12:30 p.m. on the first and third Thursday each month.*
- ST. JOSEPH CATHOLIC CHURCH ..... (918) 687-1351
- SUMMIT SENIOR SITE (Cena Site) ..... *coming soon*
- WAINWRIGHT COMMUNITY CENTER (CENA site)..... (918) 474-3005  
 204 Main St. / P.O. Box 83, Wainwright, OK 74468  
*11 a.m. to 12:30 p.m. Tuesdays.*
- TOWN OF WARNER SENIOR ASSOCIATION .....(918) 680-1760  
 802 3RD St./P.O. Box 287, Warner, OK 74469  
*6:00 a.m. to 1:00 p.m. Tuesdays, Wednesdays, and Thursdays.*
- WARNER SENIOR CITIZENS ..... (918) 680-1760  
 802 Third St./P.O. Box 287, Warner, OK 74469  
*6 a.m. to 1 p.m. Tuesday-Thursday.*

*If you or someone you know is experiencing problems with a nursing home and would like to file a complaint, please contact an Ombudsman Supervisor at EODD AAA at (918) 682-7891 or (800) 211-2116 for information and assistance.*

# **NUTRITION CENTERS Cont.**

## **OKMULGEE COUNTY**

- BEGGS SENIOR NUTRITION ..... (918) 758-8357  
201 Choctaw St. / P.O. Box 627, Beggs, OK 74421
- CREEK NATION ELDERLY NUTRITION—DEWAR ..... (918) 652-3310  
402 Louetta St., Dewar, OK 74431
- CREEK NATION ELDERLY NUTRITION—OKMULGEE ..... (918) 756-2982  
2951 Martha Berryhill Rd., Okmulgee, OK 74447
- CREEK NATION ELDERLY NUTRITION—SALEM RYAL ..... (918) 650-9955  
Salem Fire Dept., Route 2, Box 385, Henryetta, OK 74437
- GRAYSON SENIOR CITIZENS (CENA site) ..... (918) 319-1360  
24160 Martin Luther King /P.O. Box 237, Morris, OK 74445  
*Fridays only 9:00 a.m. to 2:00 p.m.*
- HENRYETTA SENIOR CENTER ..... (918) 652-3086  
211 S. 11th St., Henryetta, OK 74437
- MORRIS SENIOR CENTER ..... (918) 733-4655  
501 W. Young, Morris, OK 74445
- OKMULGEE SENIOR CENTER ..... (918) 756-8570  
1021 N. Seminole, Okmulgee, OK 74447
- SCHULTER TOWNSHIP MEALS (CENA site) ..... (918) 652-3654  
13450 Fern St./P.O. Box 264, Schulter, OK 74460 (405) 213-5548  
*5-7 p.m. Mondays, Wednesdays and Fridays*

## **SEQUOYAH COUNTY**

- BELFONTE NUTRITION CENTER (Cherokee Nation)..... (918) 427-1700  
Muldrow, OK 74948  
*11:30 a.m. to 12:30 p.m. Mondays, Wednesdays and Fridays*
- TSA-LA-GI SENIOR CENTER (Cherokee Nations) ..... (918) 775-6834  
406 E. Ruth, No. 530, Sallisaw, OK 74955  
*11:30 a.m. to 12:30 p.m. daily*
- EVENING SHADE COMMUNITY CENTER (Cherokee Nation).....(918) 773-5242  
453929 E. 995 Rd, Vian, OK 74962  
*10:30 a.m. to 12:30 p.m. Mondays, Wednesdays, and Fridays*
- GANS SENIOR CENTER ..... (918) 775-2237  
102 S. Stacey/P.O. Box 2, Gans, OK 74936  
*11 a.m. to 1 p.m. Mondays, Wednesdays and Fridays*

## **NUTRITION CENTERS Cont.**

### **SEQUOYAH COUNTY Cont.**

- GANS SENIOR CENTER ..... (918) 775-2237  
102 S. Stacey/P.O. Box 2, Gans, OK 74936  
*11 a.m. to 1 p.m. Mondays, Wednesdays and Fridays*
- GORE NUTRITION CENTER ..... (918) 489-5320  
313 Steve Owens Rd./P.O. Box 275, Gore, OK 74435
- MARBLE CITY (Cena site) ..... *coming soon*
- MARBLE CITY SENIOR CENTER (Cherokee Nation).....(918) 208-0757  
711 N. Main, Marble city, OK  
*Monday-Friday 11:30 a.m. to 12:30 p.m.*
- MULDROW SENIOR CENTER ..... (918) 427-6666  
306 N.W. First St., Muldrow, OK 74948
- ROLAND SENIOR CENTER ..... (918) 427-6843  
801 N. Roland Rd./P.O. Box 49, Roland, OK 74954
- SALLISAW SENIOR CENTER ..... (918) 775-6855  
115 W. Redwood, Sallisaw, OK 74955
- VIAN SENIOR CENTER ..... (918) 773-2619  
Vian, OK 74962

### **WAGONER COUNTY**

- ARMS AROUND BROKEN ARROW ..... (918) 258-7714  
700 W. Fort Worth St., Broken Arrow, OK 74012
- COWETA NUTRITION SITE ..... (918) 260-9635  
Carriage Crossing Apartments, 28505 E. 141st St., Coweta, OK 74429
- CREEK NATION ELDERLY NUTRITION—COWETA ..... (918) 759-7000  
Ben Lumpkin Road 141 North / P.O. Box 22, Coweta, OK 74429
- OKAY AREA SENIOR CITIZENS (CENA site) ..... (918) 781-5568  
3901 E. 75th St. North/P.O. Box 744, Okay, OK 74446 (918) 687-5568  
*10 a.m. to 2 p.m. Tuesdays, and Thursdays* (918) 781-2095
- RED BIRD (CENA Site) ..... *coming soon*
- ROLLING HILLS NUTRITION CENTER ..... (918) 266-3738  
20 S. 200 East Ave., Catoosa, OK 74015

## **NUTRITION CENTERS Cont.**

### **WAGONER COUNTY, Cont.**

- TULLAHASSEE (Cene Site) ..... coming soon
- WAGONER SENIOR CENTER.....(918) 485-1115  
2200 w Wellington, Wagoner, OK 74467
- WAGONER SENIOR CITIZENS (CENA Site).....(918)848-0010  
235 E Cherokee St., Wagoner, OK 74467 .....(918) 317-4324  
*9 a.m. TO 3 p.m., Tuesdays and Thursdays.*

## **OKLAHOMA HUMAN SERVICES**

*Formerly Known As Department of Human Services (DHS)*

MAIN CONTACT NUMBER.....(405) 522-5050

- ADAIR COUNTY ..... (918) 797-2900  
*(No physical location)* (800) 225-0049
- CHEROKEE COUNTY ..... (918) 207-4500  
*(No physical location)* (800) 225-9868
- McINTOSH COUNTY ..... (918) 689-1200  
(800) 219-3238
- MUSKOGEE COUNTY ..... (918) 684-5300  
311 Court St. ....Benefit Assistance.....(800) 815-7573  
531 W. Broadway.....Child Services      *8 a.m. to 5 p.m. Mon-Fri*
- SEQUOYAH COUNTY ..... (918) 776-8000  
1611 S. Kerr Blvd./HC68, Box 20 (800) 270-0805  
Sallisaw, OK 74955      *8 a.m. to 5 p.m. Monday-Friday*
- WAGONER COUNTY ..... (918) 614-5000  
102 N.E. Seventh St. (800) 734-7518  
Wagoner, OK 74467      *8 a.m. to 5 p.m. Monday-Friday*

## **OLDER RELATIVE CAREGIVERS**

*Formerly Seniors Raising Children*

- BOYS & GIRLS CLUB OF SEQUOYAH COUNTY.....(918) 776-9117
- EODD AAA CAREGIVER PROGRAM .....(918) 682-7891
- GRANDPARENTS RAISING AMERICA'S CHILDREN TO EXCEL .....(405) 498-3246  
Statewide program (405) 243-3589  
Contact Vertina N. Long at [projectgrace1@gmail.com](mailto:projectgrace1@gmail.com)
- LEGAL ASSISTANCE FOR CHILDREN (CASA).....(918) 686-8199

## OMBUDSMAN SERVICES

LOCAL OMBUDSMAN'S OFFICE .....	(918) 682-7891
STATE OMBUDSMAN'S OFFICE .....	(405) 521-6734
<i>General Information - ltco@ltco.ok.gov</i>	

## OUTREACH SERVICES

**Call (918) 682-7891 or the Caring Assistance Line at (800) 211-2116**  
for Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah and Wagoner counties.

