



## **Individuals with a Lived Experience Participant Information Sheet – General (Extended)**

### **Project Title:**

Exploring consumers' and nurses' experiences of the Mental State Examination (MSE) in acute in-patient mental health settings: Naturalistic inquiry

### **Project Summary:**

The research study aims to explore participants' and nurses' experiences of the MSE in acute in-patient mental health settings. During your time in an acute in-patient mental health setting, a nurse may have asked you some questions about your thoughts and feelings and other mental health experiences. This is called the Mental State Examination (MSE). This research study can contribute towards informed care and can improve therapeutic relationships between nurses and people using mental health services. The research study can inform the development of policy and guidelines to support recovery-oriented care in acute in-patient mental health settings.

You are invited to participate in a research study being conducted by Spasija Volcevka. Spasija is a PhD candidate at the Western Sydney University, School of Nursing and Midwifery. Spasija's study is under the supervision of Dr Gillian Murphy, Associate Professor Laretta Luck and Dr Rakime Elmir from the School of Nursing and Midwifery, Western Sydney University.

### **How is the study being paid for?**

This research project is being conducted by Spasija Volcevka, a PhD candidate with the School of Nursing and Midwifery, Western Sydney University. As a participant you will receive a \$30 e-voucher as an appreciation token for your time in participating in the research study. The \$30 e-voucher will be funded by the Western Sydney University Higher Degree Research student fund. You have a choice to either accept or decline the \$30 e-voucher. Your email address will be used for the distribution of the \$30 e-voucher. Your email address will be stored in a secure university system for finance auditing purposes.

### **What will I be asked to do?**

You will be asked to:

- call or email the researcher to express interest to participate in the study
- answer some screening questions to assess eligibility to participate in the study
- attend a semi-structured Zoom or telephone interview for approximately 60 minutes focusing on your experiences of the MSE in acute in-patient mental health settings.
- accept or decline a \$30 e-voucher to be emailed to your email address

### **How much of my time will I need to give?**

Interviews will be approximately 60 minutes in duration.

### **What benefits will I, and/or the broader community, receive for participating?**

There will be no clear benefit to you from your participation in this study. Possible benefits may include a better understanding of participants' experiences of the MSE in acute in-patient mental health settings which can lead to evidence-based practice. Further, the findings will inform policy and guidelines for the provision of nursing care, including improved therapeutic relationship, implementing recovery-oriented care and working within an ethos of partnership in acute in-patient mental health settings. A \$30 e-voucher gift for participation will be provided as a reimbursement and a token of appreciation. The \$30 e-voucher will be funded by the Western Sydney University Higher Degree Research student fund. You have a choice to either accept or decline the \$30 e-voucher. Your email address will be used for the distribution of the \$30 e-voucher. Your email address will be stored in a secure university system for finance auditing purposes.



**Will the study involve any risk or discomfort for me? If so, what will be done to rectify it?**

The researcher will demonstrate thoughtfulness to the welfare of participants by conducting the interviews in a respectful and sensitive manner. If you become distressed, the researcher will offer to suspend the interview, remind you that your participation is voluntary, and you can withdraw from the study. The researcher will provide you with details of appropriate advocacy and support organisations such as: Beyond Blue 1300-22-4636 or Lifeline 13-11-14.

Your personal information may be disclosed to a relevant third-party service (such as Community Mental Health Service, or the National Emergency Line 000) if the researcher has concerns for your safety or the safety of others.

**How do you intend to publish or disseminate the results?**

It is anticipated that the results of this research project will be published and/or presented in a variety of forums such as journals and conferences. In any publication and/or presentation, information will be provided in such a way that the participant cannot be identified. To ensure anonymity and confidentiality, pseudonyms will be applied to de-identify participants' personal information from any research data.

**Will the data and information that I have provided be disposed of?**

Interview audio recording will be transcribed by external company which has a privacy agreement in place. Please be assured that only the researchers will have access to the raw data you provide. However, your non-identifiable data may be used in other related projects for an extended period of time. The study data may be used in future studies regarding the experiences of people with a lived experience of mental health concerns/mental illness, nurses and/or other health professionals experiences in clinical practice.

**Can I withdraw from the study?**

Participation is entirely voluntary, and you are not obliged to be involved. If you do participate you can withdraw at any time until data analysis has taken place without giving reason. If you do choose to withdraw from the study after data analysis has taken place, all your information will be de-identified.

If you choose to withdraw from the study prior to data analysis has taken place, any information that you have supplied will be destroyed by shredding the transcripts and deleting all computer files and audio recordings.

**Can I tell other people about the study?**

Yes, you can tell other people about the study by providing them with the researcher's contact details. They can contact the researcher directly to discuss their participation in the study and obtain a copy of the information sheet.

**What if I require further information?**

Please contact Spasija Volcevskaja should you wish to discuss the research further before deciding whether or not to participate.

Email- [16425822@student.westernsydney.edu.au](mailto:16425822@student.westernsydney.edu.au)

Phone- 02- 9685-9804



**What if I have a complaint?**

If you have any complaints or reservations about the ethical conduct of this research, you may contact the Ethics Committee through Research Engagement, Development and Innovation (REDI) on Tel +61 2 4736 0229 or email [humanethics@westernsydney.edu.au](mailto:humanethics@westernsydney.edu.au).

Any issues you raise will be treated in confidence and investigated fully, and you will be informed of the outcome.

If you agree to participate in this study, you may be asked to sign the Participant Consent Form. The information sheet is for you to keep and the consent form is retained by the researcher/s.

This study has been approved by the Western Sydney University Human Research Ethics Committee. The Approval number is H14879.



**Consumer List of Support Services**

<b>Organisation</b>	<b>Contact Number</b>
Beyond Blue	1300 224 636 (provides 24/7 advice and support)
Lifeline	13-11-14 (provides 24/7 advice and support)
Mental Health Line	1800 011 511 (provides 24/7 advice and support)
eheadspace	1800 650 890 (9am-1am, 7 days a week)
SANE Australia	1800 187 263 (10am – 10pm AEST Mon – Fri)
Suicide call back service	1300 659 467 (provides 24/7 advice and support)

\*Your local GP can also provide support