## PARKING DECALS

*See Disabilities*

## PETS / ANIMALS

*Spay and Neuter Assistance Programs for low-income households.*

FUR BABIES CLINIC (low Cost) .....	(918) 351-5733
HAPPY PAWS—SMART CHOICE - Checotah, OK.....	(918) 244-3686
MUSKOGEE ANIMAL SHELTER - Muskogee, OK .....	(918) 684-6285
<i>Must Live in Muskogee City Limits</i>	
PAWS N CLAWS - Eufaula.....	(918)619-3810
PET PANTRY .....	(479) 422-4210
WILDLIFE CONTROL - Don Baker.....	(918) 281-5774

## PRESCRIPTION DRUG SERVICES

ADAIR COUNTY COMMUNITY HEALTH COALITION.....	(918) 316-7990
AARP PHARMACY SERVICE (United Healthcare).....	(800) 777-7686
<i>Fort Worth, TX 76117 (Mail order pharmacy for seniors for prescription drugs by mail).</i>	
ASSISTANCE FUND .....	(855) 845-3663
<i>4700 Millenia Blvd., Suite 410, Orlando, FL 32839</i>	
<i>tafcares.org Helps with co-pays on medications nationwide.</i>	
AARP PHARMACY SERVICE (United Health Care).....	(800) 777-7686
CHICKASAW NATION REFILL CENTER .....	(855) 478-8725
<i>933 N. Country Club Road, Ada, OK 74820</i>	
<i>Native and non-Native spouse prescription program</i>	
DEEP FORK COMMUNITY ACTION (RX Oklahoma).....	(918) 756-2826
EODD AREA AGENCY ON AGING (Extra Help).....	(918) 682-7891

## PRESCRIPTION DRUG SERVICES Cont.

SINGLE CARE .....	singlecare.org
<i>App for smart phones                      Administered through Local United Way offices</i>	
INDIGENT DRUG PROGRAM INFORMATION (Rx ASSISTANCE) .....	(918) 682-7891
NE OK COMMUNITY ACTION AGENCY (Adair/Cherokee .....	(918) 253-4683
OKLAHOMA HEALTHY AGING INITIATIVE (OHAI).....	(918) 779-7367
<i>Tulsa, OK    Serving all of Northeast Oklahoma</i>	
OKLAHOMA HEALTHY BRAIN INSTITUTE(OHBI).....	(405) 426-8947
PARTNERSHIP FOR PRESCRIPTION ASSISTANCE .....	(888) 477-2669
RX OKLAHOMA .....	(888) 794-7345

## RENTAL ASSISTANCE

*See also Housing*

## RESIDENTIAL CARE FACILITIES

*See also Assisted Living, Housing and Nursing Homes.*

### CHEROKEE COUNTY

SUGAR MOUNTAIN RETREAT .....	(918) 456-1010
<i>25376 S. Welling Road, Welling, OK 74471</i>	

### McINTOSH COUNTY

CROSS ROADS RESIDENTIAL CARE .....	(918) 689-7997
<i>Eufaula, OK 74432; VA</i>	

### WAGONER COUNTY

WAGONER RESIDENTIAL CARE .....	(918) 485-2203
<i>205 Lincoln Ave., Wagoner, OK 74467; VA</i>	
	<i>ext. 116</i>

## RESPIRE

ALL OUR HEART .....	(918) 804-1129
<i>402 N. Broadway, Coweta, OK 74429      <a href="http://allourheart.com">allourheart.com</a></i>	
<i>Serving Cherokee, Muskogee and Wagoner counties.</i>	
ANGEL HELPERS SENIOR CARE .....	(918) 351-8652
<i>Serving Muskogee, Tahlequah, Stilwell, and Wagoner areas. Companionship, respite, laundry, housekeeping, transportation, and bathing assistance.</i>	

## RESPIRE Cont.

- COMPLETE HOSPICE CARE ..... (918) 824-7677
- ENTRUSTED HEARTS BY BAPTIST VILLAGE ..... (888) 272-5339  
*Nursing, therapy, respite, companionship and assistance with daily living.*
- EODD AAA CAREGIVER PROGRAM ..... (918) 682-7891  
1012 N. 38th St./P.O. Box 1367, Muskogee, OK 74402  
*Services for caregivers*
- HAND TO HAND PRIVATE CARE SERVICES ..... (918) 931-7232  
P.O. Box 1156, Tahlequah, OK 74464
- LIFE SENIOR SERVICES ..... (918) 664-9000
- MUSCOGEE NATION CAREGIVER SUPPORT ..... (918) 549-2459  
*Tribal Members Only*
- OSU HEALTH ACCESS ..... (918) 561-8579
- SAMARITAN CENTER OF MUSKOGEE ..... (918) 910-5033  
617 S. Main St., Muskogee, OK 74401
- STAY HOME SERVICES ..... (918) 682-3688  
Muskogee, OK 74401  
*Non-medical companion services in Muskogee, Okemah, Tahlequah, and Wagoner.*
- SEASONS TLC TENDER LOVING CAREGIVERS ..... (918) 392-0595  
Tulsa, OK

## REVERSE MORTGAGE

*See also Financial Guidance*

**AARP or your personal financial advisor can advise you  
on the advantages and disadvantages of reverse mortgages.**

- FAIRWAY INDEPENDENT MORTGAGE CORP. .... (918) 506-4583  
Tulsa, OK

## SENIOR CENTERS

*See Nutrition/Senior centers*

- OKLAHOMA RETIRED TEACHERS ASSOCIATION ..... (800) 522-8091

## SENIOR ORGANIZATIONS

*See also Nutrition/Senior centers*

*Note that most local nutrition centers have planned activities and health screenings.  
Please contact one in your area for a schedule of events.*

AARP .....	(800) 826-8880
CATHOLIC SENIOR CITIZENS OF MUSKOGEE (50+ CLUB) .....	(918) 687-0511
Muskogee, OK 74403	
CENTENARIANS OF OKLAHOMA .....	(918) 510-0150
KIWANIS SENIOR CITIZENS CENTER .....	(918) 684-6310
RSVP OF MUSKOGEE .....	(918) 683-1578
<i>Serving Cherokee, McIntosh, Muskogee and Sequoyah counties</i>	
RSVP OF WAGONER COUNTY .....	(918) 485-8992
WAGONER COUNTY SENIOR CITIZENS .....	(918) 485-2741

## SENIORS RAISING GRANDCHILDREN

*See Older Relative Caregivers*

## SOCIAL SECURITY/SSI/MEDICARE

### MEDICARE

*MEDICARE FRAUD AND ABUSE HOTLINE .....	(800) 447-8477
*MEDICARE HOTLINE .....	(800) 633-4227
	TTY (800) 822-9472
*MEDICARE RX QUESTIONS .....	(800) 633-4227
OKLAHOMA FOUNDATION FOR MEDICAL QUALITY .....	(800) 522-3414
<i>Medicare rights and appeals</i>	
OKLAHOMA STATE MEDICAL ASSOCIATION .....	(800) 633-4227
<i>List of physicians who accept Medicare</i>	
*QMB/SLMB QUESTIONS (Caring Assistance Line) .....	(800) 211-2116
*SENIOR HEALTH INSURANCE COUNSELING PROGRAM (SHIP) .....	(405) 521-6628
<i>For guidance regarding health coverage for seniors.</i>	(800) 763-2828
<i>Now known as Oklahoma Insurance Department Medicare Assistance Program</i>	
*EODD AREA AGENCY ON AGING .....	(918) 682-7891

## SOCIAL SECURITY / SSI

VISIT WWW.SOCIALSECURITY.GOV online .....	(800) 772-1213
MUSKOGEE SOCIAL SECURITY ADMINISTRATION OFFICE .....	(918) 687-2394
2401 W. Shawnee, Muskogee, OK 74403	(877) 575-5195
<i>9 a.m. to 3 p.m. Mondays, Tuesdays, Thursdays, and Fridays.</i>	
<i>9 a.m. to noon Wednesdays</i>	
OKMULGEE SOCIAL SECURITY ADMINISTRATION OFFICE .....	(918) 756-3923
308 Creek Place, Okmulgee, OK 74447	(918) 756-2286
<i>9 a.m. to 3 p.m. Mondays, Tuesdays, Thursdays, and Fridays.</i>	
<i>9 a.m. to 12 p.m. Wednesdays</i>	
POTEAU SOCIAL SECURITY ADMINISTRATION OFFICE .....	(918) 647-9194
1306 Tarby Rd., Poteau, OK 74953	(918) 647-5042
<i>9 a.m. to 3 p.m. Mondays, Tuesdays, Thursdays, and Fridays.</i>	
<i>9 a.m. to noon Wednesdays</i>	

## SUPPORT GROUPS

### ALCOHOL / NARCOTICS

ALANON SUPPORT GROUP for spouses dealing with an addict .....	(918) 336-7900
ALCOHOLICS AND NARCOTICS 24-HOUR HELP LINE .....	(888) 206-7272
ALCOHOLICS ANONYMOUS 24-HOUR HELP LINE .....	(800) 503-8602

*okrehab.org*

**EODD Area Agency on Aging.....(918) 682-7891**

Contact our Caregiver Department for information on a variety of local support groups.

### ALZHEIMER'S /DEMENTIA

ALZHEIMER'S ASSOCIATION .....	(405) 319-0780
ALZHEIMER'S DISEASE INFORMATION AND REFERRAL .....	(800) 272-3900
ALZHEIMER'S FOUNDATION OF AMERICA HELPLINE .....	(866) 232-8484

*alzfdn.org*

# SUPPORT GROUPS Cont.

## ALZHEIMER'S /DEMENTIA

- ALZHEIMER'S HOTLINE ..... (800) 493-1411  
ALZHEIMER'S INFORMATION AND REFERRAL CENTER ..... (800) 211-2116  
OHAI REACH PROGRAM ..... (918) 779-7367  
2417 E. 53rd St., Suite B, Tulsa, OK 74105 (888) 816-8161

## ARTHRITIS

- AMERICAN ARTHRITIS ASSOCIATION ..... (405) 936-3366  
710 W. Wilshire Blvd., Suite 101, Oklahoma City, OK 73116  
ARTHRITIS FOUNDATION, EASTERN OKLAHOMA CHAPTER ..... (918) 743-4526  
Tulsa, OK 74135 (800) 400-4526

## AUTISM

- PERVASIVE PARENTING CENTER (AUTISM) ..... (918) 647-1255  
1507 S. McKenna, Poteau, OK 74953  
*Serves Adair, Cherokee, and Sequoyah counties.*

## BLINDNESS

- AMERICAN COUNCIL FOR THE BLIND ..... (800) 424-8666  
BLINDNESS FOUNDATION ..... (888) 394-3937  
BLINDNESS INFORMATION HOTLINE ..... (800) 424-8666  
NATIONAL ASSOCIATION FOR HEARING AND SPEECH ACTION ..... (800) 638-8255  
NEW VIEW OKLAHOMA.....(855) 811-9699  
5350 E. 51st St., #302, Tulsa, OK 74135 info@newviewoklahoma.org  
OKLAHOMA DEPARTMENT OF REHABILITATION SERVICES ..... (405) 951-3400  
*okrehab.org*

## CANCER

- AMERICAN CANCER SOCIETY ..... (800) 227-2345  
CANCER INFORMATION SERVICES ..... (800) 227-2345  
OKLAHOMA CANCER INFORMATION LINE ..... (800) 227-2345

## DIABETES

- AMERICAN DIABETES ASSOCIATION ..... (800) 259-6551

## EATING DISORDERS

- OVEREATERS ANONYMOUS National Office (oa.org)..... (505) 891-2664

# SUPPORT GROUPS Cont.

## FINANCIAL / CREDIT

CONSUMER CREDIT COUNSELING SERVICE OF OKLAHOMA ..... (800) 324-5611

*Also see Financial Guidance section for additional information*

## GAMBLING

GAMBLER'S ANONYMOUS HOTLINE ..... (888) 424-3577

*gamblersanonymous.org*

NATIONAL PROBLEM GAMBLING HELPLINE ..... (800) 522-4700

OKLAHOMA ASSOC. FOR PROBLEM/COMPULSIVE GAMBLING ..... (405) 801-3329

501 Alameda St., Norman, OK 73071

OKLAHOMA GAMBLER'S ANONYMOUS HOTLINE ..... (405) 525-2026

## HEART

AMERICAN HEART ASSOCIATION ..... (405) 840-1444

Oklahoma City, OK 73112

(800) 242-8721

Tulsa, OK 74105

(918) 747-8254

## INCONTINENCE

HELP FOR PERSONS EXPERIENCING INCONTINENCE ..... (800) 252-3337

## KIDNEY

AMERICAN KIDNEY ASSOCIATION ..... (800) 635-8299

## LUNGS

AMERICAN LUNG ASSOCIATION ..... (918) 747-3441

Tulsa, OK 74105

COALITION FOR PULMONARY FIBROSIS ..... (888) 222-8541

LUNG LINE ..... (800) 222-5864

PULMONARY FIBROSIS FOUNDATION ..... (312) 587-9272

*pulmonaryfibrosis.org*

## MENTAL HEALTH

**Call 988**

OKLAHOMA MENTAL HEALTH 24-HOUR HOTLINE ..... (800) 522-9054

REACH OUT (MENTAL HEALTH HOTLINE) ..... (800) 522-9054

SUICIDE PREVENTION HOTLINE FOR VETERANS ..... (800) 273-8255

*suicidepreventionlifeline.org*

(800) 273-TALK

# SUPPORT GROUPS Cont.

## OSTEOPOROSIS

NATIONAL ASSOCIATION OF OSTEOPOROSIS ..... (202) 223-2226  
1625 Eye St. N.W., Suite 822, Washington, DC 20006

## PARALYSIS

AMERICAN PARALYSIS ASSOCIATION ..... (800) 225-0292

## PARKINSON'S

AMERICAN PARKINSON'S DISEASE ASSOCIATION ..... (918) 747-3747  
Tulsa, OK 74137 (888) 740-3747  
PARKINSON'S DISEASE HOTLINE ..... (800) 223-2732  
PARKINSON'S FOUNDATION .....(830) 253-0011

## STROKE

NATIONAL STROKE ASSOCIATION ..... (800) 771-1700

## VISION

NATIONAL EYE CARE PROJECT (SENIOR EYE CARE) ..... (800) 222-3937

## GROUPS BY COUNTY (Local hospitals and churches may offer additional groups.)

### ADAIR COUNTY

ALCOHOLICS ANONYMOUS ..... (918) 696-8805  
Wilma P. Mankiller Health Clinic, 471688 Oklahoma 51, Stilwell, OK 74960  
CHEROKEE NATION TRIBAL COMPLEX ..... (918) 696-3124  
217 W. Oak St., Stilwell, OK 74960  
HELP IN CRISIS INC. .... (918) 696-3050  
213 W. Division St., Stilwell, OK 74960 (800) 300-5321  
FIRST BAPTIST CHURCH ..... (918) 696-3144  
801 W. Hickory St., Stilwell, OK 74960  
LIGHTHOUSE CHURCH ..... (918) 696-3780  
4168813 OK-51, Stilwell, OK 74960

### CHEROKEE COUNTY

ALCOHOLICS ANONYMOUS ..... (918) 457-5181  
Cookson Hills United Methodist Mission, P.O. Box 130, Cookson, OK 74427

# SUPPORT GROUPS Cont.

## CHEROKEE COUNTY Cont.

- COUNSELING WORKS.....(918) 681-4944  
2511 S., Muskogee Ave., Tahlequah, OK 74464
- BEREAVEMENT SUPPORT GROUP ..... (918) 456-6851  
Hospice Care of Oklahoma (*for the terminally ill*) (800) 597-2102  
511 S. College Court, Tahlequah, OK 74464
- EODD AAA CAREGIVER SUPPORT AND RESOURCE GROUP .....(918) 682-7891
- NARCOTICS ANONYMOUS ..... (918) 456-7900  
104 N. College Ave., Tahlequah, OK 74464
- OVEREATERS ANONYMOUS ..... (918) 458-0762  
Tahlequah, OK 74464

## McINTOSH COUNTY

- ALCOHOLICS ANONYMOUS ..... (918) 473-5714  
419 W. Gentry Ave., Checotah, OK 74426
- ALZHEIMER'S SUPPORT GROUP—CHECOTAH AREA ..... (918) 473-6138  
211 North Ave. / Old Highway 69, Checotah, OK 74426
- ALZHEIMER'S SUPPORT GROUP—EUFAULA AREA ..... (918) 423-6011  
Oaks Healthcare Center, 628 E. Creek Ave., McAlester, OK 74501
- EODD AAA CAREGIVER SUPPORT AND RESOURCE GROUP .....(918) 682-7891
- LAKE EUFAULA ALCOHOLICS ANONYMOUS ..... (918) 886-7171  
Under One Roof, 107 McKinley, Suite 104, Eufaula, OK 74432
- McINTOSH GROUP OF NARCOTICS ANONYMOUS ..... (918) 843-1818
- SOULS OF SUPPORT (SOS) (Support for the recently widowed) ..... (918) 689-3342  
121 High St., Eufaula, OK 74432

## MUSKOGEE COUNTY

- ALCOHOLICS ANONYMOUS ..... (918) 687-7571  
St. Paul's Methodist Church, 2130 W. Okmulgee Ave., Muskogee, OK 74401
- ALCOHOLICS ANONYMOUS ..... (918) 527-4767  
Lakeland Shopping Center, Muskogee, OK 74403 (918) 687-6724
- AMERICAN RED CROSS ..... (918) 682-1366  
566 N. Sixth St., Muskogee, OK 74401

# SUPPORT GROUPS Cont.

## MUSKOGEE COUNTY Cont

### BEREAVEMENT SUPPORT GROUP

St. Francis Hospital

300 Rockefeller Drive, Muskogee, OK 74401 ..... (918) 494-6445

The Hospice (nonprofit community care)

1303 W. Broadway St., Muskogee, OK 74401 ..... (918) 683-1192

*(for the terminally ill)*

### CANCER SUPPORT GROUP

600 E. Okmulgee Ave., Muskogee, OK 74403 ..... (918) 682-3368

300 Rockefeller Drive, Muskogee, OK 74401 ..... (918) 684-2445

CELEBRATE RECOVERY SUPPORT GROUP ..... (918) 682-7822

1700 W. Shawnee St., Muskogee, OK 74401

COUNSELING WORKS .....(918) 681-4944

1601 W Okmulgee, Suite M, Muskogee, OK 74401

DEAF AND HEARING-IMPAIRED SUPPORT GROUP ..... (918) 687-4854

302 Honor Heights Drive, Muskogee, OK 74401

DIVORCE CARE ..... (918) 682-7822

Boulevard Christian Church, 1700 W. Shawnee, Muskogee, OK 74401

EODD AAA CAREGIVER SUPPORT AND RESOURCE GROUP .....(918) 682-7891

GAMBLER'S ANONYMOUS ..... (918) 682-3368

First United Methodist Church, 600 E. Okmulgee Ave., Muskogee, OK 74403

GRIEF SHARE SUPPORT GROUP ..... (918) 682-7822

Boulevard Christian Church, 1700 W. Shawnee St., Muskogee, OK 74401

GRIEF SHARE SUPPORT GROUP ..... (918) 687-5401

First Presbyterian Church, 500 W. Broadway St., Muskogee, OK 74401

GRIEF SHARE SUPPORT GROUP ..... (918) 683-8107

HEAD INJURY SUPPORT GROUP ..... (918) 683-8827

300 Rockefeller Drive, Muskogee, OK 74401

OSTOMY CLUB ..... (918) 682-5501

300 Rockefeller Drive, Muskogee, OK 74401

# SUPPORT GROUPS Cont.

## MUSKOGEE COUNTY Continued

- PARKINSON'S DISEASE SUPPORT GROUP ..... (918) 682-5501  
300 Rockefeller Drive, Muskogee, OK 74401
- REACH FOR RECOVERY (POST MASTECTOMY PATIENTS) ..... (918) 682-3289  
300 Rockefeller Drive, Muskogee, OK 74401
- STROKE CLUB ..... (918) 687-6194  
109 S. 36th St., Muskogee, OK 74401

## OKMULGEE COUNTY

### ALCOHOLICS ANONYMOUS

- Faith Group, 100 Grand Ave., Okmulgee, OK 74447  
*Tuesdays and Thursdays 6 p.m.*
- Methodist Church, 506 N. Broadway, Beggs, OK 74421 ..... (918) 267-3720
- Welcome Group, 1201 N. Griffin, Okmulgee, OK 74447 ..... (918) 756-3638
- ALZHEIMER'S SUPPORT GROUP ..... (918) 758-3302  
1401 Morris Drive, Okmulgee, OK 74447
- BEREAVEMENT SUPPORT GROUP ..... (918) 652-3919  
Heritage Hospice, 114 S. Fourth St., Henryetta, OK 74437
- GAMBLING ..... (918) 756-9411  
CREOKS Mental Health Services, 323 W. Sixth St., Okmulgee, OK 74447
- GRIEF SHARE ..... (918) 815-2430  
Corner Stone Church, *Tuesdays 6-7 p.m.*
- NARCOTICS ANONYMOUS..... 302 S. Seminole Ave., Okmulgee, OK 74447  
*Mon, Wednesday, Thursday, and Friday—7:00 p.m.*

## SEQUOYAH COUNTY

### ALCOHOLICS ANONYMOUS

- 308 S. Main St., Muldrow, OK 74948 ..... (918) 427-4151
- 515 S. McGee Dr, Sallisaw, OK 74955 ..... (918) 775-5894
- CELEBRATE RECOVERY United Faith Church ..... (918) 774-0670  
814 E Cherokee Ave., Sallisaw, OK 74955 *Tuesdays 6-8 p.m.*
- DIABETES SUPPORT GROUP ..... (918) 774-1136

# SUPPORT GROUPS Cont.

## SEQUOYAH COUNTY Cont.

FAMILY COUNSELING ..... (918) 775-6273  
302 S. Oak St., Sallisaw, OK 74955

## WAGONER COUNTY

ALCOHOLICS ANONYMOUS ..... (918) 485-9363  
26243 Oklahoma 51 West, Wagoner, OK 74467

# TAXES

*See also Financial Guidance*

**For a list of available tax preparation assistance in your area,  
call the Caring Assistance Line at (800) 211-2116.**

**Online, visit**

**[ok.gov/tax/Individuals/Income\\_Tax/Free\\_Tax\\_Assistance/](http://ok.gov/tax/Individuals/Income_Tax/Free_Tax_Assistance/)**

**Contact (800) 829-1040 from February through April 15th to find  
the nearest Tax Counseling for the Elderly program.**

# TRANSPORTATION

*Please request handicap accessible transportation  
if required when making arrangements.*

ALL OUR HEART ..... (918) 804-1129  
402 N. Broadway, Coweta, OK 74429 *allourheart.com*

*Serving Cherokee, Muskogee, and Wagoner counties.*

CHEROKEE NATION ELDER CARE (Limited area) ..... (918) 453-5554

COMPLETE HOSPICE CARE (Muskogee County) ..... (918) 681-4988

FIRST CHRISTIAN CHURCH (Cherokee County) ..... (918) 456-2415

KATS (KI BOIS AREA TRANSIT SYSTEM) ..... (800) 289-7728

Adair County ..... (918) 696-4787

Cherokee County ..... (918) 453-1155

McIntosh County (Checotah) ..... (918) 473-2388

McIntosh County (Eufaula) ..... (918) 689-1020

Okmulgee County (Henryetta) ..... (918) 652-3329

# TRANSPORTATION Cont.

Okmulgee County (Okmulgee) .....	(918) 752-0070
Sequoyah County .....	(918) 775-7433
Wagoner County (Coweta) .....	(918) 486-1783
Wagoner County (Wagoner) .....	(918) 485-0059
KIBOIS (vouchers in cooperation with MCT) .....	(918) 684-7258
MED-RIDE (Statewide) .....	(877) 685-8267
MOBILITY CARE ( <i>Conversion lease sales and rentals</i> ) .....	(918) 437-4488
MORGAN MEDICAL ESCORT.....	(918) 577-6941
MUSKOGEE COUNTY TRANSIT .....	(918) 682-1721
MUSKOGEE DEPARTMENT OF VETERANS AFFAIRS .....	(888) 397-8387
OATS TRANSIT.....Adair County.....	<a href="http://oatstransit.org/adair">oatstransit.org/adair</a>
OKMULGEE CITY TRANSPORT .....	(918) 319-1992
14th and Oklahoma streets, Okmulgee, OK 74447	(918) 319-1743
Handicap accessible	
OSU HEALTH ACCESS .....	(918) 561-8579
PEOPLE’S TRANSPORTATION .....	(918) 682-6654
RSVP TRANSPORTATION	
Muskogee County .....	(918) 683-1578
Wagoner County .....	(918) 280-8656
SOONERRIDE .....	(877) 404-4500
Aetna Better Health Oklahoma	(877) 718-4208
Humana Healthy Horizons of OK	(877) 718-4213
Oklahoma Complete Health	(877) 718-4212
<i>Transportation to medical appointments only.</i>	
<i>Must actively be receiving Medicaid.</i>	
<i>Appointments must be made three days in advance.</i>	
STAY HOME SERVICES .....	(918) 682-3688
Muskogee, OK (Non-medical companion services)	
UNITED WAY FORT SMITH AREA (Sequoyah County) .....	(479) 782-1311
120 N. 13th St., Fort Smith, AR 72901	
<i>Sequoyah County is included in their coverage area.</i>	

# TRANSPORTATION Cont.

VETERANS RIDE CONNECT ..... (855) 735-4826  
WAGONER AREA NEIGHBORS ..... (918) 485-2309

# TRIBAL ASSISTANCE

NRCNAA (National Resource Center on Native American Aging) .....(800) 896-7628  
*nrcnaa.org*  
National Indian Council on Aging (NICOA)..... (505) 292-2001

## THE CHEROKEE NATION

Human Services.....(918) 453-5422  
(800) 256-0671

Elder In Need

Elder Services and Advocacy

Nutrition Services

Elder Protective Services - (918) 453-5443

Victim of Crime Advocacy & Comprehensive Tribal

Family Caregiver/Respite - (918) 316-1689



[www.cherokee.org](http://www.cherokee.org)

## THE CHICKASAW NATION

Main Contact Number.....(580) 795-9790

Assisted Living Benefit Program

Burial Assistance Program

Caregiver Services

Chore Services

Home Maintenance Program

Housing Assistance

Medical Alert Program

Septic Systems and Wells (OEH)

Storm Shelter Assistance

Transportation

Warrior Society



# TRIBAL ASSISTANCE Cont.

## THE CHOCTAW NATION

- Cultural Services..... (918) 426-4125
- Caregiver Programs
- Case Management
- Nutrition & Home Delivered Meals
- Elder Abuse
- Emergency Response Systems
- Assisted Housing
- Home Modification or Repair



[www.choctawnation.com](http://www.choctawnation.com)

## THE MUSCOGEE CREEK NATION

- Main Contact number ..... (800) 432-1979
- Elderly Nutrition Program (ENP) ..... (918) 549-2426
- Social Services Department ..... (918) 549-2880
- Community & Human Services
  - Adult Protective Services (APS)
    - Or Ombudsman - (918) 549-2489
    - Elder Advocate - (918) 549-2912
  - Center For Victim Services (CVS) - (918) 732-7979
  - Elderly Nutrition Program (ENP) and
  - Native American Caregiver Program - (918) 549-2401
  - Food Distribution Program or Respite
  - Burial Assistance



[www.muscogeenation.com](http://www.muscogeenation.com)

## THE GREAT SEMINOLE NATION

- Social Services Programs..... (405) 786-5025
- Elderly Assistance Program
- Burial Assistance
- Emergency Assistance
- Services to Elderly
- LIHEAP
- Indian Community Services Block Grant (ICSBG)



[www.sno-nsn.gov/](http://www.sno-nsn.gov/)

# UTILITIES / WEATHERIZATION

*See also Emergency / Disaster*

CHEROKEE NATION .....(918) 453-5464

KIBOIS ..... (918) 967-3325

LEND-A-HAND .....(405) 840-0735

Salvation Army

LOW-INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP).....(405) 522-5818

*okdhslive.org*

MASONIC GRANT PROGRAM (EODD) .....(918) 682-7891

NORTHEAST OKLAHOMA COMMUNITY ACTION AGENCY ..... (918) 253-4683

OG&E ELECTRIC SERVICE — SOCIAL SERVICES ..... (405) 619-6512

OKLAHOMA CORPORATION COMMISSION ..... (405) 521-2267

Oklahoma City

OKLAHOMA NATURAL GAS ..... (800) 664-5463

2616 Border Ave., Muskogee, OK 74401

OSU HEALTH ACCESS ..... (918) 561-8579

SALVATION ARMY Lend-A-Hand Program .....(405) 840-0735

STATE WEATHERIZATION PROGRAM ..... (918) 967-3325

Stigler, OK

USDA RURAL HOUSING SERVICES ..... (918) 682-8831

*Low- or no-interest loans*

## **ADAIR COUNTY**

CREOKS BEHAVIORAL HEALTH ..... (918) 282-6046

Evelyn Pettigrew

NORTHEAST OKLAHOMA COMMUNITY ACTION AGENCY ..... (918) 253-4683

P.O. Box 603, Jay, OK 74346

## **CHEROKEE COUNTY**

CHEROKEE NATION VETERANS CENTER ..... (918) 616-8794

Lisa Look

FIRST BAPTIST CHURCH ..... (918) 456-0668

201 Ron Rice Ave., Tahlequah, OK 74464

# UTILITIES / WEATHERIZATION Cont.

## CHEROKEE COUNTY Continued

- HABITAT FOR HUMANITY ..... (918) 453-1332  
816 S. College Ave., Tahlequah, OK 74464 (Linda)
- HOPE HOUSE ..... (918) 456-4673  
1619 N. Vinita Ave., Tahlequah, OK 74464
- NORTHEAST OKLAHOMA COMMUNITY ACTION FOUNDATION ..... (918) 253-4683  
P.O. Box 603, Jay, OK 74346
- SALVATION ARMY ..... (918) 456-9882  
23152 E. 778th Road, Tahlequah, OK 74464
- TAHLEQUAH UNITED METHODIST CHURCH ..... (918) 456-6141  
300 W. Delaware St., Tahlequah, OK 74464  
*Assistance with a cut-off notice*
- UNITED KEETOOWAH BAND ..... (918) 871-2800  
18263 Keetoowah Circle, Tahlequah, OK 74464 (Jennifer)
- VOLUNTEERS IN MISSION ..... (918) 457-3356  
Cookson Hills United Methodist Church  
P.O. Box 130, Cookson, OK 74427  
*Typically spring and summer only.*

## McINTOSH COUNTY

- DEEP FORK COMMUNITY ACTION ..... (918) 756-2826  
223 W. Sixth St. / P.O. Box 670, Okmulgee, OK 74447
- UNDER ONE ROOF ..... (918) 360-1265  
107 McKinley, Suite 4, Eufaula, OK 74432

## MUSKOGEE COUNTY

- CATHOLIC CHARITIES ..... (918) 681-6115
- CITY OF MUSKOGEE PLANNING DEPARTMENT ..... (918) 684-6232  
Contact Tish Callahan
- CREEKS BEHAVIORAL HEALTH ..... (918) 402-1323  
Kaitlyn Soldier
- CROSS COMMUNICATIONS ..... (918) 463-2921  
704 Third Ave., Warner, OK 74469 *crosstel.net*

# UTILITIES / WEATHERIZATION Cont.

## MUSKOGEE COUNTY Continued

GOSPEL RESCUE MISSION .....	(918) 682-3489
323 Callahan St., Muskogee, OK 74403 <i>Applicant must be employed to receive assistance.</i>	
KI BOIS COMMUNITY ACTION FOUNDATION .....	(918) 684-7258
315 N. 5th St., Muskogee, OK 74401	
MUSKOGEE COOPERATIVE MISSIONS .....	(918) 683-7879
NEIGHBORS BUILDING NEIGHBORHOODS .....	(918) 683-4600
207 N. Second St., Muskogee, OK 74401	
SALVATION ARMY .....	(918) 682-3384
700 Independence Ave., Muskogee, OK 74403	
TIMOTHY BAPTIST CHURCH .....	(918) 682-3489
5530 W. Okmulgee Ave., Muskogee, OK 74401	
NEW HOPE ASSEMBLY OF GOD .....	(918) 683-2139
110 W. 58th St. S., Muskogee, OK 74401	
NEW HOPE BAPTIST CHURCH .....	(918) 682-4919
1501 N. 43rd St. E., Muskogee, OK 74401	

## OKMULGEE COUNTY

DEEP FORK COMMUNITY ACTION .....	(918) 756-2826
223 W. Sixth St. / P.O. Box 670, Okmulgee, OK 74447	
SALVATION ARMY .....	(918) 756-9224
111 E. Eighth St., Okmulgee, OK 74447	

## SEQUOYAH COUNTY

CATHOLIC CHARITIES .....	(918) 775-6111
409 N. Adams St., Sallisaw, OK 74955	
CREOKS BEHAVIORAL HEALTH .....	(918) 282-6046
Evelyn Pettigrew	
FIRST UNITED METHODIST CHURCH .....	(918) 775-2538
2100 E. McGee Drive, Sallisaw, OK 74955	
KI BOIS COMMUNITY ACTION FOUNDATION .....	(918) 776-0848
1206 W. Redwood, Sallisaw, OK 74955	
	(918) 775-7433

# UTILITIES / WEATHERIZATION Cont.

## WAGONER COUNTY

- ARMS AROUND BROKEN ARROW ..... (918) 258-7714  
700 W. Fort Worth St., Broken Arrow, OK 74012    *armsaroundba.org*
- BROKEN ARROW NEIGHBORS ..... (918) 251-7781  
315 W. College St., Broken Arrow, OK 74012
- CHURCH OF ST. BENEDICT ..... (918) 455-4451  
2200 W. Ithica St., Broken Arrow, OK 74012
- COMMUNITY ACTION RESOURCE AND DEVELOPMENT ..... (918) 486-2471  
107 S. Broadway, Coweta, OK 74429                    *cardcaa.org*
- CREEKS BEHAVIORAL HEALTH ..... (918) 402-1323  
Kaitlyn Soldier
- ST. ANNE CATHOLIC CHURCH ..... (918) 251-4000  
301 S. Ninth St., Broken Arrow, OK 74012                    (918) 994-1451
- WAGONER AREA NEIGHBORS ..... (918) 485-2309  
100 N.E. Eighth St., Wagoner, OK 74467

## VETERANS SERVICES

- KIBOIS.....(918) 682-7525  
421 W. Broadway St., Muskogee, OK 74401  
*Serves 24 counties                    For active vets*
- VETERANS AID ..... (918) 348-4016  
Muskogee County, Joyce
- CASE MANAGEMENT / CARE MANAGEMENT FOR VETERANS ..... (918) 585-5551  
Oklahoma Veterans United  
115 W 3rd St., Tulsa, OK 74103    *okvetunited.org*  
*Open 9:00 a.m. to 3:00 p.m. Monday-Friday*  
*Serves 51 counties in Oklahoma.*

## VETERANS SERVICES, Cont.

- MAYS PLUS (personal care/housekeeping) ..... (918) 752-0291  
*Serves Okmulgee County; contact Kerri Still at (918) 437-1271*
- MILITARY ONESOURCE ..... (800) 342-9647  
[www.militaryonesource.com](http://www.militaryonesource.com)
- MY HEALTHVET *myhealth.va.gov* ..... *Online health records*
- NATIONAL CAREGIVER SUPPORT LINE ..... (855) 260-3274  
 CAREGIVER ASSISTANCE *myhealth.va.gov*
- NATIONAL MILITARY SURVIVOR HELPLINE (TAPS) ..... (800) 959-8277  
 TAPS Suicide Loss Survivor Assistance [taps.org](http://taps.org)
- OKLAHOMA DEPARTMENT OF VETERANS AFFAIRS ..... (918) 687-2500  
 (800) 827-1000
- PARALYZED VETERANS OF AMERICA ..... (800) 555-9140
- SALLISAW VETERANS CENTER.....(539) 230-2152
- SUICIDE PREVENTION HOTLINE FOR VETERANS ..... (800) 273-8255  
 Can also text 838255 or go online at [VeteransCrisisLine.net/Chat](http://VeteransCrisisLine.net/Chat)  
 Audrey Stone [suicidepreventionlifeline.org](http://suicidepreventionlifeline.org) (918) 577-3672
- SUPPORT SERVICES FOR VETERANS FAMILIES (KIBOIS)..... (918) 681-7525  
 421 W. Broadway St., Muskogee, OK 74401 *Serving 24 Counties*
- VETERANS ADMINISTRATION
- VA HOME CAREGIVER VOLUNTEER SUPPORT PROGRAM ..... (888) 397-8387  
 HEALTH CARE BENEFITS ..... (877) 222-8387  
 VA BENEFITS COUNSELOR ..... (800) 827-1000  
 LIFE INSURANCE ..... (800) 669-8477  
 STATUS OF HEADSTONES OR MARKERS ..... (800) 697-6947  
 TELECOMMUNICATIONS DEVICE FOR THE DEAF ..... (800) 829-4833
- VETERANS RIDE CONNECT ([veteransrideconnect.org](http://veteransrideconnect.org))..... (855) 735-4826  
 Muskogee—The Barracks (with advance notification) .....(918) 687-5480
- VOLUNTEER PROGRAM FOR VETS VOLUNTEERING.....(918) 687-5480

# VISUAL SERVICES

*See Disabilities*

## VOLUNTEERS

- COUNCIL ON AGING ..... (918) 682-7891
- OMBUDSMAN VOLUNTEER PROGRAM ..... (918) 682-7891
- RSVP OF MUSKOGEE ..... (918) 683-1578  
3300 E. Shawnee, Muskogee, OK 74403
- RSVP OF TULSA (Including Wagoner County) ..... (918) 280-8656  
5756 E. 31st St., Tulsa, OK 74135
- RSVP OF WAGONER ..... (918) 485-8992  
518 W. Cherokee St., Wagoner, OK 74467

## WHEELCHAIR RAMPS

*See Home Repairs, Housing and Utilities/Weatherization*

- AMRAMP ( amramp.com) ..... (888) 715-7597  
*Wheelchair ramps, stair lifts, grab bars, safety railings ,and more.*
- COMMUNITY ACTION RESOURCE & DEVELOPMENT.....(918) 341-5000  
*Wheelchair Ramps and Weatherization*
- OKLAHOMA ABLE-TECH ..... (405) 523-4807
- MEN'S UNITED METHODIST CHURCH (Wagoner) ..... (918) 485-3059
- PRESBYTERIAN CHURCH (Muskogee) ..... (918) 348-0147  
Contact Jim Webb
- THE BOD CHURCH (Sequoyah) ..... (918) 774-2803  
*Will help seniors with ramps or other home projects.*  
Contact Chris Thomas
- VETERANS ADMINISTRATION ..... (918) 577-3057  
*Must be actively receiving VA services for ramp assistance.*



# Oklahoma Legislators EODD Service Area 2026-2028

## *Governor*

**Stitt, Kevin (R)**

2300 N. Lincoln Blvd.  
Room 212  
Oklahoma City, OK 73105  
Phone (405) 521-2342



## *Lt. Governor*

**Matt Pinnell (R)**

2300 N Lincoln Blvd,  
Room 117  
Oklahoma City, 73105  
Phone (405) 521-2161



## *U.S. Senate*

**Lankford, James (R)**

Unites States Senate  
316 Hart Senate Office  
Bldg.  
Washington, D.C. 20510  
Phone (202) 224-5754  
Fax (202) 228-1015



**Mullin, Markwayne (R)**

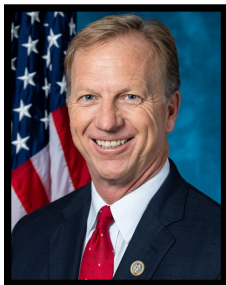
Unites States Senate  
205 Russell Senate Off. Bldg.  
Washington, D.C. 20510  
Phone (202) 224-4721  
Fax (202) 228-0380



## ***U.S. Representatives***

**Hern, Kevin (R)**  
2448 E. 81st St.  
Suite 5150  
Tulsa, OK 74137  
Phone (918) 935-3222

**District 001**



**Brecheen, Josh (R)**  
811-A N. York St.  
Muskogee, OK 74403  
Phone (918) 687-2533

**District 002**



## ***State Senators***

**McIntosh Dr. Julie (R)**  
2300 N. Lincoln Blvd.  
Room 529.2  
Oklahoma City, OK 73105  
Phone (405) 521-5574  
**Executive assistant:**  
**Ashlee Everett**

**District 003**



My legislators:

**Woods, Tom (R)**  
2300 N. Lincoln Blvd.  
Room 526  
Oklahoma City, OK 73105  
Phone (405) 521-5576  
**Executive assistant:**  
**Chris Morriss**

**District 004**



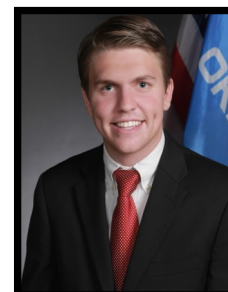
**Bryan Logan (R)**  
2300 N. Lincoln Blvd.  
Room 533  
Oklahoma City, OK 73105  
Phone (405) 521-5588  
**Executive assistant:**  
**Alexis Ruiz**

**District 008**



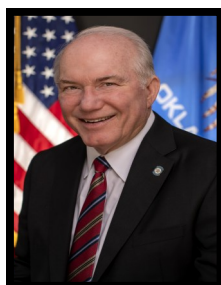
**Frix, Avery (R)**  
2300 N. Lincoln Blvd.  
Room 413  
Oklahoma City, OK 73105  
Phone (405) 521-5533  
**Executive assistant:**  
**Lindsey Stinson**

**District 009**



**Haste, John (R)**  
2300 N. Lincoln Blvd.  
Room 530  
Oklahoma City, OK 73105  
Phone (405) 521-5602  
**Executive assistant:**  
**Laurie Nicoll**

**District 036**



My Representatives:

Senator: \_\_\_\_\_

Phone No. \_\_\_\_\_

Representative: \_\_\_\_\_

Phone No. \_\_\_\_\_

County Commissioner:

\_\_\_\_\_

Phone No. \_\_\_\_\_

## ***State Representatives***

### **Jim Olsen (R)**

2300 N. Lincoln Blvd.  
Room 243  
Oklahoma City, OK 73105  
Phone (405) 557-7315

**Legislative assistant:  
Molly Johnson**

### **District 002**

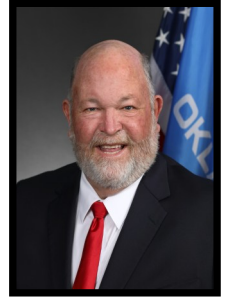


### **Culver, Bob (R)**

2300 N. Lincoln Blvd.  
Room 504  
Oklahoma City, OK 73105  
Phone (405) 557-7408

**Legislative assistant:  
Monica King**

### **District 004**



### **Chapman, Mark (R)**

2300 N. Lincoln Blvd.  
Room 300  
Oklahoma City, OK 73105  
Phone (405) 557-7388

**Legislative assistant:  
Brittney Baeza**

### **District 012**

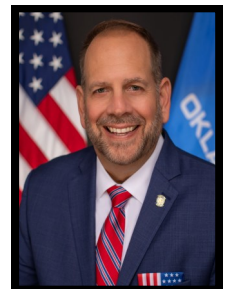


### **Hays, Neil (R)**

2300 N. Lincoln Blvd.  
Room 302  
Oklahoma City, OK 73105  
Phone (405) 557-7302

**Legislative assistant:  
Glenda Mollman**

### **District 013**



### **Chris Sneed (R)**

2300 N. Lincoln Blvd.  
Room 404  
Oklahoma City, OK 73105  
Phone (405) 557-7310

**Legislative assistant:  
Carol Sommer**

### **District 014**



### **Turner, Tim (R)**

2300 N. Lincoln Blvd.  
Room 405.1  
Oklahoma City, OK 73105  
Phone (405) 557-7375

**Legislative assistant:  
Vicki Adams**

### **District 015**



### **Fetgatter, Scott (R)**

2300 N. Lincoln Blvd.  
Room 455.2  
Oklahoma City, OK 73105  
Phone (405) 557-7373

**Legislative assistant:  
Alecia Shannon**

### **District 016**



### **Hildebrandt, Derrick (R) District 023**

2300 N. Lincoln Blvd.  
Room 330  
Oklahoma City, OK 73105  
Phone (405) 557-7379

**Legislative assistant:  
Kayley Mills**





# County Commissioners

## EODD Service Area 2026-2028

### ADAIR COUNTY

<http://ltap.okstate.edu/adair.htm>

Courthouse, 220 W. Division Dr.  
P.O. Box 88, Stilwell, OK 74960  
(918) 696-5310 Assistant -Wendy Mast  
commissioners@adaircountycourthouse.com

#### **District 1 Charles Boecher**

Office: (918) 696-7898  
Cell: (918) 221-3141  
Email: ccboecher@gmail.com

#### **District 2 Alan Starr**

Office: (918) 696-5717  
Cell: (918) 696-1869  
Email: starrdistrict2@gmail.com

#### **District 3 Larry Wood**

Office: (918) 930-9593  
Cell: (918) 822-4917  
Email: adaircountycommissioner3@gmail.com

### CHEROKEE COUNTY

<http://ltap.okstate.edu/cherokee.htm>

Courthouse, 213 W. Delaware, Room 202,  
Tahlequah, OK 74464  
(918) 456-4121 Assistant—Glenda Cobb  
Email: gcobb@cherokeecountyok.org

#### **District 1 Bobby C. Whitewater**

Office: (918) 458-6504  
Cell: (918) 822-2154  
Email: district1@cherokeecountyok.org  
CC: district1@cherokeecountyok.org

#### **District 2 Chris Jenkins**

Office: (918) 772-3552  
Cell: (918) 931-8690  
Email: jbarnes@cherokeecountyok.org

### District 3 Clif Hall

Office: (918) 458-6503  
Cell: (918) 931-7421  
Email: district3@cherokeecountyok.org  
CC: ltrammel@cherokeecountyok.org

### McINTOSH COUNTY

<http://ltap.okstate.edu/mcintosh.htm>

Courthouse, 110 N. First St./  
P.O. Box 110, Eufaula, OK 74432  
(918) 689-3375  
mcintoshcountyclerk@gmail.com

#### **District 1 Loyal Dean Taylor**

Office: (918) 473-6219  
Cell: (918) 843-0935  
Email: mcintoshdist1@gmail.com  
CC: mcintoshcounty1@gmail.com

#### **District 2 Clifford McElhaney**

Office: (918) 689-5459  
Cell: (918) 617-5358  
Email: d2-mcintoshco@att.net

#### **District 3 Bobby Ziegler**

Office: (918) 689-4686  
Cell: (918) 617-7597  
Email: bobbyziegler918@gmail.com

### MUSKOGEE COUNTY

<http://ltap.okstate.edu/muskogee.htm>

Courthouse, P.O. Box 2307  
Muskogee, OK 74402  
(918) 682-9601 Assistant—Sheila Shamblin  
Email: bocc@readymuskogee.org

Continued on next page

# County Commissioners, Continued

## MUSKOGEE COUNTY continued

### District 1 Ken Doke

Office: (918) 682-4511

Cell: (918) 360-9264

Email: cc1@readymuskogee.org

### District 2 Keith Hyslop

Office: (918) 682-7101

Cell: (918) 577-2028

Email: keithhyslop@readymuskogee.org

### District 3 Kenny Payne

Office: (918) 682-1910

Cell: (918) 869-6186

Email: kpayne@readymuskogee.org

## OKMULGEE COUNTY

<http://ltap.okstate.edu/okmulgee.htm>

Courthouse, 314 W. Seventh St., 2nd Floor  
Okmulgee, OK 74447

(918) 756-3836 Assistant—Jamie Steph

### District 1 Ernie Ferreira

Office: (918) 267-3622

Cell: (918) 230-7957

Email: ernie.ferreira@okmulgeecounty.gov

### District 2 Steve Ward. Sr.

Office: (918) 756-1531

Cell: (918) 759-7880

Email: steve.ward@okmulgeecounty.gov

### District 3 Michael Wallace

Office: (918) 652-4474

Cell: (918) 490-1297

Email: michael.wallace@okmulgeecounty.gov.com

## SEQUOYAH COUNTY

<http://ltap.okstate.edu/sequoyah.htm>

Courthouse, 117 S. Oak St, Suite 112,  
Sallisaw, OK 74955

(918) 775-5539 Assistants—Tiffany Jenkins/  
Brandi Chandler

Email: seqcomm123@gmail.com/  
sequoyahcomm@gmail.com

### District 1 Ray Watts

Office: (918) 427-5371

Cell: (479) 806-7690

Email: seqcodistrict1@gmail.com

### District 2 Beau Burlison

Office: (918) 773-5281

Cell: (918) 774-2445

Email: kkdavis83@hotmail.com@gmail.com

### District 3 Jim Rogers

Office: (918) 775-6458

Cell: (918) 776-5373

Email: lizajo\_1962@hotmail.com

## WAGONER COUNTY

<http://ltap.okstate.edu/wagoner.htm>

Courthouse, 307 E. Cherokee

Wagoner, OK 74467

(918) 485-7700

### District 1 James Hanning

Office: (918) 357-1927

Cell: (918) 991-5478

Email: wagcnty3@windstream.net

### District 2 Randy Stamps

Office: (918) 485-4549

Cell: (918) 698-9801

Email: rstamps@wagonercounty.ok.gov

### District 3 Tim Kelley

Office: (918) 486-2132

Cell: (918) 513-1097

Email: tkelley@wagonercounty.ok.gov



# eldercare locator

1-800-677-1116

or visit

[www.eldercare.gov](http://www.eldercare.gov)

Connecting You to Community Services

The Eldercare Locator is the first step to finding resources for older adults in any U.S. community. Just one phone call or web site visit instantly connects you to resources in your own community.



211 Heartline Service Area



211 Eastern Oklahoma Service Area



 **HeartLine**

Counties in GRAY



of Eastern Oklahoma

Counties in ORANGE

OKC HeartLine 2-1-1  
877-362-1606

Tulsa Helpline  
877-836-2111

[www.211oklahoma.org](http://www.211oklahoma.org)

2401 NW 23rd Street, Suite 40  
Oklahoma City, OK 73107

# Caring Assistance Line

Providing information  
about services and support  
for seniors and their caregivers

**(800) 211-2116**



**OKLAHOMA**  
**Human Services**



of Eastern Oklahoma

**www.211eok.org**

**(877) 836-2111**



**www.eldercare.acl.gov**

**(800) 677-1116**



**OKLAHOMA  
ASSOCIATION  
OF AREA  
AGENCIES  
ON AGING**

This resource directory is a publication of the Eastern Oklahoma Development District Area Agency on Aging serving Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah and Wagoner counties. Funding for the publication is provided in part by state and Older Americans Act funds from EODD Area Agency on Aging and DHS Aging Services. It is the policy of EODD Area Agency on Aging to serve all individuals who are eligible for its programs without regard to race, national origin, ancestry, color, religion, sex, age or disability.